



Bideford 10 Miles 7th September 2009

**Sponsored by Devonshire Pine Ltd and R T Marke & Co
Raising money for the North Devon Hospice**

Pos	No.	First Name	Surname	Club	Cat	Time	Cat Pos
1	47	Kevin	Heywood	Bideford AAC	SM	50 47	1
2	223	Mark	Jenkin	Bideford AAC	SM	54 14	2
3	101	Kevin	Sheppard	Morpeth Harriers	SM	54 46	3
4	224	Steve	Gallienne	Bideford AAC	SM	56 15	4
5	113	Peter	Hockin	Bideford AAC	M45	56 48	1
6	152	John	Shapland	NDRR	M55	57 51	1
7	44	Nick	Chislett	Plymouth Harriers	SM	59 01	5
8	217	Chris	Sabine	Unattached	M40	1 00 47	1
9	177	Steven	Abell	South Molton Strugglers	M40	1 00 54	2
10	71	Simon	Tucker	SWRR	SM	1 01 17	6
11	73	Kevin	Reed	Unattached	SM	1 01 26	7
12	55	Ben	Partridge	SWRR	M20	1 01 44	1
13	76	Nicholas	Einchcomb	SWRR	M45	1 01 52	2
14	26	Ami	Yetton	Plymouth Harriers	SL	1 02 41	1
15	100	Aaron	Richmond	Unattached	SM	1 03 22	8
16	178	Chris	Stone	Bideford AAC	M40	1 03 25	3
17	184	Tony	Vesty	NDRR	M45	1 03 38	3
18	56	Gary	Suggate	Bideford AAC	SM	1 04 26	9
19	57	Martin	Brace	Tiverton Harriers	M40	1 04 27	4
20	186	Mike	Phillips	NDRR	SM	1 04 49	10
21	67	Adrian	Kearns	Exmouth Harriers	SM	1 04 57	11
22	181	Robin	Ewings	Tiverton Harriers	SM	1 05 01	12
23	89	Sam	Dixon	Erme Valley Harriers	SM	1 05 08	13
24	62	Chris	Roberts	Unattached	SM	1 05 59	14
25	83	Walter	Andrews	Tiverton Harriers	M50	1 06 01	1
26	18	Stephen	White	NDRR	M50	1 06 14	2
27	198	Darren	Wells	Royal Navy AC	SM	1 06 25	15
28	105	Rick	Fielder	Unattached	M40	1 06 34	5
29	120	Stuart	Philps	Bideford AAC	M40	1 06 36	6
30	59	Steven	Vitali	Bideford AAC	SM	1 06 37	16
31	194	Vicky	Skelton	NDRR	W40	1 07 09	1
32	11	James	Woodhouse	Unattached	M45	1 07 29	4
33	51	Steven	Bauress	Unattached	SM	1 08 16	17
34	150	John	Kavanagh	SWRR	M45	1 08 32	5
35	99	Andrew	Woollacott	NDRR	M40	1 08 34	7
36	222	Lee	Shepherd	North Devon Tri Club	SM	1 08 40	18
37	87	Charlie	Davis	Unattached	M40	1 08 43	8
38	157	Alec	McLaren	Bideford AAC	M50	1 08 49	3
39	137	Mark	Gilbert	Bideford AAC	M50	1 09 06	4
40	90	Alison	Mcewing	Erme Valley Harriers	SL	1 09 08	2
41	1	Simon	Goodman	South Molton Strugglers	SM	1 09 09	19
42	21	Jenny	Mills	Launceston Road Runners	W60	1 09 44	1
43	41	Mark	Dixon	Unattached	SM	1 10 27	20
44	48	Dale	Wilson	Bideford AAC	M20	1 10 46	2
45	110	Richard	Hanham	Unattached	M60	1 10 55	1
46	196	Steve	Clifford	Unattached	M45	1 11 07	6
47	219	Tim	Jones	NDRR	M55	1 11 29	2
48	121	Sue	Ogilvie	Newquay Road Runners	W50	1 11 41	1
49	300	Stephen	Sirdefield	Tiverton Harriers	M45	1 11 56	7
50	131	Roger	Harris	Unattached	M45	1 12 39	8
51	72	Steve	Selley	Tiverton Harriers	M45	1 12 46	9
52	106	Mike	Lewis	SWVAC	M60	1 12 50	2
53	147	Paul	Stevens	Unattached	SM	1 12 56	21
54	16	Susan	Wheaton	Unattached	W35	1 13 13	1
55	202	Louise	Harris	NDRR	SL	1 13 25	3
56	102	Derek	Jackson	Bideford AAC	M50	1 13 49	5
57	70	Cy	Margieson	Unattached	SM	1 13 51	22
58	40	Jim	Durston	SWRR	M40	1 13 55	9
59	20	Jo	Holden	Tiverton Harriers	W35	1 14 00	2

60	5 Andrew	Mather	Unattached	M45	1	14	11	10
61	211 Andy	Warner	Bideford AAC	M40	1	14	28	10
62	132 Peter	Bunyan	Dawlish Coasters	M55	1	14	30	3
63	111 Michael	Gammon	NDRR	SM	1	14	36	23
64	54 Tracey	Hulland	South Molton Strugglers	W35	1	14	40	3
65	227 Steph	Olliffe	Torrington AAC	W40	1	14	45	2
66	24 Ian	MacKenzie	Unattached	M60	1	15	11	3
67	9 Alwyn	Pickard	South Molton Strugglers	M65	1	15	17	1
68	103 Jonathan	Wilkinson	SWRR	SM	1	15	37	24
69	203 Craig	Corry	Unattached	SM	1	16	35	25
70	17 Suzanne	White	NDRR	W50	1	16	51	2
71	63 Heather	Wickens	Tiverton Harriers	W45	1	17	09	1
72	53 Phil	Pennington	South Molton Strugglers	M45	1	17	24	11
73	4 Julie	Davison	Unattached	W40	1	17	35	3
74	220 Michael	Key	Unattached	SM	1	17	37	26
75	180 Sue	Hewings	Newton Abbot AAC	W45	1	17	41	2
76	42 Chris	Stone	Bideford AAC	M50	1	18	07	6
77	127 Andy	Houghton	Tavistock AC	M60	1	18	07	4
78	68 Jean-Marie	Street	Torrington AAC	W35	1	18	10	4
79	221 John	Perratt	Exmouth Harriers	M70	1	18	31	1
80	207 Tricia	Harrison	SWVAC	W50	1	18	35	3
81	164 Tessa	Wright	Unattached	W35	1	18	51	5
82	188 Jo	Bedler	Bideford AAC	W35	1	19	29	6
83	30 John	Dean	Tiverton Harriers	M55	1	19	44	4
84	206 Sean	Jack	Bude Rats	M50	1	19	47	7
85	86 Basie	Van Rensburg	Bude Rats	M50	1	19	53	8
86	197 Wayne	Jeens	Torrington AAC	SM	1	20	08	27
87	200 Lucinda	Meynell	Unattached	SL	1	20	14	4
88	161 Robert	Kirby	Tavistock AC	M45	1	20	22	12
89	158 Adrian	Wroe	Unattached	M45	1	20	24	13
90	193 Scott	Millthorpe	Unattached	SM	1	20	28	28
91	60 Maggie	Hunt	Unattached	W50	1	21	03	4
92	82 Rachel	Margieson	Unattached	W35	1	21	03	7
93	61 Estelle	Sherlock	Womens Running Network	SL	1	21	26	5
94	97 Michael	Woodland	Erme Valley Harriers	M55	1	21	46	5
95	143 Carol	Davies	Bideford AAC	W45	1	22	10	3
96	165 David	Dark	Bideford AAC	M50	1	22	13	9
97	123 Alan	Cox	Bideford AAC	M55	1	22	26	6
98	52 Andy	Cooper	Unattached	M40	1	22	31	11
99	112 Simon	Theakston	Bude Rats	M40	1	22	33	12
100	175 David	Wenman	Torrington AAC	M40	1	22	35	13
101	151 Michael	Davey	NDRR	M45	1	22	38	14
102	169 Conrad	Stevens	Torrington AAC	SM	1	22	39	29
103	146 Sarah	Stevens	Devon & Cornwall Police	SL	1	22	40	6
104	185 Sue	Vesty	NDRR	W50	1	23	09	5
105	156 Graham	Kivell	Bideford AAC	M50	1	23	12	10
106	138 Angela	Walter	NDRR	W40	1	23	33	4
107	25 Bryn	Roberts	Bude Rats	M45	1	23	37	15
108	93 Andy	Walter	Bideford AAC	M50	1	23	39	11
109	14 Andrew	Phillips	Unattached	SM	1	24	15	30
110	166 Hilary	Collins	Womens Running Network	W50	1	24	15	6
111	35 David	Anderson	Torrington AAC	M55	1	24	41	7
112	7 Alan	Patrick	Bideford AAC	M60	1	24	51	5
113	36 Lesley	Edwards	Unattached	W50	1	25	00	7
114	50 Peter	Spearman	Unattached	SM	1	25	14	31
115	37 Gilbert	Edwards	Unattached	M55	1	25	14	8
116	92 Steve	Reynolds	Unattached	M40	1	25	15	14
117	88 Becky	Bayet	Womens Running Network	W35	1	25	21	8
118	45 Jo	Thorn	Plymouth Harriers	SL	1	25	25	7
119	195 Tara	Horrell	Bideford AAC	W35	1	25	26	9
120	179 Becky	Robson	Sidmouth RC	W35	1	25	26	10
121	210 Steve	Tucker	Road Runners Club	M40	1	25	46	15
122	3 Kirsty	Everett-Brown	Unattached	W35	1	25	46	11
123	134 Matthew	Thomas	Unattached	M40	1	26	01	16
124	136 Richard	Place	Unattached	M40	1	26	05	17
125	199 Caroline	Ellis	Bideford AAC	W45	1	26	26	4
126	74 Julie	Drayton	Unattached	W45	1	26	29	5
127	218 John	Leatherby	Minehead AC	M70	1	26	30	2
128	31 Stephen	Wallace	Teignbridge Trotters	M55	1	26	43	9
129	39 Tony	Hulme	Coffin Dodgers	M55	1	26	45	10
130	80 Rachel	Bray	South Molton Strugglers	SL	1	27	08	8

131	162 Mick	Allen	Sidmouth RC	M70	1	27	21	3
132	130 Carly	Pearce	Unattached	SL	1	27	24	9
133	216 Amber	Saltmarsh	Unattached	W35	1	27	29	12
134	176 Amanda	Andrews	Torrington AAC	W40	1	27	31	5
135	19 Les	Turner	Exmouth Harriers	M65	1	27	38	2
136	32 Steve	Rawlinson	Teignbridge Trotters	M50	1	28	07	12
137	43 Valerie	Bitmead	NDRR	W50	1	28	43	8
138	167 Eric	Hubber	Bideford AAC	M70	1	29	03	4
139	214 Rachel	Higgs	Unattached	SL	1	29	08	10
140	10 Christopher	Daniel	Unattached	M45	1	29	13	16
141	58 Alison	Brace	Womens Running Network	W40	1	29	56	6
142	66 Mary	Humphries	Tiverton Harriers	W55	1	30	02	1
143	154 Helene	Bond	Womens Running Network	W40	1	30	02	7
144	29 John	Brown	Launceston Road Runners	M55	1	30	10	11
145	126 Sheila	Houghton	Tavistock AC	W55	1	30	34	2
146	122 Eric	Locke	Centurion RC	M55	1	30	41	12
147	6 Jason	Muxworthy	Unattached	M40	1	30	56	18
148	75 Sue	Heyland	Unattached	W45	1	31	56	6
149	64 Michaela	Hillman	Torrington AAC	W40	1	32	23	8
150	85 Sarah	Nadollek	Womens Running Network	SL	1	32	25	11
151	225 Doug	Jenkin	Bideford AAC	M50	1	32	34	13
152	160 Jacky	Theedom	Womens Running Network	W50	1	32	54	9
153	192 Sarah	Watkins	Sidmouth RC	W45	1	33	02	7
154	2 Richard	Hopkins	Unattached	SM	1	33	30	32
155	104 Liz	Fielder	Womens Running Network	W35	1	33	49	13
156	96 Lynsey	Ayres	Unattached	SL	1	34	35	12
157	213 Kerry anne	Whitefield	Unattached	SL	1	34	48	13
158	144 Sue	Thorne	Unattached	W40	1	35	32	9
159	38 Stephen	Selwood	Unattached	M45	1	35	55	17
160	145 Lisa	Rogers	Unattached	W35	1	36	42	14
161	84 Amanda	Adams	South Molton Strugglers	W40	1	36	46	10
162	205 Anthony	Tucker-Jones	Rumsam Runners	M45	1	36	53	18
163	34 Julia	Browne	Fetch Everyone RC	W40	1	37	19	11
164	27 James	Miller	Unattached	SM	1	37	52	33
165	46 David	Griffiths	Unattached	M50	1	38	14	14
166	95 Maggie	Cornforth	Womens Running Network	W65	1	38	25	1
167	12 Melanie	Edwards	Unattached	W35	1	39	15	15
168	204 Adrian	Colwill	Unattached	SM	1	39	28	34
169	163 Julie	Laing	Womens Running Network	W45	1	40	04	8
170	201 Tina	Place	Womens Running Network	W40	1	40	37	12
171	94 Jess	Gierke	Unattached	W40	1	40	48	13
172	33 Tim	Peters	Unattached	M60	1	41	07	6
173	163 Julie	Laing	Womens Running Network	W45	1	41	09	9
174	117 Michelle	Bright	Bideford AAC	SL	1	41	31	14
175	116 Clive	Bright	Bideford AAC	M45	1	41	31	19
176	125 Bev	Tarry	Sidmouth RC	W60	1	42	01	2
177	140 Jillian	Harris	Unattached	SL	1	43	08	15
178	168 Debbie	West	Womens Running Network	SL	1	43	27	16
179	91 Christine	Robertshaw	Womens Running Network	W45	1	43	29	10
180	129 Alice	Fuller	Unattached	SL	1	43	52	17
181	128 Chris	Fuller	Unattached	SM	1	43	52	35
182	107 Claire	Bannister	Unattached	SL	1	44	15	18
183	170 Jo	Stevens	Torrington AAC	W35	1	44	44	16
184	159 Rebecca	Chowdhury	Unattached	W35	1	47	10	17
185	153 Alisha	Kaliciak	Unattached	W35	1	47	10	18
186	15 Anna	Buck	Unattached	SL	1	47	55	19
187	109 Stephanie	Stanley	Unattached	W40	1	49	43	14
188	49 Lauren	Gray	Unattached	SL	1	50	33	20
189	118 Nicola	Clements	Unattached	W35	1	50	40	19
190	119 Caren	Denton	Unattached	W50	1	50	40	10
191	172 Laura	Davidson	Unattached	SL	1	54	33	21
192	173 Kathy	Smale	Unattached	SL	1	54	33	22
193	142 Kay	Smale	Womens Running Network	W35	2	00	34	20
194	191 Liz	Oke	Bideford AAC	W65	2	01	10	2
195	124 Pam	Paddon	Bideford AAC	W65	2	14	34	3
196	190 Annette	Joyce	Bideford AAC	W55	2	14	34	3
197	108 Susie	Doe	Unattached	W55	2	14	55	4

Senior Men's Teams

1	K. Heywood, M. Jenkin, S. Gallienne, G. Suggate	Bideford AAC	25 pts
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Senior Ladies' Teams

1	E. Sherlock, S. Nadollek, D. West	Womens Running Network	421 pts
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Veterans Teams

1	J. Shapland, T. Vesty, S. White, A. Woollacott	NDRR	84 pts
2	P. Hockin, C. Stone, S. Philips, A. McLaren	Bideford AAC	88 pts
3	M. Brace, W. Andrews, S. Sirdefield, S. Selley	Tiverton Harriers	144 pts
4	M. Gilbert, D. Jackson, A. Warner, C. Stone	Bideford AAC 'B'	232 pts
5	S. Jack, B. Van Rensburg, S. Theakston, B. Roberts	Bude Rats	375 pts
6	D. Dark, A. Cox, G. Kivell, A. Walter	Bideford AAC 'C'	406 pts

Ladies Veterans Teams

1	V. Skelton, S. White, S. Vesty	NDRR	205 pts
2	J. Holden, H. Wickens, M. Humphries	Tiverton Harriers	272 pts
3	S. Olliffe, J. Street, A. Andrews	Torrington AAC	277 pts
4	J. Bedler, C. Davies, T. Horrell	Bideford AAC	296 pts
5	H. Collins, B. Bayet, A. Brace	Womens Running Network	368 pts
6	B. Robson, S. Watkins, B. Tarry	Sidmouth RC	449 pts

Ladies Overall

1	26 Ami	Yetton	Plymouth Harriers	SL	1	02	41
2	194 Vicky	Skelton	NDRR	W40	1	07	09
3	90 Alison	Mcewing	Erme Valley Harriers	SL	1	09	08
4	21 Jenny	Mills	Launceston Road Runners	W60	1	09	44
5	121 Sue	Ogilvie	Newquay Road Runners	W50	1	11	41
6	16 Susan	Wheaton	Unattached	W35	1	13	13
7	202 Louise	Harris	NDRR	SL	1	13	25
8	20 Jo	Holden	Tiverton Harriers	W35	1	14	00
9	54 Tracey	Hulland	South Molton Strugglers	W35	1	14	40
10	227 Steph	Olliffe	Torrington AAC	W40	1	14	45

M40

1	217 Chris	Sabine	Unattached	M40	1	00	47
2	177 Steven	Abell	South Molton Strugglers	M40	1	00	54
3	178 Chris	Stone	Bideford AAC	M40	1	03	25
4	57 Martin	Brace	Tiverton Harriers	M40	1	04	27
5	105 Rick	Fielder	Unattached	M40	1	06	34
6	120 Stuart	Philps	Bideford AAC	M40	1	06	36

M45

1	113 Peter	Hockin	Bideford AAC	M45		56	48
2	76 Nicholas	Einchcomb	SWRR	M45	1	01	52
3	184 Tony	Vesty	NDRR	M45	1	03	38
4	11 James	Woodhouse	Unattached	M45	1	07	29
5	150 John	Kavanagh	SWRR	M45	1	08	32
6	196 Steve	Clifford	Unattached	M45	1	11	07

M50

1	83 Walter	Andrews	Tiverton Harriers	M50	1	06	01
2	18 Stephen	White	NDRR	M50	1	06	14
3	157 Alec	McLaren	Bideford AAC	M50	1	08	49
4	137 Mark	Gilbert	Bideford AAC	M50	1	09	06
5	102 Derek	Jackson	Bideford AAC	M50	1	13	49
6	42 Chris	Stone	Bideford AAC	M50	1	18	07

M55

1	152 John	Shapland	NDRR	M55		57	51
2	219 Tim	Jones	NDRR	M55	1	11	29
3	132 Peter	Bunyan	Dawlish Coasters	M55	1	14	30
4	30 John	Dean	Tiverton Harriers	M55	1	19	44
5	97 Michael	Woodland	Erme Valley Harriers	M55	1	21	46
6	123 Alan	Cox	Bideford AAC	M55	1	22	26

M60							
1	110 Richard	Hanham	Unattached	M60	1	10	55
2	106 Mike	Lewis	SWVAC	M60	1	12	50
3	24 Ian	MacKenzie	Unattached	M60	1	15	11
4	127 Andy	Houghton	Tavistock AC	M60	1	18	07
5	7 Alan	Patrick	Bideford AAC	M60	1	24	51
6	33 Tim	Peters	Unattached	M60	1	41	07

M65							
1	9 Alwyn	Pickard	South Molton Strugglers	M65	1	15	17
2	19 Les	Turner	Exmouth Harriers	M65	1	27	38

M70							
1	221 John	Perratt	Exmouth Harriers	M70	1	18	31
2	218 John	Leatherby	Minehead AC	M70	1	26	30
3	162 Mick	Allan	Sidmouth RC	M70	1	27	21
4	167 Eric	Hubber	Bideford AAC	M70	1	29	03

W35							
1	16 Susan	Wheaton	Unattached	W35	1	13	13
2	20 Jo	Holden	Tiverton Harriers	W35	1	14	00
3	54 Tracey	Hulland	South Molton Strugglers	W35	1	14	40
4	68 Jean-Marie	Street	Torrington AAC	W35	1	18	10
5	164 Tessa	Wright	Unattached	W35	1	18	51
6	188 Jo	Bedler	Bideford AAC	W35	1	19	29

W40							
1	194 Vicky	Skelton	NDRR	W40	1	07	09
2	227 Steph	Olliffe	Torrington AAC	W40	1	14	45
3	4 Julie	Davison	Unattached	W40	1	17	35
4	138 Angela	Walter	NDRR	W40	1	23	33
5	176 Amanda	Andrews	Torrington AAC	W40	1	27	31
6	58 Alison	Brace	Womens Running Network	W40	1	29	56

W45							
1	63 Heather	Wickens	Tiverton Harriers	W45	1	17	09
2	180 Sue	Hewings	Newton Abbot AAC	W45	1	17	41
3	143 Carol	Davies	Bideford AAC	W45	1	22	10
4	199 Caroline	Ellis	Bideford AAC	W45	1	26	26
5	74 Julie	Drayton	Unattached	W45	1	26	29
6	75 Sue	Heyland	Unattached	W45	1	31	56

W50							
1	121 Sue	Ogilvie	Newquay Road Runners	W50	1	11	41
2	17 Suzanne	White	NDRR	W50	1	16	51
3	207 Tricia	Harrison	SWVAC	W50	1	18	35
4	60 Maggie	Hunt	Unattached	W50	1	21	03
5	185 Sue	Vesty	NDRR	W50	1	23	09
6	166 Hilary	Collins	Womens Running Network	W50	1	24	15

W55							
1	66 Mary	Humphries	Tiverton Harriers	W55	1	30	02
2	126 Sheila	Houghton	Tavistock AC	W55	1	30	34
3	190 Annette	Joyce	Bideford AAC	W55	2	14	34
4	108 Susie	Doe	Unattached	W55	2	14	55

W60							
1	21 Jenny	Mills	Launceston Road Runners	W60	1	09	44
2	125 Bev	Tarry	Sidmouth RC	W60	1	42	01

W65

1	95 Maggie	Cornforth
2	191 Liz	Oke
3	124 Pam	Paddon

Womens Running Network	W65	1	38	25
Bideford AAC	W65	2	01	10
Bideford AAC	W65	2	14	34