

Bideford AAC - Bideford 10K

17th May, 2009

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Raising funds for Childrens Hospice South West



Pos	No.	First Name	Surname	Club	Cat	Time	Cat Pos
1	445	Steven	Gallienne	Bideford AAC	M20	32 24	1
2	549	John	Ward	Bideford AAC	M40	32 35	1
3	500	Mark	Jenkin	Bideford AAC	SM	32 43	1
4	42	Andrew	Medland	Bude RATS	SM	33 51	2
5	3	Dan	Mapp	Bideford AAC	M20	34 10	2
6	44	Shaun	Antell	Unattached	SM	34 31	3
7	383	Mark	Cowen	Exeter Harriers	SM	34 40	4
8	462	Kerry	Roberts	Tiverton Harriers	M45	34 41	1
9	452	Peter	Hockin	Bideford AAC	M45	34 47	2
10	395	David	Hawes	Unattached	SM	35 32	5
11	283	Simon	Edney	North Devon Triathletes	M50	35 32	1
12	468	Steve	Heard	Bideford AAC	SM	35 48	6
13	149	Brennan	Townshend	Tavistock AC	M20	35 49	3
14	467	Martin	Colwill	Bideford AAC	M40	35 52	2
15	343	Neil	Barkell	Tavistock AC	SM	35 54	7
16	75	Mark	Hayles	North Devon Road Runners	M45	36 00	3
17	119	Alan	Ryder	Erme Valley Harriers	M45	36 04	4
18	511	Shaun	Parkin	South West Road Runners	SM	36 09	8
19	483	Mitch	Barclay	Unattached	SM	36 12	9
20	529	John	Shapland	North Devon Road Runners	M55	36 15	1
21	227	Mike	Hansen	Erme Valley Harriers	M50	36 22	2
22	189	Alan	Walker	Tiverton Harriers	SM	36 28	10
23	154	Roger	Voaden	Okehampton Running Club	M40	36 34	3
24	310	Craig	Rice	Unattached	SM	36 58	11
25	323	Kevin	Reed	Unattached	SM	37 00	12
26	463	Nicholas	Einchcomb	South West Road Runners	M45	37 01	5
27	40	Jo	Meek	Winchester	SL	37 03	1
28	278	Keith	Shapland	North Devon Road Runners	SM	37 14	13
29	54	Kelvin	Turner	Bude RATS	M50	37 33	3
30	367	Maddy	Clarke	North Devon Road Runners	W40	37 40	1
31	144	Anthony	Lambert	Torrington AAC	SM	37 42	14
32	96	Barrie	Huxtable	Bideford AAC	SM	37 52	15
33	540	Jordan	Hewitt	Tiverton Harriers	M20	38 02	4
34	223	Gary	Suggate	Bideford AAC	SM	38 04	16
35	229	Chris	Sanders	North Devon Road Runners	SM	38 06	17
36	456	Paul	Cottle	Unattached	M40	38 22	4
37	539	Caroline	Hewitt	Tiverton Harriers	W45	38 28	1
38	286	Tony	Vesty	North Devon Road Runners	M45	38 33	6
39	439	Calvin	Leach	Unattached	SM	38 51	18
40	370	Jeff	Gregory	Tiverton Harriers	M45	38 55	7
41	192	Robin	Ewings	Tiverton Harriers	SM	38 57	19
42	490	Rob	Shaw	Bude RATS	M40	39 02	5
43	179	Simon	Goodman	South Molton Strugglers	SM	39 06	20

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44	106	Ian	Snow	Torrington AAC	M55	39	11	2
45	489	Mike	Phillips	North Devon Road Runners	SM	39	18	21
46	419	Paul	Standen	Unattached	SM	39	22	22
47	482	Bob	O'Hanlon	Unattached	M40	39	30	6
48	247	Phil	Spencer	Tiverton Harriers	M40	39	35	7
49	30	Martin	Brace	Tiverton Harriers	M40	39	45	8
50	364	Tim	Felton	Tiverton Harriers	M55	39	46	3
51	186	Richard	Coombes	Unattached	M45	39	51	8
52	243	Nick	Percival	Unattached	M45	39	54	9
53	220	Andrew	Vernon	Unattached	M40	39	55	9
54	165	Jamie	Bond	Tiverton Harriers	M45	39	58	10
55	211	Mark	Gilbert	Bideford AAC	M50	40	02	4
56	522	Enrico	Richetto	GIO' 22 RIVERA	SM	40	03	23
57	83	Wayne	Van Rensburg	Bude RATS	SM	40	11	24
58	139	Steven	Vitali	Bideford AAC	SM	40	12	25
59	53	Sam	Latter	Bude RATS	M20	40	14	5
60	57	James	Woodhouse	Unattached	M40	40	17	10
61	135	Kenny	James	Unattached	M40	40	24	11
62	502	Andrew	Wollacott	North Devon Road Runners	M40	40	30	12
63	446	Chloe	Felton	Tiverton Harriers	SL	40	41	2
64	438	Mark	Hussell	Tiverton Harriers	SM	40	42	26
65	361	Seadhna	Wilson	Unattached	SM	40	44	27
66	141	Sean	Creely	Unattached	SM	40	45	28
67	399	Jim	Jennings	Torrington AAC	M55	40	55	4
68	260	Serane	Burd	Womens Running Network	SL	40	57	3
69	266	Stuart	Philps	Bideford AAC	M40	41	00	13
70	363	Tim	Jones	North Devon Road Runners	M55	41	06	5
71	326	Alicia	Leal	North Devon Road Runners	SL	41	11	4
72	184	Howard	Bidmead	Tiverton Harriers	M50	41	16	5
73	384	Andrew	Kennedy	Exmouth Harriers	M50	41	30	6
74	369	Tim	Theobald	Teignbridge Trotters	M50	41	33	7
75	353	Dave	Cole	Unattached	M50	41	35	8
76	475	Luke	Rigler	Bideford AAC	M20	41	36	6
77	352	Stephen	Sirdefield	Tiverton Harriers	M45	41	37	11
78	355	Alistair	Gaskell	North Devon Road Runners	SM	41	38	29
79	372	Chris	Brown	Unattached	SM	41	40	30
80	373	Sean	Downing	Unattached	M20	41	40	7
81	257	John	Kavanagh	South West Road Runners	M45	41	41	12
82	2	Colin	Lane	Unattached	SM	41	43	31
83	472	Beth	Barrington	North Devon Road Runners	SL	41	44	5
84	488	Steve	Clifford	Unattached	M45	41	46	13
85	203	Dale	Wilson	Bideford AAC	M20	41	48	8
86	263	Mark	Ward	Bude RATS	M45	41	55	14
87	501	Ian	Waldron	Unattached	M45	41	56	15
88	325	Brian	Lessiter	North Devon Road Runners	M50	41	57	9
89	429	Andy	Glover	Bideford AAC	M55	41	59	6
90	432	Andrew	Jewell	Bideford AAC	M50	42	06	10
91	204	Stuart	Burgess	Unattached	SM	42	07	32
92	458	James	Burnside	Unattached	M20	42	08	9
93	390	Jamie	Blackman	Bideford AAC	SM	42	08	33
94	217	Will	Sherlock	North Devon Road Runners	SM	42	12	34
95	134	Jenny	Mills	Launceston Road Runners	W60	42	18	1
96	450	Kevin	Haywood	Unattached	M45	42	18	16
97	474	Robert	Kelland	Mile High Club	M50	42	19	11
98	282	Harry	Edney	North Devon Triathletes	M20	42	20	10

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99	221	Jack	Blight	Bideford AAC	M20	42	22	11
100	385	Philip	Quick	Unattached	M50	42	23	12
101	193	James	Cann	Bude RATS	SM	42	25	35
102	362	Robert	Shallcross	North Devon Road Runners	SM	42	27	36
103	409	Craig	Corry	Unattached	SM	42	35	37
104	386	Maurice	Cockwill	Bideford AAC	M60	42	41	1
105	152	Roger	Harris	Unattached	M45	42	41	17
106	350	John	Greenaway	Bude RATS	M45	42	43	18
107	296	Pat	Gould	North Devon Road Runners	M40	42	47	14
108	406	Paul	Inch	Bude RATS	SM	42	50	38
109	207	Jim	Newman	Unattached	SM	42	53	39
110	409	Craig	Corry	Unattached	SM	42	55	40
111	547	Richard	Hanham	Unattached	M60	42	55	2
112	291	Naomi	Allen	Abingdon Amblers	W35	42	57	1
113	132	Chris	Harper	Carn Runners	M45	42	58	19
114	309	John	Shaddick	Unattached	SM	42	59	41
115	449	Paul	Holman	Unattached	SM	43	02	42
116	543	Ben	Wade	Unattached	SM	43	04	43
117	214	Jamie	Peacock	Unattached	SM	43	05	44
118	124	Neil	Marke	Bideford AAC	M45	43	08	20
119	128	Richard	Preston	Unattached	SM	43	10	45
120	410	Louise	Harris	Barnstaple Road Runners	SL	43	12	6
121	148	Mike	Jayes	Erme Valley Harriers	M55	43	13	7
122	422	Matt	Redmore	Unattached	SM	43	22	46
123	508	Robert	Wilkins	North Devon Road Runners	SM	43	23	47
124	137	Paul	Goswell	Unattached	SM	43	29	48
125	477	Steve	Connor	Unattached	M40	43	31	15
126	340	Steven	Taylor	Unattached	SM	43	32	49
127	45	Steve	Selley	Tiverton Harriers	M45	43	35	21
128	41	Alwyn	Pickard	South Molton Strugglers	M65	43	35	1
129	115	Ami	Yetton	Plymouth Harriers	SL	43	38	7
130	523	Gabriele	Anselmetti	GS MONCENISIO	SM	43	39	50
131	534	Simon	Oliver	North Devon Road Runners	M45	43	42	22
132	504	Alastair	Watts	Unattached	SM	43	47	51
133	425	Steven	Humphries	Bideford AAC	M40	43	52	16
134	403	Gareth	Horrell	Unattached	SM	43	57	52
135	58	Derek	Harrison	Keswick AAC	M60	43	59	3
136	437	Jo	Holdon	Tiverton Harriers	W35	44	03	2
137	77	Tracey	Hulland	South Molton Strugglers	W35	44	03	3
138	498	Laura	Vincent	Unattached	SL	44	05	8
139	396	Godfrey	Osborne	North Devon Road Runners	M45	44	15	23
140	205	Sean	Macauley	Unattached	M40	44	19	17
141	46	Joe	Kearns	Launceston Road Runners	M45	44	20	24
142	145	Mike	Lewis	South West Vets AC	M60	44	23	4
143	255	David	Moulder	South West Road Runners	M50	44	25	13
144	39	Nick	Kernahan	Unattached	M55	44	27	8
145	351	Kate	Gree	Bude RATS	SL	44	27	9
146	331	Clive	Bright	Bideford AAC	M45	44	29	25
147	194	Roger	Marx	Bude RATS	SM	44	31	53
148	259	Jonathan	Williamson	South West Road Runners	SM	44	37	54
149	530	Jon	Wensley	Unattached	M50	44	38	14
150	199	John	Carter	South Molton Strugglers	M50	44	40	15
151	14	Paul	Smale	Unattached	M40	44	53	18
152	292	Peter	Kirby	Launceston Road Runners	M60	44	54	5
153	146	Matthew	Shortridge	Unattached	M40	44	54	19

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154	507	Tony	Parker	Unattached	M55	44	56	9
155	74	Jean-Marie	Street	Unattached	W35	44	59	4
156	212	Jo	Bedler	Bideford AAC	W35	45	10	5
157	248	Jane	Cann	Bude RATS	SL	45	13	10
158	105	Adrian	Colwill	Unattached	SM	45	16	55
159	76	Phil	Pennington	South Molton Strugglers	M40	45	16	20
160	239	Michael	Gammon	North Devon Road Runners	SM	45	23	56
161	136	Carla	James	North Devon Road Runners	SM	45	31	57
162	525	Steph	Olliffe	Torrington AAC	W40	45	32	2
163	97	Mark	Jefferies	Forest of Dean AC	M40	45	38	21
164	376	Anthony	Simkins	Unattached	SM	45	39	58
165	377	Lee	Marks	Unattached	SM	45	41	59
166	457	Robert	Floyd	Bideford AAC	M40	45	47	22
167	357	Paul	Slade	Unattached	SM	45	55	60
168	481	Ruth	Holmes	Unattached	SL	45	56	11
169	415	Alan	Littlejohns	Launceston Road Runners	M60	45	57	6
170	469	Steph	Moss	Tiverton Harriers	SL	45	59	12
171	50	Michael	Carpenter	Launceston Road Runners	M55	46	00	10
172	345	Nicholas	Wise	Torrington AAC	SM	46	08	61
173	242	Helen	Colwill	Bideford AAC	W35	46	11	6
174	72	Rachael	Mackenzie	Unattached	W40	46	15	3
175	314	Ian	Edwards	Unattached	SM	46	18	62
176	312	Eoin	Harty	North Devon Road Runners	SM	46	20	63
177	272	John	Dean	Tiverton Harriers	M55	46	21	11
178	35	Sean	Jack	Bude RATS	M45	46	22	26
179	167	Steven	Mayne	North Devon Road Runners	M45	46	23	27
180	107	Peter	Rasmussen	Launceston Road Runners	SM	46	26	64
181	256	Matt	Greenslade	Unattached	SM	46	28	65
182	448	Phil	Kelland	Mile High Club	M40	46	33	23
183	289	Claire	Gillard	Newton Abbot AC	W45	46	38	2
184	20	Leslie	Reed	Unattached	M50	46	42	16
185	541	Tim	Lane	Bideford AAC	M40	46	46	24
186	276	Andy	Walter	Bideford AAC	M45	46	48	28
187	188	Keith	Bowles	Tavistock AC	M60	46	49	7
188	464	Jane	Jackson	Bideford AAC	W50	46	50	1
189	103	Fergus	Walker	Erme Valley Harriers	M40	46	55	25
190	216	Estelle	Sherlock	Womens Running Network	SL	46	55	13
191	73	Ian	Mackenzie	Unattached	M60	46	57	8
192	329	Gavin	Burnside	Unattached	M40	46	57	26
193	302	Amy	Lawrence	Unattached	SL	46	58	14
194	317	Rebecca	Hill	North Devon AC	W40	46	59	4
195	151	Charlie	Davis	Unattached	M40	47	05	27
196	388	Tony	Shearer	Tavistock AC	M55	47	06	12
197	401	Emily	Felton	Tiverton Harriers	SL	47	09	15
198	47	Lin	Barton	Unattached	W35	47	12	7
199	155	Rachel	Chambers	Unattached	SL	47	13	16
200	51	Andy	Latter	Bude RATS	M50	47	20	17
201	8	James	McCann	Unattached	SM	47	24	66
202	427	Mark	Chugg	Unattached	SM	47	24	67
203	509	Kevin	Thompson	Dawlish Coasters	M55	47	25	13
204	433	Neil	Pennington	Bideford AAC	M40	47	32	28
205	159	Elizabeth	Thomson	Bude RATS	W50	47	39	2
206	460	Martin	Rawle	Unattached	M45	47	40	29
207	333	Michelle	Willocks-Watts	Teignbridge Trotters	W35	47	41	8
208	304	Paul	Martin	Unattached	SM	47	43	68

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209	200	Tessa	Wright	Unattached	W35	47	43	9
210	279	Mark	Crowsley	North Devon Road Runners	M45	47	45	30
211	600	Unknown	Runner	Unattached	XX	47	46	1
212	101	Gary	Thomson	Unattached	SM	47	46	69
213	156	Emma	Bartrop	Bude RATS	W35	47	49	10
214	201	Wayne	Jeens	Torrington AAC	SM	48	02	70
215	336	Mandy	Sanders	Torrington AAC	W35	48	07	11
216	118	Christopher	Daniel	Unattached	M45	48	07	31
217	338	David	Dark	Bideford AAC	M45	48	08	32
218	330	Mary	Pool	Bideford AAC	W50	48	11	3
219	100	Rachel	Williams	Bideford AAC	SL	48	13	17
220	337	Graham	Kivell	Bideford AAC	M50	48	18	18
221	32	Bridget	Funnell	Bude RATS	W55	48	20	1
222	305	Neil	Edwards	Unattached	SM	48	22	71
223	476	Carol	Davies	Bideford AAC	W45	48	34	3
224	269	Gemma	Trace	Bude RATS	SL	48	34	18
225	138	Rachel	Scholes	South Molton Strugglers	W35	48	36	12
226	435	Andrew	Oke	Bideford AAC	M45	48	38	33
227	297	Jan	Gould	North Devon Road Runners	W40	48	41	5
228	252	Andy	Houghton	Tavistock AC	M60	48	45	9
229	360	Alex	Burnside	Unattached	M20	48	46	12
230	240	Isobel	Waterhouse	Bude RATS	W45	48	47	4
231	528	Tony	Andrews	Bideford AAC	M55	48	49	14
232	492	Mark	Garland	Unattached	SM	49	09	72
233	226	Steven	Hingston	Unattached	SM	49	11	73
234	120	Angela	Handforth	Erme Valley Harriers	W55	49	12	2
235	328	Vicky	Innes	Bude RATS	W35	49	13	13
236	516	Dave	Wenman	Torrington AAC	M40	49	15	29
237	181	Holly	Pennington	Bideford AAC	SL	49	19	19
238	293	Aggie	Clinch	North Devon Road Runners	W50	49	20	4
239	380	Sebastian	Mogge	Unattached	M40	49	21	30
240	368	Martin	Sturley	Unattached	SM	49	31	74
241	544	Graham	Macdonald	North Devon Road Runners	M60	49	32	10
242	110	James	Kerley	Unattached	SM	49	33	75
243	178	Gilbert	Edwards	Unattached	M50	49	33	19
244	389	Deborah	Rapley	Unattached	W35	49	37	14
245	480	Steven	Higley	Unattached	SM	49	39	76
246	496	David	Grant	Unattached	SM	49	40	77
247	600	Unknown	Runner	Unattached	XX	49	42	2
248	527	Tim	Richards	North Devon Road Runners	M55	49	43	15
249	316	Caroline	Ellis	Bideford AAC	W45	49	48	5
250	56	Amber	Saltmarsh	Unattached	SL	49	54	20
251	493	Elizabeth	Harris	Unattached	W40	49	56	6
252	306	Sarah	Casavieille-Lacaze	South Molton Strugglers	SL	50	01	21
253	412	Angie	Williams	Unattached	W45	50	07	6
254	319	Catherine	Fewings	Torbay AC	W40	50	09	7
255	397	Keith	Prescott	Torrington AAC	M60	50	10	11
256	347	David	Anderson	Torrington AAC	M55	50	11	16
257	505	Keith	Hoadley	Unattached	M45	50	21	34
258	382	Mandi	Yeo	North Devon Road Runners	W40	50	27	8
259	533	Kathryn	Guard	Bideford AAC	SL	50	28	22
260	125	Linda	Eastmond	Bideford AAC	W45	50	28	7
261	264	Jon	Cryer	Unattached	M55	50	30	17
262	180	Alan	Patrick	Bideford AAC	M60	50	30	12
263	113	Jo	Thorn	Plymouth Harriers	SL	50	32	23

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264	108	Nick	Chislett	Plymouth Harriers	SM	50	33	78
265	428	Eric	Locke	Centurion RC	M55	50	35	18
266	15	Christine	Smale	Unattached	W40	50	36	9
267	187	Andrew	Webbe	Unattached	SM	50	40	79
268	287	Sue	Vesty	North Devon Road Runners	W50	50	44	5
269	94	Yvonne	Cock	Womens Running Network	W35	50	50	15
270	434	Sue	Pennington	Bideford AAC	W35	50	54	16
271	177	Lesley	Edwards	Unattached	W50	50	59	6
272	89	Ian	Cobbledick	Barnstaple Road Runners	SM	51	00	80
273	129	Nicki	Lyall	Unattached	W35	51	06	17
274	379	David	Gayton	Unattached	SM	51	07	81
275	381	Claire	Meech	North Devon Road Runners	W35	51	09	18
276	402	Bruce	Clarke	Unattached	M45	51	11	35
277	114	Andy	Gammon	Unattached	SM	51	17	82
278	374	Demelza	Menlove-Platt	Bude RATS	SL	51	20	24
279	254	David	Wright	Unattached	SM	51	20	83
280	195	Adrian	Scarlett	Unattached	SM	51	20	84
281	241	Robert	Waterhouse	Bude RATS	M45	51	23	36
282	98	Rachel	Bray	South Molton Strugglers	SL	51	26	25
283	225	Carol	Hansen	Erme Valley Harriers	W45	51	28	8
284	473	Heidi	White	North Devon Road Runners	W35	51	34	19
285	485	Brian	Mulholland	North Devon Road Runners	M55	51	35	19
286	371	Kevin	O'Mahoney	Launceston Road Runners	M65	51	36	2
287	442	Maxine	Stephenson	Womens Running Network	SL	51	39	26
288	441	Jeff	Harding	Devon & Somerset Fire & Resc	M40	51	39	31
289	143	Kim	Gilbert	Unattached	M50	51	41	20
290	430	Jane	Watts	Bideford AAC	W35	51	51	20
291	112	Karen	Grant	North Devon AC	W45	51	54	9
292	68	Anthony	Martin	Bideford AAC	M50	51	55	21
293	48	Nick	Barton	Unattached	SM	51	58	85
294	191	Stuart	Hearne	Unattached	SM	51	59	86
295	235	Chiara	Magarotto	Torrington AAC	SL	52	00	27
296	202	Richard	Best	Unattached	M40	52	04	32
297	86	Richard	Smith	Unattached	SM	52	07	87
298	92	Georgina	Green	Womens Running Network	W35	52	08	21
299	64	Margaret	Auerback	Ranelagh	W60	52	10	2
300	157	Sue	Roper	Bude RATS	SL	52	10	28
301	37	Dee	Foley	Bude RATS	SL	52	11	29
302	288	Jennifer	Pope	Unattached	SL	52	12	30
303	163	Cathy	Farmer	Unattached	W40	52	14	10
304	497	Nicky	Adams	Unattached	SM	52	21	88
305	25	Rachel	Higgs	Unattached	SL	52	22	31
306	261	Oliver	Rolls	Unattached	SM	52	30	89
307	510	Tom	McCormack	North Devon Road Runners	M55	52	33	20
308	444	Lloyd	Pinckston	Unattached	SM	52	37	90
309	251	Sheila	Houghton	Tavistock AC	W55	52	38	3
310	471	Alan	Withers	Unattached	M55	52	39	21
311	109	Phil	Higgs	Unattached	M55	52	48	22
312	313	Christopher	Horrell-Jones	Unattached	SM	52	48	91
313	354	Nat	Banbury	Unattached	W35	52	52	22
314	405	Sadie	Davies	Unattached	SL	52	53	32
315	43	Liz	Wearne	Unattached	W45	52	57	10
316	36	Lucinda	Bearnes	Launceston Road Runners	SL	52	58	33
317	455	John	Lethaby	Minehead Running Club	M70	53	01	1
318	63	Nicholas	Bellfield	Unattached	M40	53	03	33

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319	90	Martin	Stott	Unattached	M40	53	06	34
320	411	Anthony	Merrett	Bideford AAC	M60	53	10	13
321	174	Zoe	Sims	Unattached	SL	53	18	34
322	33	Roger	Nosworthy	Bude RATS	M60	53	18	14
323	515	Amanda	Andrews	Torrington AAC	W40	53	21	11
324	470	Peter	Spearman	Unattached	SM	53	33	92
325	320	Becky	Bayet	Womens Running Network	W35	53	38	23
326	465	Daniel	Simmonds	Unattached	M40	53	39	35
327	24	Kerry Anne	Whitefield	Unattached	SL	53	42	35
328	466	Keith	Powell	Unattached	M45	53	43	37
329	294	Karen	Weatherley	Unattached	W40	53	47	12
330	491	Laura	Chittock	Unattached	W40	53	50	13
331	210	Lisa	Rogers	Unattached	W35	53	53	24
332	233	Graham	Peters	South Molton Strugglers	M55	53	59	23
333	532	Sue	Squire	North Devon Road Runners	W40	54	02	14
334	182	Linda	Pickard	Launceston Road Runners	W45	54	02	11
335	454	Elinor	Morris	Bude RATS	W35	54	03	25
336	513	Avril	Bell	Unattached	W35	54	04	26
337	232	Debra	Reeves	Unattached	W35	54	07	27
338	461	Rebecca	Hill	Bude RATS	SL	54	13	36
339	453	Claire	Bone	Bideford AAC	W40	54	13	15
340	404	Sue	Burges	Launceston Road Runners	W55	54	18	4
341	536	Sally	Cloke	Unattached	W40	54	20	16
342	301	Maeve	Lawrence	Unattached	SL	54	21	37
343	299	Jonathan	Lawrence	Unattached	M50	54	22	22
344	219	Louise	Shiels	Womens Running Network	W35	54	22	28
345	218	Lana	Gill	Womens Running Network	SL	54	23	38
346	459	Anthony	Tucker-Jones	Unattached	M45	54	24	38
347	298	Jayne	McKenzie Smith	South Molton Strugglers	W45	54	25	12
348	300	Matthew	Lawrence	Unattached	M20	54	27	13
349	526	Phil	Beasant	North Devon Road Runners	M40	54	39	36
350	365	Richard	Place	Unattached	M40	54	43	37
351	335	Chris	Cann	Unattached	M50	54	45	23
352	206	Wendy	Shambrook	Torrington AAC	W35	54	46	29
353	478	Eric	Hubber	Bideford AAC	M70	54	48	2
354	356	Elena	Gaskell	North Devon Road Runners	W50	54	57	7
355	514	Mark	Souch	Unattached	SM	55	01	93
356	99	Julie	Dobson	Launceston Road Runners	W40	55	09	17
357	520	Shane	Summers	Unattached	SM	55	11	94
358	484	Louise	Martindill	North Devon Road Runners	W35	55	22	30
359	59	Annabel	Weeden	Unattached	W35	55	24	31
360	348	Emma	Hill	South Molton Strugglers	W35	55	30	32
361	324	Samantha	Husband	Womens Running Network	W35	55	32	33
362	237	Natasha	Jones	Bude RATS	SL	55	33	39
363	479	Scott	Huish	Unattached	SM	55	40	95
364	284	Tristan	Bannister	Unattached	SM	55	40	96
365	197	Jillian	Harris	Unattached	SL	55	44	40
366	121	Veronica	Newport	Womens Running Network	W40	55	45	18
367	431	Catherine	Gardner	Bideford AAC	W40	55	54	19
368	535	Jayne	Begley	Unattached	W40	55	55	20
369	140	Karen	Jones	Unattached	W35	56	02	34
370	378	Elizabeth	Gayton	Unattached	W35	56	12	35
371	16	Esther	Blackmore	Unattached	SL	56	28	41
372	80	Susan	Van Rensburg	Bude RATS	W50	56	28	8
373	82	Kate	Van Rensburg	Bude RATS	SL	56	37	42

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374	85	Basie	Van Rensburg	Bude RATS	M50	56	38	24
375	246	Sian	Jones	Unattached	SL	56	40	43
376	127	Janet	Lathom	Launceston Road Runners	W50	56	43	9
377	5	John	Lunn	Unattached	M50	56	47	25
378	27	Stuart	Busby	Unattached	SM	56	48	97
379	238	Michelle	Hayes	Unattached	W45	56	51	13
380	183	Dave	Pickard	Launceston Road Runners	M50	56	53	26
381	281	Sarah	Rogers	South Molton Strugglers	W35	56	59	36
382	487	Jess	Gierke	Unattached	W35	57	00	37
383	52	Deborah	Latter	Bude RATS	W45	57	14	14
384	69	Patricia	Martin	Bideford AAC	W45	57	14	15
385	531	Anna	Lacey	Unattached	W35	57	15	38
386	213	Jenny	Gibbons	Unattached	W35	57	38	39
387	126	Lizzie	Friendship	Unattached	W45	57	41	16
388	274	Julie	Skinner	Womens Running Network	W45	57	44	17
389	332	Michelle	Bright	Bideford AAC	SL	57	45	44
390	19	Natasha	Reed	Teignbridge Trotters	SL	57	47	45
391	150	Kerry	Ware	Unattached	SL	57	47	46
392	60	Stuart	Knowler	Unattached	M45	57	51	39
393	546	Adam	Rowland	Unattached	SM	57	51	98
394	164	Lora	McGuckin	Unattached	SL	57	52	47
395	18	Ruth	Jones	Womens Running Network	W45	57	52	18
396	495	Jo-Anne	Stevens	Unattached	W35	57	55	40
397	447	Joyce	Mulholland	North Devon Road Runners	W50	58	01	10
398	95	David	Westcott	Unattached	M55	58	05	24
399	22	Emily	Macaulay	Womens Running Network	SL	58	05	48
400	17	Sue	Jewell	Womens Running Network	W45	58	07	19
401	424	Vicki	Gordon	Unattached	W40	58	08	21
402	34	Lee	Dawson	Bude RATS	M40	58	30	38
403	398	Jonathan	Hibbert	Torrington AAC	M50	58	39	27
404	486	Fiona	Philps	Bideford AAC	W35	58	44	41
405	366	Tina	Munro	Womens Running Network	W40	58	47	22
406	171	Charlotte	Luckett	Unattached	SL	58	49	49
407	339	Paul	Cloke	Unattached	M45	58	50	40
408	230	Darren	Pridham	Unattached	SM	58	51	99
409	506	Felicity	King	Unattached	W45	59	01	20
410	116	Hazel	Rucki	Unattached	SL	59	04	50
411	416	Phil	Griffiths	Unattached	M40	59	05	39
412	349	Steven	Peckham	Unattached	M40	59	12	40
413	111	Jane	Stanley	Unattached	W55	59	20	5
414	503	Sally	Greenaway	Unattached	W35	59	22	42
415	91	Michelle	Beard	Unattached	W35	59	22	43
416	542	Charles	Travis	Unattached	M55	59	26	25
417	315	Sophie	Smart	Unattached	SL	59	31	51
418	224	Stephen	Selwood	Unattached	M45	59	35	41
419	222	Lynsie	Suggate	Unattached	SL	59	36	52
420	10	Claire	Littlejohns	Unattached	W35	59	37	44
421	285	Claire	Bannister	Unattached	SL	59	38	53
422	9	Elisabeth	Hipkins	Unattached	W35	59	40	45
423	250	Andrea	Brend	Unattached	SL	59	42	54
424	303	Rose	Budge	Unattached	W50	59	43	11
425	295	Sue	McHugh	Unattached	W55	59	43	6
426	162	Maggie	Cornforth	Womens Running Network	W65	59	47	1
427	231	Lee	Stevens	Unattached	SM	59	49	100
428	393	Louise	Halliday	Unattached	W40	59	58	23

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429	153	Rachel	Baker	Okehampton Running Club	SL	1	00	15	55
430	423	Julia	Laing	Womens Running Network	W45	1	00	16	21
431	196	Sonya	Bellfield	Unattached	W40	1	00	16	24
432	418	Rachel	Phillips	Unattached	W40	1	00	30	25
433	38	Ann	Wooldhouse	Tavistock AC	W60	1	00	37	3
434	55	Sally	Lipscombe	Tavistock AC	W40	1	00	46	26
435	545	Maria	Amico	Unattached	W35	1	01	00	46
436	23	Claire	Scales	Unattached	SL	1	01	01	56
437	265	Sarah	Bolt	Launceston Road Runners	W35	1	01	04	47
438	249	Caroline	Greenleaf	Unattached	W40	1	01	06	27
439	130	Cheryl	Leach	Launceston Road Runners	W60	1	01	07	4
440	131	Carol	Garrett	Carn Runners	W40	1	01	14	28
441	70	Sophie	Brown	South Molton Strugglers	SL	1	01	18	57
442	66	Natalie	Barthram	North Devon Triathletes	SL	1	01	18	58
443	342	Diana	Bissell	Unattached	W45	1	01	22	22
444	133	Gillian	Lawrence	Unattached	W55	1	01	36	7
445	244	Kim	Jenkin	Unattached	W20	1	01	52	1
446	245	Doug	Jenkin	Bideford AAC	M50	1	01	52	28
447	537	Karen	Bowes	Unattached	W45	1	02	04	23
448	538	Sarah	Day	Unattached	W45	1	02	04	24
449	420	Julia	Kliem	Womens Running Network	W45	1	02	08	25
450	443	Diane	Roberts	Womens Running Network	W35	1	02	08	48
451	524	Amanda	Adams	South Molton Strugglers	W40	1	02	12	29
452	414	Tracey	Scattergood	Unattached	W40	1	02	13	30
453	84	Sonya	Kinchington	Bude RATS	SL	1	02	13	59
454	440	Jenny	Womersley	Womens Running Network	W50	1	02	14	12
455	268	Susan	O'Grady	North Devon Road Runners	W45	1	02	16	26
456	258	Julia	Williamson	Womens Running Network	W40	1	02	19	31
457	280	Samantha	Crowsley	North Devon Road Runners	W40	1	02	25	32
458	215	Lisa	Peacock	Unattached	W35	1	02	32	49
459	421	Nicky	Williams	Unattached	SL	1	02	34	60
460	61	Karen	Mather	Unattached	W35	1	02	43	50
461	169	Kay	Smale	Womens Running Network	W35	1	02	51	51
462	168	Karen	Mayne	Womens Running Network	W40	1	03	02	33
463	548	Natasha	Johnston	Unattached	W35	1	03	05	52
464	417	Sharon	Martin	Unattached	W40	1	03	14	34
465	290	Polly	Lessiter	North Devon Road Runners	SL	1	03	30	61
466	375	Pamela	Soper	Unattached	W60	1	03	37	5
467	394	Gillian	Lee	South Molton Strugglers	W45	1	04	27	27
468	31	Toni-Jane	Buckeridge	Unattached	SL	1	04	30	62
469	7	Tim	Peters	Unattached	M60	1	04	30	15
470	28	Nicki	Mann	Unattached	SL	1	04	55	63
471	142	Carol	Edgington	Unattached	W55	1	04	56	8
472	392	Debbie	Goulding	Unattached	W40	1	04	57	35
473	176	Sue	Catto	BATs	W50	1	04	57	13
474	334	Donna	Marriott	North Devon Road Runners	W35	1	05	17	53
475	359	Natalie	Hammond	Bideford AAC	W45	1	05	20	28
476	358	Anna	Curtis	Bideford AAC	W45	1	05	22	29
477	102	Tarron	Filmer	Unattached	SM	1	05	37	101
478	123	Nikki	Lee	Bideford AAC	W40	1	06	10	36
479	311	Innes	Milne	Unattached	W50	1	06	30	14
480	391	John	Wilde	Bideford AAC	M50	1	06	51	29
481	273	Kathleen	Wedgeworth	Unattached	W35	1	07	00	54
482	494	Charlene	Manning	Unattached	SL	1	07	02	64
483	21	Will	Parbury	Unattached	SM	1	07	42	102

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484	436	Liz	Oke	Bideford AAC	W65	1	07	55	2
485	322	Sally	Bevan	Unattached	W45	1	08	02	30
486	117	Penny	Harris	Womens Running Network	W35	1	08	27	55
487	262	Virginia	Grayling	Womens Running Network	SL	1	08	33	65
488	321	Joanna	Dyer	Unattached	W45	1	08	52	31
489	67	Alison	Timms	Bude RATS	W40	1	09	46	37
490	170	Mel	Sacree	Bude RATS	W45	1	09	46	32
491	600	Unknown	Runner	Unattached	XX	1	09	55	3
492	173	Donna	Holmes	Unattached	SL	1	10	16	66
493	172	Katie	Jewell	Unattached	SL	1	10	16	67
494	271	Diane	Reddicliffe	Launceston Road Runners	W45	1	10	59	33
495	341	Tracey	Taylor	Unattached	SL	1	11	03	68
496	122	Annette	Joyce	Bideford AAC	W55	1	11	24	9
497	158	Jo	Simpson	Unattached	SL	1	12	06	69
498	270	Nicola	Hammond	Bude RATS	W40	1	12	19	38
499	236	Jessica	Lynes	Bude RATS	W40	1	12	19	39
500	277	Sue	Hellewell	Womens Running Network	W35	1	13	04	56
501	344	Izzy	Watkins	Womens Running Network	W50	1	13	04	15
502	253	Peter	Lewing	Unattached	SM	1	14	25	103
503	6	Suzanne	Lunn	Unattached	W45	1	14	43	34
504	408	Lucy	Davies	Unattached	W40	1	20	42	40
505	407	Rachel	Mitchell	Unattached	W40	1	20	42	41
506	413	Pamela	Paddon	Bideford AAC	W65	1	23	54	3
507	517	Jamie	McKenzie	Unattached	SM	1	24	52	104
508	79	Emma	Collum	Bideford AAC	W35	1	28	08	57
509	519	Claire	Bonetta	Unattached	SL	1	29	33	70
510	518	Abbie	Short	Unattached	SL	1	29	46	71

Senior Men's Teams

1	S. Gallienne, M. Jenkin, D. Mapp, S. Heard	Bideford AAC	21 pts
2	A. Walker, J. Hewitt, R. Ewings, M. Hussell	Tiverton Harriers	160 pts
3	K. Shapland, C. Sanders, M. Phillips, A. Gaskell	North Devon Road Runners	186 pts
4	B. Huxtable, G. Suggate, S. Vitali, L. Rigler	Bideford AAC 'B'	200 pts
5	A. Medland, W. Van Rensburg, S. Latter, J. Cann	Bude RATS	221 pts
6	W. Sherlock, R. Shallcross, R. Wilkins, M. Gammon	North Devon Road Runners 'B'	479 pts

Ladies' Teams

1	C. Felton, S. Moss, E. Felton	Tiverton Harriers	430 pts
2	K. Gree, J. Cann, G. Trace	Bude RATS	526 pts
3	S. Burd, E. Sherlock, M. Stephenson	Womens Running Network	545 pts
4	A. Leal, B. Barrington, P. Lessiter	North Devon Road Runners	619 pts
5	R. Williams, H. Pennington, K. Guard	Bideford AAC	715 pts
6	D. Menlove-Platt, S. Roper, D. Foley	Bude RATS 'B'	879 pts

Veterans Teams

1	J. Ward, P. Hockin, M. Colwill, M. Gilbert	Bideford AAC	80 pts
2	M. Hayles, J. Shapland, T. Vesty, A. Wollacott	North Devon Road Runners	136 pts
3	K. Roberts, J. Gregory, P. Spencer, M. Brace	Tiverton Harriers	145 pts
4	T. Felton, J. Bond, H. Bidmead, S. Sirdefield	Tiverton Harriers 'B'	253 pts
5	K. Turner, R. Shaw, M. Ward, J. Greenaway	Bude RATS	263 pts
6	A. Ryder, M. Hansen, M. Jayes, F. Walker	Erme Valley Harriers	348 pts

Ladies Veterans Teams

1	M. Clarke, J. Gould, A. Clinch, .	North Devon Road Runners	495 pts
2	J. Bedler, H. Colwill, J. Jackson, .	Bideford AAC	517 pts
3	E. Thomson, E. Bartrop, B. Funnell, .	Bude RATS	639 pts
4	M. Pool, C. Davies, C. Ellis, .	Bideford AAC 'B'	690 pts
5	S. Olliffe, M. Sanders, A. Andrews, .	Torrington AAC	700 pts
6	T. Hulland, R. Scholes, J. McKenzie Smith, .	South Molton Strugglers	709 pts

Ladies Overall

1	40 Jo	Meek	Winchester	SL	37	3
2	367 Maddy	Clarke	North Devon Road Runners	W40	37	40
3	539 Caroline	Hewitt	Tiverton Harriers	W45	38	28
4	446 Chloe	Felton	Tiverton Harriers	SL	40	41
5	260 Serane	Burd	Womens Running Network	SL	40	57
6	326 Alicia	Leal	North Devon Road Runners	SL	41	11
7	472 Beth	Barrington	North Devon Road Runners	SL	41	44
8	134 Jenny	Mills	Launceston Road Runners	W60	42	18
9	291 Naomi	Allen	Abingdon Amblers	W35	42	57
10	410 Louise	Harris	Barnstaple Road Runners	SL	43	12

M20

1	445 Steven	Gallienne	Bideford AAC	M20	32	24
2	3 Dan	Mapp	Bideford AAC	M20	34	10
3	149 Brennan	Townshend	Tavistock AC	M20	35	49
4	540 Jordan	Hewitt	Tiverton Harriers	M20	38	2
5	53 Sam	Latter	Bude RATS	M20	40	14
6	475 Luke	Rigler	Bideford AAC	M20	41	36

M40

1	549 John	Ward	Bideford AAC	M40	32	35
2	467 Martin	Colwill	Bideford AAC	M40	35	52
3	154 Roger	Voaden	Okehampton Running Club	M40	36	34
4	456 Paul	Cottle	Unattached	M40	38	22
5	490 Rob	Shaw	Bude RATS	M40	39	2
6	482 Bob	O'Hanlon	Unattached	M40	39	30

M45

1	462 Kerry	Roberts	Tiverton Harriers	M45	34	41
2	452 Peter	Hockin	Bideford AAC	M45	34	47
3	75 Mark	Hayles	North Devon Road Runners	M45	36	0
4	119 Alan	Ryder	Erme Valley Harriers	M45	36	4
5	463 Nicholas	Einchcomb	South West Road Runners	M45	37	1
6	286 Tony	Vesty	North Devon Road Runners	M45	38	33

M50

1	283 Simon	Edney	North Devon Triathletes	M50	35	32
2	227 Mike	Hansen	Erme Valley Harriers	M50	36	22
3	54 Kelvin	Turner	Bude RATS	M50	37	33
4	211 Mark	Gilbert	Bideford AAC	M50	40	2
5	184 Howard	Bidmead	Tiverton Harriers	M50	41	16

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6	384	Andrew	Kennedy	Exmouth Harriers	M50	41	30
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M55

1	529	John	Shapland	North Devon Road Runners	M55	36	15
2	106	Ian	Snow	Torrington AAC	M55	39	11
3	364	Tim	Felton	Tiverton Harriers	M55	39	46
4	399	Jim	Jennings	Torrington AAC	M55	40	55
5	363	Tim	Jones	North Devon Road Runners	M55	41	6
6	429	Andy	Glover	Bideford AAC	M55	41	59

M60

1	386	Maurice	Cockwill	Bideford AAC	M60	42	41
2	547	Richard	Hanham	Unattached	M60	42	55
3	58	Derek	Harrison	Keswick AAC	M60	43	59
4	145	Mike	Lewis	South West Vets AC	M60	44	23
5	292	Peter	Kirby	Launceston Road Runners	M60	44	54
6	415	Alan	Littlejohns	Launceston Road Runners	M60	45	57

M65

1	41	Alwyn	Pickard	South Molton Strugglers	M65	43	35
2	371	Kevin	O'Mahoney	Launceston Road Runners	M65	51	36

M70

1	455	John	Lethaby	Minehead Running Club	M70	53	1
2	478	Eric	Hubber	Bideford AAC	M70	54	48

W20

1	244	Kim	Jenkin	Unattached	W20	1	1	52
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W35

1	291	Naomi	Allen	Abingdon Amblers	W35	42	57
2	437	Jo	Holdon	Tiverton Harriers	W35	44	3
3	77	Tracey	Hulland	South Molton Strugglers	W35	44	3
4	74	Jean-Marie	Street	Unattached	W35	44	59
5	212	Jo	Bedler	Bideford AAC	W35	45	10
6	242	Helen	Colwill	Bideford AAC	W35	46	11

W40

1	367	Maddy	Clarke	North Devon Road Runners	W40	37	40
2	525	Steph	Olliffe	Torrington AAC	W40	45	32
3	72	Rachael	Mackenzie	Unattached	W40	46	15
4	317	Rebecca	Hill	North Devon AC	W40	46	59
5	297	Jan	Gould	North Devon Road Runners	W40	48	41
6	493	Elizabeth	Harris	Unattached	W40	49	56

W45

1	539	Caroline	Hewitt	Tiverton Harriers	W45	38	28
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2	289 Claire	Gillard	Newton Abbot AC	W45	46	38
3	476 Carol	Davies	Bideford AAC	W45	48	34
4	240 Isobel	Waterhouse	Bude RATS	W45	48	47
5	316 Caroline	Ellis	Bideford AAC	W45	49	48
6	412 Angie	Williams	Unattached	W45	50	7

W50

1	464 Jane	Jackson	Bideford AAC	W50	46	50
2	159 Elizabeth	Thomson	Bude RATS	W50	47	39
3	330 Mary	Pool	Bideford AAC	W50	48	11
4	293 Aggie	Clinch	North Devon Road Runners	W50	49	20
5	287 Sue	Vesty	North Devon Road Runners	W50	50	44
6	177 Lesley	Edwards	Unattached	W50	50	59

W55

1	32 Bridget	Funnell	Bude RATS	W55	48	20
2	120 Angela	Handforth	Erme Valley Harriers	W55	49	12
3	251 Sheila	Houghton	Tavistock AC	W55	52	38
4	404 Sue	Burges	Launceston Road Runners	W55	54	18
5	111 Jane	Stanley	Unattached	W55	59	20
6	295 Sue	McHugh	Unattached	W55	59	43

W60

1	134 Jenny	Mills	Launceston Road Runners	W60	42	18
2	64 Margaret	Auerback	Ranelagh	W60	52	10
3	38 Ann	Wooldhouse	Tavistock AC	W60	1	0 37
4	130 Cheryl	Leach	Launceston Road Runners	W60	1	1 7
5	375 Pamela	Soper	Unattached	W60	1	3 37

W65

1	162 Maggie	Cornforth	Womens Running Network	W65	59	47
2	436 Liz	Oke	Bideford AAC	W65	1	7 55
3	413 Pamela	Paddon	Bideford AAC	W65	1	23 54

W70

No Qualifiers