



Bideford 10 Miles 7th September 2008

**Sponsored by Devonshire Pine Ltd and R T Marke & Co
Raising money for the North Devon Hospice**

Pos	No.	First Name	Surname	Club	Cat	Time	Cat Pos
1	146	Mike	Feighan	Exeter Harriers	M40	57 01	1
2	138	Peter	Hockin	Bideford A A C	M45	57 24	1
3	38	Mike	Grist	Poole Runners	M45	57 59	2
4	157	Paul	Duff	Unattached	M40	58 38	2
5	166	Martin	Colwill	Bideford A A C	M40	1 00 07	3
6	168	Steve	Heard	Bideford A A C	SM	1 00 12	1
7	159	Roger	Vorden	Unattached	M40	1 00 42	4
8	149	Steve	Abell	S Molton Stugglers	M40	1 00 59	5
9	68	Mark	Rice	S W R R	M45	1 01 20	3
10	22	Kelvin	Turner	S W V A C	M50	1 01 54	1
11	37	Roger	Hayes	Teignbridge Trotters	M40	1 02 03	6
12	153	Chris	Stone	Bideford A A C	M40	1 02 18	7
13	47	Bob	Brown	E Cornwall Harriers	SM	1 02 30	2
14	103	Tony	Vesty	North Devon R R	M45	1 02 41	4
15	72	Shaun	Parkin	S W R R	SM	1 03 19	3
16	148	Andrew	Trigg	Erme Valley Harriers	M45	1 03 29	5
17	175	Ian	Walls	S W R R	SM	1 03 30	4
18	139	Chris	Sanders	North Devon R R	SM	1 04 21	5
19	128	Steven	Turner	Bideford A A C	M40	1 04 44	8
20	71	Simon	Bawden	North Devon R R	SM	1 04 56	6
21	121	Will	Heal	Bideford A A C	SM	1 05 04	7
22	164	Steve	Hay	Torrington A C	M50	1 05 38	2
23	19	Lucy	Cartwright	S W R R	SL	1 05 40	1
24	109	Gary	Suggate	Bideford A A C	SM	1 05 47	8
25	67	Stuart	Philps	Bideford A A C	M40	1 05 53	9
26	26	Paul	Blake	S W R R	SM	1 06 09	9
27	25	Barrie	Huxtable	Bideford A A C	SM	1 06 31	10
28	132	Nigel	Reddcliffe	Launceston R R	M40	1 06 40	10
29	32	Leigh	James	W S E H	SL	1 06 57	2
30	104	Vicky	Skelton	North Devon R R	W40	1 07 02	1
31	129	James	Woodhouse	Unattached	M40	1 07 12	11
32	81	Wayne	van Rensburg	Unattached	SM	1 07 14	11
33	122	Mike	Phillips	North Devon R R	SM	1 07 19	12
34	52	Ian	Peake	Unattached	M40	1 07 20	12
35	172	Stephen	King	S W R R	SM	1 07 22	13
36	174	Phil	Spencer	Tiverton Harriers	M40	1 07 48	13
37	120	Andrew	Pearson	Bideford A A C	SM	1 07 52	14
38	145	Maurice	Cockwill	Bideford A A C	M60	1 07 53	1
39	131	James	Murray	Bideford A A C	SM	1 08 26	15
40	84	Helen	Stevenson	Unattached	SL	1 08 54	3
41	29	Paul	Stevens	Unattached	SM	1 09 10	16
42	152	Danny	Painter	Unattached	SM	1 09 14	17
43	75	Jenny	Mills	Launceston R R	W55	1 09 17	1
44	58	Ben	Gamble	Unattached	SM	1 09 27	18
45	33	Lewis	Jones	S W R R	M55	1 09 30	1
46	83	Nic	Hoof	North Devon R R	M40	1 10 25	14
47	116	Stewart	Dunn	Teignbridge Trotters	SM	1 10 27	19
48	154	Charlie	Davis	Unattached	M40	1 10 44	15
49	176	Robert	Wheeler	Unattached	M40	1 11 00	16
50	136	Christopher	Dennis	Unattached	SM	1 11 10	20
51	16	Julia	Phillips	S W R R	W40	1 11 12	2
52	12	Kathryn	Hough	S W R R	W45	1 12 12	1
53	133	Oliver	Wood	Unattached	SM	1 12 18	21
54	39	Linsey	Birghall	Victoria Park Harriers	SL	1 12 37	4
55	135	Georgina	Loosemore	North Devon R R	SL	1 12 40	5
56	59	Tracy	Elphick	Teignbridge Trotters	W35	1 13 10	1
57	158	Andrew	Haydon	S W R R	M40	1 13 22	17
58	82	Stephen	Sirdefield	Tiverton Harriers	M45	1 14 11	6
59	87	Michael	Lewis	S W V A C	M60	1 14 18	2

60	185 Jon	Dunkley	Barnstaple R R	SM	1	14	22	22
61	183 Steve	Clifford	Unattached	SM	1	14	36	23
62	147 James	Henderson	Teignbridge Trotters	SM	1	14	49	24
63	57 John	Caunter	Teignbridge Trotters	M50	1	15	07	3
64	35 Steph	Olliffe	Torrington A C	W40	1	15	11	3
65	73 Alan	Littlejohns	Launceston R R	M60	1	15	28	3
66	107 John	Greenaway	Unattached	M45	1	15	30	7
67	20 Serane	Burd	Womens Running Network	SL	1	15	45	6
68	137 Glyn	Brace	S W R R	M50	1	15	54	4
69	46 Tracey	Buckley	E Cornwall Harriers	SL	1	16	03	7
70	94 Tony	Shearer	Tavistock A C	M55	1	16	07	2
71	150 Pat	Gould	North Devon R R	M40	1	16	25	18
72	106 Bernie	Monk	Parc Bryn Bach	M60	1	16	36	4
73	119 David	Hyde	Torbay A A C	M65	1	16	51	1
74	5 Ian	Mackenzie	Unattached	M60	1	17	04	5
75	28 Sarah	Stevens	Devon & Cornwall Police	SL	1	17	05	8
76	66 Julie	Towers	Launceston R R	W45	1	17	07	2
77	62 Alwyn	Pickard	North Devon R R	M65	1	17	09	2
78	169 Daniel	Kingdon	S Molton Stugglers	SM	1	17	11	25
79	144 Godfrey	Osborne	North Devon R R	M45	1	17	25	8
80	171 Matt	Mawson	Unattached	M40	1	17	38	19
81	80 Pienaar	van Rensburg	Unattached	M50	1	17	54	5
82	76 Andy	Walter	Bideford A A C	M45	1	18	12	9
83	27 Caroline	Lavery	Unattached	SL	1	18	51	9
84	124 Tessa	Wright	Unattached	W35	1	19	10	2
85	96 Elaine	Fields	S Molton Stugglers	W35	1	19	13	3
86	51 Graham	Baker	Teignbridge Trotters	M65	1	19	39	3
87	18 Mark	Waddicor	S W R R	M65	1	20	33	4
88	162 David	Leworthy	Unattached	SM	1	20	57	26
89	141 Ken	Howick	Unattached	M40	1	21	00	20
90	117 David	Dunn	Teignbridge Trotters	M50	1	21	01	6
91	2 Iwan	Bourton	Unattached	SM	1	21	06	27
92	170 Fran	Roode	North Devon R R	SL	1	21	19	10
93	3 Rachael	Mackenzie	Unattached	W35	1	21	21	4
94	165 Simon	Overney	Fire Service S & A A	M40	1	21	31	21
95	99 Steve	Reynolds	Unattached	M40	1	21	41	22
96	160 Sharon	Bowman	Teignbridge Trotters	W40	1	21	58	4
97	49 Bridget	Funnell	Unattached	W55	1	22	11	2
98	142 Carl	James	Unattached	SM	1	22	13	28
99	143 Paul	Gosnell	Unattached	SM	1	22	13	29
100	115 Jo	Bedler	Bideford A A C	SL	1	22	15	11
101	54 Lesley	Edwards	Unattached	W50	1	22	17	1
102	113 Tara	Horrell	Bideford A A C	W35	1	22	19	5
103	93 Julie	Drayton	North Devon R R	W45	1	22	34	3
104	123 David	Wenman	Torrington A C	M40	1	22	45	23
105	100 Terri	Lendon	S W R R	W35	1	22	47	6
106	98 Andrew	Bloor	S W R R	SM	1	22	51	30
107	69 Vanda	van der Linden	S W R R	W45	1	23	20	4
108	187 Michael	Bruton	Unattached	M50	1	23	29	7
109	21 Andrew	Mather	Unattached	M45	1	24	00	10
110	118 Matthew	Dunn	Teignbridge Trotters	SM	1	24	15	31
111	161 Julian	Lee	Unattached	M40	1	24	16	24
112	108 Katharine	Greenaway	Unattached	SL	1	24	32	12
113	56 Tina	Caunter	Teignbridge Trotters	W50	1	24	34	2
114	55 Gilbert	Edwards	Unattached	M50	1	24	50	8
115	111 Kevin	Hill	Unattached	M45	1	25	09	11
116	102 Sue	Vesty	North Devon R R	W50	1	25	14	3
117	105 Margrett	Monk	Parc Bryn Bach	W55	1	25	15	3
118	155 Philippa	Henderson	Unattached	SL	1	25	31	13
119	156 Melita	Jarvis	Unattached	SL	1	25	31	14
120	92 Kaye	Allen	Bideford A A C	W40	1	25	56	5
121	17 John	Brown	Launceston R R	M50	1	25	56	9
122	61 Stephen	Wallace	Teignbridge Trotters	M55	1	26	07	3
123	8 Peter	Mander	Launceston R R	M70	1	26	32	1
124	110 Estelle	Sherlock	Womens Running Network	SL	1	26	45	15
125	30 Dave	Pickard	Unattached	M45	1	26	54	12
126	101 Andrew	Oke	Bideford A A C	M45	1	26	59	13
127	50 Alan	Patrick	Unattached	M55	1	27	22	4
128	31 Linda	Pickard	Launceston R R	W45	1	27	22	5
129	88 Helen	Penning	Unattached	W50	1	27	34	4
130	130 Aggie	Clinch	North Devon R R	W50	1	27	51	5

131	53 Steve	Rawlinson	Teignbridge Trotters	M50	1	28	02	10
132	95 Graham	Yarwood	Unattached	M60	1	28	37	6
133	177 Sarah	Casavielle-Lacaze	Unattached	SL	1	29	20	16
134	178 Alain	Casavielle-Lacaze	Unattached	SM	1	29	20	32
135	167 Matthew	Cooper	Unattached	SM	1	29	20	33
136	151 Jan	Gould	North Devon R R	W40	1	29	37	6
137	173 Corinna	Stephens	Unattached	SL	1	29	42	17
138	1 Robert	Cox	Unattached	M40	1	30	17	25
139	140 Emma	Hill	S Molton Stugglers	W35	1	30	49	7
140	13 David	Anderson	Unattached	M55	1	30	58	5
141	40 Stephen	Selwood	Unattached	M45	1	31	32	14
142	127 Sharon	White	Bideford A A C	W35	1	31	34	8
143	126 David	Cloak	Bideford A A C	M40	1	31	34	26
144	10 Steve	John	Tavistock A C	M55	1	31	51	6
145	125 Eric	Hubber	Bideford A A C	M70	1	32	15	2
146	114 Mark	Fundrey	Bideford A A C	M40	1	32	15	27
147	70 Mark	Palmer	Bideford A A C	M40	1	33	16	28
148	79 Kerry	Ware	Unattached	SL	1	33	38	18
149	184 Krzystof	Mielniczek	Unattached	SM	1	33	39	34
150	97 Sandra	Valis	Womens Running Network	W45	1	33	58	6
151	14 Jayne	McKenzie-Smith	S Molton Stugglers	W45	1	34	25	7
152	134 Wayne	Fennell	Unattached	SM	1	34	38	35
153	24 Jo	Northey	Launceston R R	W35	1	34	43	9
154	45 Sally	Ingleden	Teign Valley R C	W45	1	35	25	8
155	89 Marilyn	Spurr	S W R R	W60	1	35	38	1
156	9 Ruth	Henry	Unattached	W45	1	35	48	9
157	74 Lois	Vickers	Bideford A A C	W60	1	35	52	2
158	181 Louise	Tuttle	Unattached	SL	1	36	07	19
159	78 Mick	Foster	Launceston R R	M60	1	37	23	7
160	163 Jon	Hibberd	Torrington A C	M50	1	37	48	11
161	86 Anne	Devlin	S W R R	W45	1	40	37	10
162	77 Patsy	Lambrechts	Launceston R R	W45	1	42	23	11
163	186 Carey	Bruton	Unattached	W45	1	43	04	12
164	7 Ann	Woodhouse	Tavistock A C	W60	1	43	27	3
165	63 Margaret	Atkin	Unattached	W45	1	43	39	13
166	4 Pamela	Soper	Unattached	W60	1	43	57	4
167	112 Liz	Oke	Bideford A A C	W65	1	51	37	1
168	180 Jo	Stevens	Unattached	W35	1	53	06	10
169	11 Diane	Reddicliffe	Launceston R R	W40	1	56	29	7

Ladies Overall

1	19 Lucy	Cartwright	S W R R	SL	1	5	40	
2	32 Leigh	James	W S E H	SL	1	6	57	
3	104 Vicky	Skelton	North Devon R R	W40	1	7	2	
4	84 Helen	Stevenson	Unattached	SL	1	8	54	
5	75 Jenny	Mills	Launceston R R	W55	1	9	17	
6	16 Julia	Phillips	S W R R	W40	1	11	12	
7	12 Kathryn	Hough	S W R R	W45	1	12	12	
8	39 Linsey	Birghall	Victoria Park Harriers	SL	1	12	37	
9	135 Georgina	Loosemore	North Devon R R	SL	1	12	40	
10	59 Tracy	Elphick	Teignbridge Trotters	W35	1	13	10	

M40

1	146 Mike	Feighan	Exeter Harriers	M40		57	1	
2	157 Paul	Duff	Unattached	M40		58	38	
3	166 Martin	Colwill	Bideford A A C	M40	1	0	7	
4	159 Roger	Vorden	Unattached	M40	1	0	42	
5	149 Steve	Abell	S Molton Stugglers	M40	1	0	59	
6	37 Roger	Hayes	Teignbridge Trotters	M40	1	2	3	

M45

1	138 Peter	Hockin	Bideford A A C	M45		57	24	
2	38 Mike	Grist	Poole Runners	M45		57	59	
3	68 Mark	Rice	S W R R	M45	1	1	20	
4	103 Tony	Vesty	North Devon R R	M45	1	2	41	
5	148 Andrew	Trigg	Erme Valley Harriers	M45	1	3	29	
6	82 Stephen	Sirdefield	Tiverton Harriers	M45	1	14	11	

M50							
1	22 Kelvin	Turner	S W V A C	M50	1	1	54
2	164 Steve	Hay	Torrington A C	M50	1	5	38
3	57 John	Caunter	Teignbridge Trotters	M50	1	15	7
4	137 Glyn	Brace	S W R R	M50	1	15	54
5	80 Pienaar	van Rensburg	Unattached	M50	1	17	54
6	117 David	Dunn	Teignbridge Trotters	M50	1	21	1

M55							
1	33 Lewis	Jones	S W R R	M55	1	9	30
2	94 Tony	Shearer	Tavistock A C	M55	1	16	7
3	61 Stephen	Wallace	Teignbridge Trotters	M55	1	26	7
4	50 Alan	Patrick	Unattached	M55	1	27	22
5	13 David	Anderson	Unattached	M55	1	30	58
6	10 Steve	John	Tavistock A C	M55	1	31	51

M60							
1	145 Maurice	Cockwill	Bideford A A C	M60	1	7	53
2	87 Michael	Lewis	S W V A C	M60	1	14	18
3	73 Alan	Littlejohns	Launceston R R	M60	1	15	28
4	106 Bernie	Monk	Parc Bryn Bach	M60	1	16	36
5	5 Ian	Mackenzie	Unattached	M60	1	17	4
6	95 Graham	Yarwood	Unattached	M60	1	28	37

M65							
1	119 David	Hyde	Torbay A A C	M65	1	16	51
2	62 Alwyn	Pickard	North Devon R R	M65	1	17	9
3	51 Graham	Baker	Teignbridge Trotters	M65	1	19	39
4	18 Mark	Waddicor	S W R R	M65	1	20	33

M70							
1	8 Peter	Mander	Launceston R R	M70	1	26	32
2	125 Eric	Hubber	Bideford A A C	M70	1	32	15

W35							
1	59 Tracy	Elphick	Teignbridge Trotters	W35	1	13	10
2	124 Tessa	Wright	Unattached	W35	1	19	10
3	96 Elaine	Fields	S Molton Stugglers	W35	1	19	13
4	3 Rachael	Mackenzie	Unattached	W35	1	21	21
5	113 Tara	Horrell	Bideford A A C	W35	1	22	19
6	100 Terri	Lendon	S W R R	W35	1	22	47

W40							
1	104 Vicky	Skelton	North Devon R R	W40	1	7	2
2	16 Julia	Phillips	S W R R	W40	1	11	12
3	35 Steph	Olliffe	Torrington A C	W40	1	15	11
4	160 Sharon	Bowman	Teignbridge Trotters	W40	1	21	58
5	92 Kaye	Allen	Bideford A A C	W40	1	25	56
6	151 Jan	Gould	North Devon R R	W40	1	29	37

W45							
1	12 Kathryn	Hough	S W R R	W45	1	12	12
2	66 Julie	Towers	Launceston R R	W45	1	17	7
3	93 Julie	Drayton	North Devon R R	W45	1	22	34
4	69 Vanda	van der Linden	S W R R	W45	1	23	20
5	31 Linda	Pickard	Launceston R R	W45	1	27	22
6	97 Sandra	Valis	Womens Running Network	W45	1	33	58

W50							
1	54 Lesley	Edwards	Unattached	W50	1	22	17
2	56 Tina	Caunter	Teignbridge Trotters	W50	1	24	34

3	102 Sue	Vesty	North Devon R R	W50	1	25	14
4	88 Helen	Penning	Unattached	W50	1	27	34
5	130 Aggie	Clinch	North Devon R R	W50	1	27	51

W55

1	75 Jenny	Mills	Launceston R R	W55	1	9	17
2	49 Bridget	Funnell	Unattached	W55	1	22	11
3	105 Margrett	Monk	Parc Bryn Bach	W55	1	25	15

W60

1	89 Marilyn	Spurr	S W R R	W60	1	35	38
2	74 Lois	Vickers	Bideford A A C	W60	1	35	52
3	7 Ann	Woodhouse	Tavistock A C	W60	1	43	27
4	4 Pamela	Soper	Unattached	W60	1	43	57

W65

1	112 Liz	Oke	Bideford A A C	W65	1	51	37
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W70

No Qualifiers

Results should be available on www.bidefordaac.co.uk by late afternoon