



Bidford 10K 18th May, 2008

**Sponsored by Devonshire Pine Ltd and R T Marke & Co
Raising funds for Childrens Hospice South West**

Pos	No.	First Name	Surname	Club	Cat	Time	Cat Pos
1	423	Mark	Jenkin	Bidford A A C	SM	31 41	1
2	372	Steve	Gallienne	Bidford A A C	M20	32 06	1
3	98	Ashley	Humphries	Torbay A A C	SM	32 35	2
4	92	Wayne	Stephens	Bidford A A C	SM	32 52	3
5	131	Adam	Carlson	Torbay A A C	SM	32 54	4
6	88	Lee	Turner	Torbay A A C	SM	34 03	5
7	260	Peter	Hockin	Bidford A A C	M45	34 12	1
8	441	Zac	Warwick	Torbay A A C	M20	34 35	2
9	378	David	Tomlin	Teignbridge Trotters	SM	34 47	6
10	434	Martin	Shapland	South West R R	M40	34 49	1
11	444	Kerry	Roberts	Tiverton Harriers	M45	35 13	2
12	427	Steven	Abell	S Molton Strugglers	M40	35 33	2
13	438	Matthew	Hill	North Devon A C	M20	35 39	3
14	195	John	Shapland	North Devon R R	M55	35 43	1
15	186	Jon	Parkinson	Torbay A A C	M40	35 48	3
16	100	Andrew	Longthorpe	Torbay A A C	SM	35 48	7
17	274	Mark	Hales	North Devon R R	M45	36 15	3
18	465	Eddie	Taylor	North Devon R R	M50	36 19	1
19	430	Bill	O'Donnell	Bidford A A C	M45	36 24	4
20	7	Helen	Parkinson	Torbay A A C	SL	36 27	1
21	487	Mitch	Barclay	North Devon Tri	SM	36 48	8
22	422	Cathy	Newman	Bidford A A C	W45	36 49	1
23	125	Nick	Chislett	Plymouth Harriers	SM	36 55	9
24	417	Russell	Hart	Torbay A A C	SM	36 57	10
25	432	Roger	Voaden	Unattached	M40	36 59	4
26	467	Martin	Colwill	Bidford A A C	M40	37 05	5
27	375	Dan	Mapp	Bidford A A C	M20	37 34	4
28	459	Keith	Shapland	North Devon R R	SM	37 38	11
29	250	Neil	Barkell	Unattached	SM	37 48	12
30	486	Martin	Crocker	Unattached	SM	37 54	13
31	166	Gavin	Punchard	Tavistock A C	M40	38 15	6
32	407	Kevin	Fine	Torbay A A C	SM	38 29	14
33	361	Will	Heal	Bidford A A C	SM	38 31	15
34	113	Donald	MacLaren	St Austell R C	M45	38 32	5
35	149	Hadleigh	Davies	Torbay A A C	SM	38 46	16
36	330	Richard	Coombes	Unattached	M45	38 47	6
37	237	Stephen	Choules	North Devon A C	M40	38 50	7
38	293	Joe	Davies	Unattached	M20	38 54	5
39	491	Chris	Sabine	Unattached	SM	38 57	17
40	345	Mark	Gilbert	Bidford A A C	M50	38 58	2
41	320	Andrew	Pearson	Bidford A A C	SM	39 00	18
42	479	Steve	Heard	Bidford A A C	SM	39 06	19
43	66	Stephen	Wilbraham	Torbay A A C	M40	39 08	8
44	196	Simon	Bawden	Unattached	SM	39 11	20
45	207	Stuart	Philps	Bidford A A C	M40	39 12	9
46	463	Paul	Cottle	Unattached	SM	39 17	21
47	344	Andrew	Mansfield	North Devon R R	M40	39 19	10
48	103	Nicolas	Hoof	North Devon R R	M40	39 23	11
49	233	Richard	White	Torbay A A C	M45	39 23	7
50	111	Helen	Stevenson	Unattached	SL	39 30	2
51	316	Mark	Davis	Hotwells A A C	M45	39 32	8
52	368	Jeff	Bath	Tiverton Harriers	M40	39 36	12
53	87	Ami	Yetton	Plymouth Harriers	SL	39 42	3
54	325	Maurice	Cockwill	Bidford A A C	M60	39 43	1
55	359	Chris	Sanders	North Devon R R	SM	39 48	22
56	379	Stuart	Webber	Unattached	SM	39 52	23
57	143	Andrew	Howlett	Unattached	SM	39 55	24
58	175	Tim	Felton	Tiverton Harriers	M50	39 58	3
59	384	Graham	Blight	Unattached	M45	40 00	9

60	426 Robin	Ewings	Tiverton Harriers	SM	40	01	25
61	296 Kenny	James	Unattached	M40	40	04	13
62	247 Nick	Percival	Unattached	M45	40	06	10
63	134 Wendy	Urban	Torbay A A C	W40	40	10	1
64	63 Charles	Davis	Bideford A A C	M40	40	12	14
65	232 Jim	Jennings	Torrington A A C	M55	40	14	2
66	9 Ben	Epps	Torbay A A C	SM	40	20	26
67	236 James	Murray	Bideford A A C	SM	40	24	27
68	440 Bryan	Friend	Unattached	M40	40	28	15
69	358 Steven	Turner	Bideford A A C	SM	40	38	28
70	62 Amelia	Hall	Torbay A A C	W40	40	44	2
71	201 Gary	Suggate	Bideford A A C	SM	40	47	29
72	270 Deborah	Pitocco	South Devon A C	W35	40	48	1
73	37 Brian	Wiles	Launceston R R	M60	40	50	2
74	362 Michael	Day	Unattached	SM	40	51	30
75	221 Dinah	Cheverton	Torbay A A C	W40	40	51	3
76	4 Paul	Davey	Honiton R C	M40	40	53	16
77	273 Alicia	Leal	North Devon R R	SL	40	55	4
78	15 Catherine	Fewings	Torbay A A C	W40	40	58	4
79	337 Chloe	Fenton	Tiverton Harriers	SL	41	01	5
80	411 Colin	Lane	Unattached	SM	41	02	31
81	389 Adam	Bright	Bideford A A C	SM	41	16	32
82	142 Kelvin	Turner	Unattached	M50	41	16	4
83	226 Matt	Richardson	Plymouth Harriers	SM	41	16	33
84	177 Wayne	van Rensburg	Unattached	SM	41	20	34
85	257 Neil	Marke	Bideford A A C	M45	41	34	11
86	73 James	Woodhouse	Unattached	M40	41	37	17
87	185 Jenny	Mills	Launceston R R	W55	41	47	1
88	420 Andrew	Wollacott	North Devon R R	M40	41	48	18
89	366 Howard	Bidmead	Tiverton Harriers	M50	41	48	5
90	169 Tony	Gambicchia	Somer A C	M45	41	50	12
91	464 Andrew	Haydon	South West R R	M40	41	50	19
92	184 Jamie	Bond	Tiverton Harriers	W40	41	52	5
93	484 Robert	Pullen	Bideford A A C	M45	41	55	13
94	406 Greg	Fine	Torbay A A C	M55	41	59	3
95	346 Mark	Hussell	Tiverton Harriers	SM	42	00	35
96	278 Dan	Lessiter	North Devon R R	SM	42	03	36
97	348 Gary	Wreford	Bideford A A C	M40	42	05	20
98	229 Brian	Lessiter	North Devon R R	M50	42	07	6
99	259 Alan	Cox	Bideford A A C	M55	42	13	4
100	397 Lucy	Westcott	Springfield Striders	SL	42	20	6
101	99 John	Osborne	Launceston R R	M60	42	21	3
102	95 Calvin	Leach	Unattached	SM	42	24	37
103	469 David	Twine	Tavistock A C	M50	42	26	7
104	148 Michael	Gumbleton	Plymouth Harriers	SM	42	27	38
105	451 Simon	Goodman	Unattached	SM	42	32	39
106	112 Debbie	Jones	Womens Running Network	W35	42	35	2
107	245 Martin	Brace	Tiverton Harriers	SM	42	40	40
108	382 Robert	Mummery	North Devon R R	M45	42	48	14
109	97 John	Vincent	Unattached	SM	42	53	41
110	151 Stephen	Sirdefield	Tiverton Harriers	M45	42	56	15
111	385 Jonathan	Hoskin	Unattached	SM	42	57	42
112	435 Ian	Snow	Torrington A A C	M55	43	00	5
113	489 Howard	Bone	Unattached	M40	43	08	21
114	261 Adrian	Vanstone	Bideford A A C	M45	43	11	16
115	402 Jason	Horrell	Bideford A A C	M20	43	12	6
116	110 Michael	Richardson	Plymouth Harriers	M45	43	14	17
117	81 Dave	Dingle	Torbay A A C	M40	43	16	22
118	412 Glyn	Brace	South West R R	M50	43	16	8
119	36 Stewart	Snetzler	Bideford A A C	M40	43	20	23
120	419 Jeremy	Butcher	Torbay A A C	M40	43	29	24
121	383 Andy	Warner	Bideford A A C	M40	43	30	25
122	343 Lorraine	Clements	Bideford A A C	W45	43	38	2
123	31 Ray	Brown	Torbay A A C	M60	43	39	4
124	94 Serane	Burd	Womens Running Network	SL	43	43	7
125	116 Tracey	Hulland	S Molton Strugglers	W35	43	45	3
126	483 Alan	Nicol	North Devon R R	M45	43	50	18
127	488 Kenneth	Roulstone	North Devon R R	SM	43	52	43
128	317 Stuart	Wilson-Hammond	Bideford A A C	M45	43	55	19
129	408 Mark	Daly	Unattached	M40	43	57	26
130	158 Daniel	Thomas	Unattached	SM	44	03	44

131	281 Ian	Spencer	Stafford Harriers	M45	44	06	20
132	473 Nigel	Warner	Unattached	M45	44	07	21
133	140 Michael	Jayes	Erme Valley Harriers	M55	44	07	6
134	214 Julia	Schofield	Torbay A A C	W45	44	10	3
135	157 Karen	Dunstone	Unattached	SL	44	10	8
136	409 Ian	Guildford	Unattached	SM	44	16	45
137	154 Tony	Shearer	Tavistock A C	M55	44	18	7
138	387 Pat	Gould	North Devon R R	SM	44	22	46
139	275 Robert	Wilkins	North Devon R R	SM	44	24	47
140	46 Philip	Harper	Torrington A A C	M45	44	24	22
141	104 Glynn	Hughes	Torbay A A C	M40	44	27	27
142	194 Raymond	Wilson	Torbay A A C	M60	44	29	5
143	262 Steph	Olliffe	Torrington A A C	W40	44	30	6
144	16 Alan	Fewings	Torbay A A C	M50	44	38	9
145	328 Martin	Evans	Unattached	SM	44	39	48
146	42 Derek	Harrison	Keswick A C	M60	44	45	6
147	403 James	Birkley	North Devon R R	SM	44	47	49
148	300 Duane	McCulloch	Torrington A A C	SM	44	48	50
149	22 Joe	Kearns	Launceston R R	M45	44	54	23
150	452 Daniel	Kingdon	Unattached	SM	44	56	51
151	302 Alastair	Watt	Unattached	SM	45	00	52
152	286 Jo	Bedler	Bideford A A C	SL	45	04	9
153	117 Phil	Pennington	S Molton Strugglers	M40	45	07	28
154	292 Andrew	Wilson	Bideford A A C	SM	45	09	53
155	51 Gareth	Horrell	Unattached	M50	45	13	10
156	39 Will	Sherlock	North Devon R R	SM	45	21	54
157	266 Michael	Carpenter	Launceston R R	M55	45	26	8
158	210 David	Hyde	Torbay A A C	M65	45	29	1
159	176 Mike	Jones	Unattached	SM	45	30	55
160	468 Claire	Dixon	North Devon R R	SL	45	31	10
161	146 Alwyn	Pickard	Unattached	M65	45	32	2
162	90 Tim	Peters	Torbay A A C	SM	45	43	56
163	242 Claire	Gillard	Newton Abbot A C	W45	45	50	4
164	241 Alan	Littlejohns	Launceston R R	M60	45	55	7
165	287 Sean	Molloy	Unattached	M45	45	56	24
166	136 Hannah	Heathwood	Womens Running Network	SL	45	59	11
167	205 Lucinda	Meynell	North Devon R R	SL	45	59	12
168	600 Unknown	Runner	Unattached	XX	46	00	1
169	179 Chris	Stone	Bideford A A C	M50	46	02	11
170	342 Dale	Wilson	Bideford A A C	M20	46	05	7
171	152 Ben	Chadwick	Unattached	SM	46	13	57
172	600 Unknown	Runner	Unattached	XX	46	13	2
173	413 Simon	Jarratt	Unattached	SM	46	15	58
174	192 Alison	Ford	S Molton Strugglers	W45	46	16	5
175	269 Mandy	Sanders	Torrington A A C	W35	46	17	4
176	2 Andrew	Mather	Unattached	M45	46	18	25
177	476 Stephen	Sanders	Bideford A A C	M45	46	19	26
178	351 Erica	Woolgar	Bideford A A C	W20	46	20	1
179	371 Trevor	Kosters	Unattached	M45	46	21	27
180	258 Mark	Chugg	Unattached	SM	46	25	59
181	453 Jane	Jackson	Bideford A A C	W50	46	29	1
182	162 Sue	Brown	Teignbridge Trotters	W45	46	32	6
183	251 Eric	Barber	Torbay A A C	M70	46	38	1
184	227 Andrew	Oke	Bideford A A C	M45	46	38	28
185	53 Neil	Pennington	Bideford A A C	M40	46	46	29
186	401 Tara	Horrell	Bideford A A C	W35	46	46	5
187	54 Sue	Pennington	Bideford A A C	W35	46	48	6
188	217 Adrian	Littlejohns	Unattached	SM	46	49	60
189	57 Elaine	Fields	S Molton Strugglers	W35	46	49	7
190	414 Matthew	Beamish	Unattached	SM	46	51	61
191	105 Nick	Kernahan	Unattached	M55	46	55	9
192	481 Christopher	Johnson	Unattached	SM	47	00	62
193	449 Rob	Herridge	Unattached	SM	47	00	63
194	75 Rachel	Glover	Torbay A A C	W35	47	05	8
195	392 Martin	Rawle	Bideford A A C	M40	47	07	30
196	91 John	Donovan	Torbay A A C	M50	47	11	12
197	429 Francesca	Roode	North Devon R R	SL	47	12	13
198	600 Unknown	Runner	Unattached	XX	47	30	3
199	326 Keith	Prescott	Torrington A A C	M55	47	32	10
200	280 Paul	Goswell	Unattached	SM	47	39	64
201	405 Julie	Clawson	Womens Running Network	W45	47	39	7

202	399 Adam	Box	Unattached	M50	47	42	13
203	377 Sharon	Bowman	Teignbridge Trotters	W40	47	47	7
204	363 Nicholas	Day	Unattached	M45	47	47	29
205	141 Jon	Cryer	Unattached	M50	47	51	14
206	428 David	Leworthy	Unattached	SM	47	55	65
207	123 Carl	James	Unattached	SM	47	56	66
208	14 Steven	Mayne	North Devon R R	M40	47	57	31
209	433 David	Bowden	Bideford A A C	M60	48	08	8
210	219 Ryan	Ashton	Unattached	M20	48	08	8
211	600 Unknown	Runner	Unattached	XX	48	17	4
212	34 Andy	Walter	Bideford A A C	M45	48	21	30
213	218 Kevin	O'Mahoney	Launceston R R	M65	48	21	3
214	305 Jack	Flanagan	North Devon A C	M20	48	22	9
215	74 Dotty	Allan	Bere Alston Trekkers	W40	48	28	8
216	395 Richard	Westcott	S Molton Strugglers	M60	48	37	9
217	60 Keith	Bowles	Tavistock A C	M60	48	47	10
218	191 Richard	Meddings	Unattached	SM	48	51	67
219	2 Andrew	Mather	Unattached	M45	48	52	31
220	3 Mark	Waddicor	S W R R	M65	48	57	4
221	311 Graham	Penn	Teignbridge Trotters	M50	49	00	15
222	374 Edwin	Hall	Unattached	SM	49	01	68
223	164 Louise	Bray	Womens Running Network	SL	49	03	14
224	12 Andy	Peel	Unattached	SM	49	07	69
225	188 Hannah	West	Launceston R R	SL	49	12	15
226	65 Hilary	Collins	Womens Running Network	W50	49	12	2
227	30 Tessa	Hearfield	Torbay A A C	W50	49	15	3
228	40 Estelle	Sherlock	Womens Running Network	SL	49	16	16
229	388 Janice	Gould	North Devon R R	W40	49	18	9
230	416 Martin	Venning	Launceston R R	M55	49	21	11
231	83 Graeme	Bunn	Watford Joggers	SM	49	26	70
232	190 Brian	Evans	Unattached	SM	49	29	71
233	450 Adrian	Colwill	Unattached	SM	49	31	72
234	13 Lee	Dawson	Unattached	M40	49	34	32
235	182 Allan	Matthews	Unattached	M50	49	36	16
236	127 Rachel	Mackenzie	Unattached	W35	49	41	9
237	238 Michael	Davey	North Devon R R	M45	49	41	32
238	254 Caroline	Ellis	Bideford A A C	W40	49	43	10
239	161 Michelle	Willocks-Watts	Teignbridge Trotters	W35	49	45	10
240	224 Gilbert	Edwards	Unattached	M50	49	48	17
241	96 Bridget	Funnell	Unattached	W55	49	57	2
242	494 Brian	Gosling	Sidmouth R C	M60	50	02	11
243	203 Barry	Edwards	Unattached	M50	50	03	18
244	202 Kathryn	Edwards	Unattached	W40	50	04	11
245	223 Lesley	Edwards	Unattached	W50	50	07	4
246	120 Andrew	Park	Torbay A A C	M55	50	14	12
247	256 Linda	Eastmond	Bideford A A C	W40	50	18	12
248	17 Barry	Layton	Torbay A A C	M60	50	20	12
249	244 Godfrey	Osborne	Unattached	M45	50	22	33
250	297 Guy	Backshell	Torrington A A C	M45	50	24	34
251	50 Philip	Megicks	Unattached	M50	50	26	19
252	265 Peter	Mander	Launceston R R	M70	50	27	2
253	410 Bridget	Merrett	Womens Running Network	W50	50	32	5
254	360 Rachel	Williams	Bideford A A C	SL	50	33	17
255	267 Tim	Richards	North Devon R R	M55	50	49	13
256	471 Eleanor	Taylor	Teignbridge Trotters	W40	50	49	13
257	248 Jennie	Sleeman	Honiton R C	W50	50	54	6
258	255 Kevin	Hill	Unattached	M45	51	10	35
259	437 Rebecca	Hill	North Devon A C	W40	51	12	14
260	485 Mary	Sargeant	Bere Alston Trekkers	W60	51	14	1
261	133 Steve	Tricker	Unattached	SM	51	19	73
262	353 Jane	Stanley	Unattached	W55	51	19	3
263	301 John	Lethaby	Minehead R C	M70	51	20	3
264	216 Kevin	Moore	Unattached	M45	51	21	36
265	600 Unknown	Runner	Unattached	XX	51	21	5
266	600 Unknown	Runner	Unattached	XX	51	22	6
267	600 Unknown	Runner	Unattached	XX	51	35	7
268	454 David	Worman	Torrington A A C	M40	51	36	33
269	174 James	Hardy	Unattached	SM	51	36	74
270	198 Kim	Gilbert	Unattached	M45	51	44	37
271	364 Jessica	Hay	Unattached	SL	51	45	18
272	150 Alan	Grimwood	Torbay A A C	M50	51	47	20

273	122 Rebecca	Disbury	Torbay A A C	W35	51	47	11
274	239 Jack	Blight	Bideford A A C	M20	51	49	10
275	331 Louise	Olding	Unattached	SL	51	52	19
276	327 Mandi	Evans	Unattached	W35	51	55	12
277	32 Barry	Hooper	Instinctive Sports	M65	51	58	5
278	394 Tim	Burke	Unattached	M50	51	58	21
279	126 Iwan	Bourton	Unattached	SM	52	05	75
280	404 Roger	Marks	Unattached	SM	52	07	76
281	24 Patsy	Lambrechts	Launceston R R	W45	52	22	8
282	314 Sheila	Jenkins	Torrington A A C	W55	52	30	4
283	318 Samantha	Wilson-Hammond	Bideford A A C	SL	52	30	20
284	319 Callie	Littlejohns	Unattached	W20	52	34	2
285	160 Tanya	Rendle	Womens Running Network	W35	52	34	13
286	135 Rachel	Russell	Womens Running Network	W35	52	41	14
287	294 Carol	Davies	Bideford A A C	W45	52	41	9
288	290 Jane	Utting	Bideford A A C	W35	52	44	15
289	76 Dave	Pickard	Unattached	M45	52	46	38
290	71 Steve	John	Tavistock A C	M55	52	52	14
291	322 Bernard	Baker	Unattached	M55	52	55	15
292	102 Hazel	Walker	Tavistock A C	W35	53	02	16
293	306 Joe	Flanagan	Unattached	M40	53	07	34
294	159 Brenda	Thomas	Womens Running Network	W55	53	09	5
295	118 Rachel	Higgs	Unattached	SL	53	18	21
296	234 Philip	Corbin	Unattached	M45	53	19	39
297	23 Mick	Foster	Launceston R R	M60	53	25	13
298	369 Kathryn	Guard	Unattached	SL	53	27	22
299	68 Sue	Burges	Launceston R R	W55	53	27	6
300	478 Louise	Jeffrey	Unattached	SL	53	28	23
301	209 Valerie	Bitmead	North Devon R R	W50	53	29	7
302	130 Nicholas	Barton	Unattached	SM	53	30	77
303	137 David	Wright	Unattached	SM	53	30	78
304	138 Adrian	Scarrett	Unattached	SM	53	30	79
305	352 Lorrie	Woolgar	Bideford A A C	W45	53	32	10
306	600 Unknown	Runner	Unattached	XX	53	35	8
307	600 Unknown	Runner	Unattached	XX	53	37	9
308	600 Unknown	Runner	Unattached	XX	53	38	10
309	84 Marion	Playle	Tavistock A C	W45	53	40	11
310	282 Jill	Day	Unattached	W35	53	40	17
311	283 Mike	Watson	Unattached	M40	53	43	35
312	49 Rebecca	Sargent	Tavistock A C	W45	53	43	12
313	600 Unknown	Runner	Unattached	XX	53	43	11
314	600 Unknown	Runner	Unattached	XX	53	44	12
315	600 Unknown	Runner	Unattached	XX	53	45	13
316	393 Richard	Warne	Plymouth Harriers	M50	53	51	22
317	298 Phil	Cloke	Torrington A A C	M55	53	52	16
318	341 Tracey	Wilson	Bideford A A C	W40	53	53	15
319	356 Bruce	Clarke	Unattached	M45	53	54	40
320	235 Kerry	Ware	Unattached	SL	53	57	24
321	44 Terence	Moxhay	Torbay A A C	M60	54	00	14
322	338 Kerry	Morashti	Womens Running Network	W50	54	00	8
323	101 Christine	McGhee	Plymouth Harriers	W50	54	00	9
324	124 Jo	Thorn	Plymouth Harriers	SL	54	00	25
325	600 Unknown	Runner	Unattached	XX	54	11	14
326	212 Marcel	Podeur	Bow Street Runners	M55	54	14	17
327	38 Alexandra	Pickford	Torbay A A C	W55	54	15	7
328	329 Kate	Grant	Unattached	SL	54	25	26
329	424 Audrey	Rendle	Torbay A A C	W55	54	27	8
330	324 Jenny	Cockwill	Bideford A A C	W60	54	27	2
331	340 Dave	Cloak	Bideford A A C	M40	54	27	36
332	339 Sharon	White	Bideford A A C	W35	54	28	18
333	11 Anthony	Martin	Bideford A A C	M50	54	33	23
334	436 Carol	Gaskell	South West R R	W45	54	36	13
335	211 Jacky	Massos	North Devon R R	W45	54	41	14
336	277 Susan	Roulstone	Unattached	W45	54	42	15
337	482 Lisa	Rogers	Unattached	SL	54	43	27
338	106 Julie	Nuta	Womens Running Network	W35	54	43	19
339	107 David	Dobson	Launceston R R	M50	54	49	24
340	18 Christopher	Horrell-Jones	Unattached	SM	54	49	80
341	418 Andy	Gammon	Unattached	SM	54	53	81
342	8 Nick	Bellfield	Unattached	M40	54	54	37
343	108 Jane	Page	Bere Alston Trekkers	W35	54	57	20

344	461 Charlotte	Lockett	Unattached	SL	55	05	28	
345	29 Stephen	Selwood	Unattached	M45	55	05	41	
346	425 Natasha	Jones	Unattached	SL	55	05	29	
347	181 Sarah	Ruscombe-King	Unattached	W40	55	08	16	
348	153 Mike	Coogan	Unattached	M45	55	08	42	
349	264 Nicky	Campbell	Unattached	SL	55	11	30	
350	475 Martin	Ashfield	Unattached	SM	55	18	82	
351	263 Jessica	Ling	Unattached	W20	55	23	3	
352	47 Ruth	Henry	Unattached	W45	55	25	16	
353	448 Dawn	Herridge	Unattached	SL	55	27	31	
354	367 Susan	Carter	S Molton Strugglers	W45	55	30	17	
355	187 Roger	Clark	Minehead R C	M55	55	31	18	
356	303 Anne	Chaplin	Torrington A A C	W45	55	41	18	
357	197 Veronica	Newport-Tucker	Womens Running Network	W40	55	42	17	
358	77 Linda	Pickard	Launceston R R	W45	55	45	19	
359	26 Mark	Palmer	Bideford A A C	M40	55	49	38	
360	347 Graham	Peters	S Molton Strugglers	M55	55	51	19	
361	132 Ben	Duhig	Unattached	SM	55	57	83	
362	472 Carrie	Tancock	Unattached	SL	56	08	32	
363	376 Tracey	Moore	Torrington A A C	W40	56	12	18	
364	334 Lois	Vickers	Bideford A A C	W55	56	18	9	
365	199 Holly	Haywood	Unattached	SL	56	20	33	
366	25 Janet	Lathom	Launceston R R	W50	56	26	10	
367	490 Peter	Saverton	Falmouth R R	M50	56	36	25	
368	470 Lisa	Howse	North Devon R R	W35	56	47	21	
369	455 Amanda	Andrews	Torrington A A C	W40	56	49	19	
370	173 Nikki	Down	Unattached	W35	56	53	22	
371	55 Elizabeth	Roberts	Bideford A A C	W35	57	00	23	
372	396 Mary	Westcott	Unattached	SL	57	05	34	
373	10 Patricia	Martin	Bideford A A C	W45	57	12	20	
374	310 Roseann	Colpus	Bideford A A C	SL	57	14	35	
375	307 Wendy	Shambrook	Torrington A A C	W35	57	20	24	
376	171 Nicola	Brown	Unattached	W35	57	20	25	
377	172 Andrea	Margarotto	Unattached	W35	57	38	26	
378	58 Laura	Tucker	North Devon R R	W45	57	40	21	
379	443 Lorraine	Pennington	Unattached	W45	57	42	22	
380	447 Barbara	Potts	Unattached	W55	57	42	10	
381	33 Janine	Callard	Torbay A A C	W45	57	45	23	
382	309 Rebecca	Dark	Bideford A A C	SL	57	46	36	
383	246 Keith	Powell	Unattached	M45	57	52	43	
384	400 Colin	Williams	Unattached	SM	57	55	84	
385	128 Louise	Cole	Womens Running Network	SL	58	00	37	
386	78 Anita	Merritt	Torbay A A C	W35	58	05	27	
387	213 Hilary	Jones	Womens Running Network	W45	58	05	24	
388	215 Tracey	Moore	Womens Running Network	W40	58	06	20	
389	289 Vera	Stuckey	Unattached	W50	58	07	11	
390	335 Helen	Mason	Launceston R R	W40	58	18	21	
391	336 Sadie	Davies	Unattached	SL	58	31	38	
392	178 Sonya	Kinchington	Unattached	SL	58	35	39	
393	163 Catherine	Gardner	Bideford A A C	W40	58	46	22	
394	27 John	Lunn	Unattached	M50	58	46	26	
395	165 Stuart	Busby	Unattached	SM	58	53	85	
396	456 Philip	Griffiths	Unattached	SM	59	01	86	
397	415 Susan	Thorne	Unattached	W40	59	01	23	
398	156 Leanne	Ford	Womens Running Network	SL	59	05	40	
399	312 Joanna	Pye	Minehead R C	W40	59	06	24	
400	398 James	Neale	Unattached	SM	59	10	87	
401	240 Martyn	Isaac	Unattached	M50	59	20	27	
402	28 Sophie	Ruffles	Womens Running Network	SL	59	22	41	
403	357 Katharine	Floyd	Unattached	W35	59	23	28	
404	276 Anita	Lanaghan	Trentham R L C	SL	59	33	42	
405	421 Jo	Barlow	Torbay A A C	W40	59	41	25	
406	439 Louise	Halliday	Unattached	W40	59	45	26	
407	180 Sarah	Turner	Bideford A A C	W20	59	47	4	
408	155 Kirsty	Mottram	Torbay A A C	SL	59	47	43	
409	43 Frances	Lang	Torbay A A C	W55	59	48	11	
410	70 Ann	Woodhouse	Tavistock A C	W60	1	00	04	3
411	474 Michael	Rennie	Unattached	M45	1	00	05	44
412	299 Nichola	McCulloch	Torrington A A C	W35	1	00	07	29
413	208 Georgina	Green	Womens Running Network	W35	1	00	14	30
414	252 Rachel	Jermyn	Womens Running Network	W40	1	00	22	27

415	67 Cheryl	Leach	Launceston R R	W60	1	00	29	4
416	354 Kevin	Bowes	Unattached	M45	1	00	31	45
417	268 Polly	Lessiter	North Devon R R	SL	1	00	37	44
418	477 Hayley	Eastman	Unattached	SL	1	00	50	45
419	365 Sarah	Day	Unattached	W45	1	00	52	25
420	86 Sallianne	Woodall	Womens Running Network	W40	1	00	53	28
421	35 Anna	Curtis	Bideford A A C	W45	1	00	53	26
422	139 Natalie	Hammond	Bideford A A C	W40	1	00	54	29
423	170 Dominic	Treacher	Unattached	M45	1	01	00	46
424	253 Sue	Fair	Womens Running Network	W55	1	01	12	12
425	304 Helen	Flanagan	Unattached	W40	1	01	49	30
426	271 Jon	Hibberd	Torrington A A C	M50	1	02	11	28
427	291 Michelle	Lewis	Bideford A A C	SL	1	02	12	46
428	442 Sarah	Giddy	Unattached	W40	1	02	20	31
429	82 Bridget	Macdonald	Bere Alston Trekkers	W55	1	02	26	13
430	72 Stephen	Dean	Unattached	SM	1	02	38	88
431	458 Amanda	Garland	Unattached	W35	1	03	21	31
432	257 Neil	Marke	Bideford A A C	M45	1	03	21	47
433	313 Liz	Oke	Bideford A A C	W65	1	03	47	1
434	222 Lizzie	Friendship	Unattached	W45	1	03	48	27
435	349 Heike	O'Neill	North Devon R R	M55	1	04	09	20
436	295 Rose	Budge	Unattached	W50	1	04	24	12
437	183 Suzanne	Smith	Womens Running Network	SL	1	04	46	47
438	85 Marianne	Shepherd	Unattached	SL	1	05	02	48
439	52 Ann	Venning	Launceston R R	W55	1	05	02	14
440	114 Hazel	MacLaren	Womens Running Network	W40	1	05	43	32
441	288 Diana	Bissell	Unattached	W45	1	05	46	28
442	284 Kevin	White	North Devon R R	SM	1	06	03	89
443	249 Gillian	Lawrence	Unattached	W50	1	06	07	13
444	600 Unknown	Runner	Unattached	XX	1	06	47	15
445	373 Joanne	Hall	Unattached	SL	1	07	19	49
446	200 Charlie	Smith	Unattached	M45	1	07	19	48
447	431 Roy	Smith	Unattached	M50	1	07	23	29
448	5 Nicki	Mann	Unattached	SL	1	07	29	50
449	370 Debbie	Mayo	Unattached	W40	1	07	59	33
450	20 Karen	Mayne	Womens Running Network	W35	1	08	01	32
451	21 Kay	Smale	Womens Running Network	W35	1	08	07	33
452	350 Séan	Dooner	South West Vets	M70	1	08	36	4
453	445 Louisa	Plucknett	Womens Running Network	SL	1	08	36	51
454	446 Mike	Plucknett	Unattached	M55	1	09	02	21
455	386 Amanda	Adams	S Molton Strugglers	W40	1	09	40	34
456	333 Donna	Holmes	Unattached	SL	1	09	40	52
457	243 Diane	Reddicliffe	Launceston R R	W40	1	10	03	35
458	492 John	Fisher	Unattached	SM	1	10	13	90
459	380 John	Pucknell	Unattached	M40	1	10	18	39
460	204 Ann	Davies	Bideford A A C	W50	1	10	22	14
461	231 Christina	Lightburn	Bideford A A C	W55	1	10	41	15
462	466 Annette	Joyce	Bideford A A C	W55	1	10	41	16
463	64 Claire	Davis	Bideford A A C	W40	1	10	51	36
464	391 Samantha	Crowsley	Unattached	W40	1	11	45	37
465	460 Katie	Jewell	Unattached	SL	1	12	08	53
466	59 Sue	Catto	Bere Alston Trekkers	W50	1	12	29	15
467	45 Daniel	Cooper	Torbay A A C	SM	1	12	59	91
469	1 Pam	Paddon	Bideford A A C	W65	1	17	51	2

Ladies Overall

1	7 Helen	Parkinson	Torbay A A C	SL		36	27	
2	422 Cathy	Newman	Bideford A A C	W45		36	49	
3	111 Helen	Stevenson	Unattached	SL		39	30	
4	87 Ami	Yetton	Plymouth Harriers	SL		39	42	
5	134 Wendy	Urban	Torbay A A C	W40		40	10	
6	62 Amelia	Hall	Torbay A A C	W40		40	44	
7	270 Deborah	Pitocco	South Devon A C	W35		40	48	
8	221 Dinah	Cheverton	Torbay A A C	W40		40	51	
9	273 Alicia	Leal	North Devon R R	SL		40	55	
10	15 Catherine	Fewings	Torbay A A C	W40		40	58	

1	372 Steve	Gallienne	Bideford A A C	M20	32	6
2	441 Zac	Warwick	Torbay A A C	M20	34	35
3	438 Matthew	Hill	North Devon A C	M20	35	39
4	375 Dan	Mapp	Bideford A A C	M20	37	34
5	293 Joe	Davies	Unattached	M20	38	54
6	402 Jason	Horrell	Bideford A A C	M20	43	12

M40

1	434 Martin	Shapland	South West R R	M40	34	49
2	427 Steven	Abell	S Molton Strugglers	M40	35	33
3	186 Jon	Parkinson	Torbay A A C	M40	35	48
4	432 Roger	Voaden	Unattached	M40	36	59
5	467 Martin	Colwill	Bideford A A C	M40	37	5
6	166 Gavin	Punchard	Tavistock A C	M40	38	15

M45

1	260 Peter	Hockin	Bideford A A C	M45	34	12
2	444 Kerry	Roberts	Tiverton Harriers	M45	35	13
3	274 Mark	Hales	North Devon R R	M45	36	15
4	430 Bill	O'Donnell	Bideford A A C	M45	36	24
5	113 Donald	MaLaren	St Austell R C	M45	38	32
6	330 Richard	Coombes	Unattached	M45	38	47

M50

1	465 Eddie	Taylor	North Devon R R	M50	36	19
2	345 Mark	Gilbert	Bideford A A C	M50	38	58
3	175 Tim	Felton	Tiverton Harriers	M50	39	58
4	142 Kelvin	Turner	Unattached	M50	41	16
5	366 Howard	Bidmead	Tiverton Harriers	M50	41	48
6	229 Brian	Lessiter	North Devon R R	M50	42	7

M55

1	195 John	Shapland	North Devon R R	M55	35	43
2	232 Jim	Jennings	Torrington A A C	M55	40	14
3	406 Greg	Fine	Torbay A A C	M55	41	59
4	259 Alan	Cox	Bideford A A C	M55	42	13
5	435 Ian	Snow	Torrington A A C	M55	43	0
6	140 Michael	Jayes	Erme Valley Harriers	M55	44	7

M60

1	325 Maurice	Cockwill	Bideford A A C	M60	39	43
2	37 Brian	Wiles	Launceston R R	M60	40	50
3	99 John	Osborne	Launceston R R	M60	42	21
4	31 Ray	Brown	Torbay A A C	M60	43	39
5	194 Raymond	Wilson	Torbay A A C	M60	44	29
6	42 Derek	Harrison	Keswick A C	M60	44	45

M65

1	210 David	Hyde	Torbay A A C	M65	45	29
2	146 Alwyn	Pickard	Unattached	M65	45	32
3	218 Kevin	O'Mahoney	Launceston R R	M65	48	21
4	3 Mark	Waddicor	S W R R	M65	48	57
5	32 Barry	Hooper	Instinctive Sports	M65	51	58

M70

1	251 Eric	Barber	Torbay A A C	M70	46	38
2	265 Peter	Mander	Launceston R R	M70	50	27
3	301 John	Lethaby	Minehead R C	M70	51	20
4	350 Séan	Dooner	South West Vets	M70	1	8 36

W20

1	351 Erica	Woolgar	Bideford A A C	W20	46	20
2	319 Callie	Littlejohns	Unattached	W20	52	34

3	263 Jessica	Ling	Unattached	W20	55	23
4	180 Sarah	Turner	Bideford A A C	W20	59	47

W35

1	270 Deborah	Pitocco	South Devon A C	W35	40	48
2	112 Debbie	Jones	Womens Running Network	W35	42	35
3	116 Tracey	Hulland	S Molton Strugglers	W35	43	45
4	269 Mandy	Sanders	Torrington A A C	W35	46	17
5	401 Tara	Horrell	Bideford A A C	W35	46	46
6	54 Sue	Pennington	Bideford A A C	W35	46	48

W40

1	134 Wendy	Urban	Torbay A A C	W40	40	10
2	62 Amelia	Hall	Torbay A A C	W40	40	44
3	221 Dinah	Cheverton	Torbay A A C	W40	40	51
4	15 Catherine	Fewings	Torbay A A C	W40	40	58
5	184 Jamie	Bond	Tiverton Harriers	W40	41	52
6	262 Steph	Olliffe	Torrington A A C	W40	44	30

W45

1	422 Cathy	Newman	Bideford A A C	W45	36	49
2	343 Lorraine	Clements	Bideford A A C	W45	43	38
3	214 Julia	Schofield	Torbay A A C	W45	44	10
4	242 Claire	Gillard	Newton Abbot A C	W45	45	50
5	192 Alison	Ford	S Molton Strugglers	W45	46	16
6	162 Sue	Brown	Teignbridge Trotters	W45	46	32

W50

1	453 Jane	Jackson	Bideford A A C	W50	46	29
2	65 Hilary	Collins	Womens Running Network	W50	49	12
3	30 Tessa	Hearfield	Torbay A A C	W50	49	15
4	223 Lesley	Edwards	Unattached	W50	50	7
5	410 Bridget	Merrett	Womens Running Network	W50	50	32
6	248 Jennie	Sleeman	Honiton R C	W50	50	54

W55

1	185 Jenny	Mills	Launceston R R	W55	41	47
2	96 Bridget	Funnell	Unattached	W55	49	57
3	353 Jane	Stanley	Unattached	W55	51	19
4	314 Sheila	Jenkins	Torrington A A C	W55	52	30
5	159 Brenda	Thomas	Womens Running Network	W55	53	9
6	68 Sue	Burges	Launceston R R	W55	53	27

W60

1	485 Mary	Sargeant	Bere Alston Trekkers	W60	51	14	
2	324 Jenny	Cockwill	Bideford A A C	W60	54	27	
3	70 Ann	Woodhouse	Tavistock A C	W60	1	0	4
4	67 Cheryll	Leach	Launceston R R	W60	1	0	29

W65

1	313 Liz	Oke	Bideford A A C	W65	1	3	47
2	1 Pam	Paddon	Bideford A A C	W65	1	17	51

W70

No Qualifiers

Results should be available on www.bidefordaac.co.uk by mid-afternoon