



Fourteenth Bideford Half Marathon 2nd March, 2008

**Sponsored by Devonshire Pine Ltd
R.T. Marke & Co., Chartered Accountants,
and Tarka Springs**

Pos	No.	First Name	Surname	Club	Cat	Hand Time			Cat Pos	Chip time		
1	928	Steve	Gallienne	Bideford A A C	SM	1	11	02	1	1	11	03
2	927	Mark	Jenkin	Bideford A A C	SM	1	11	28	2	1	11	28
3	830	Jim	Cole	Tavistock A C	SM	1	13	50	3	1	13	51
4	571	Mark	Heard	Launceston R R	SM	1	15	00	4	1	15	00
5	973	Tim	Hawkins	Yeovil Town R R C	SM	1	15	59	5	1	15	59
6	596	David	Tomlin	Teignbridge Trotters	SM	1	16	19	6	1	16	18
7	576	Kevin	Hawker	Honiton R C	SM	1	16	59	7	1	16	59
8	33	Gary	Vernon	Launceston R R	SM	1	17	23	8	1	17	22
9	289	Steven	Brookes	Tamar Trotters	M40	1	17	57	1	1	17	54
10	457	Matthew	Clark	S W R R	SM	1	18	01	9	1	17	58
11	819	David	Braunton	Bideford A A C	M40	1	18	50	2	1	18	50
12	398	Kerry	Roberts	Tiverton Harriers	M45	1	19	07	1	1	19	07
13	735	Jonathan	Gore	Unattached	M45	1	19	38	2	1	19	36
14	28	Clive	Holleran	Unattached	SM	1	19	40	10	1	19	36
15	635	Helen	Parkinson	Torbay A A C	SL	1	20	29	1	1	20	27
16	653	John	Sidebotham	St Austell R C	SM	1	20	38	11	1	20	34
17	523	Stuart	Creech	Avon & Somerset Police Triathlon	SM	1	20	52	12	1	20	42
18	660	Daniel	Alsop	St Austell R C	SM	1	21	26	13	1	21	24
19	543	Bob	Brown	E Cornwall Harriers	SM	1	21	34	14	1	21	33
20	182	Mike	Hansen	Erme Valley Harriers	M45	1	21	40	3	1	21	36
21	572	Paul	Blake	S W R R	SM	1	21	48	15	1	21	43
22	964	Eddie	Taylor	North Devon R R	M50	1	21	50	1	1	21	47
23	20	Phillip	Nankivell	D M L Running Club	SM	1	21	51	16	1	21	47
24	730	Martin	Colwill	Bideford A A C	M40	1	21	52	3	1	21	50
25	937	Chris	Stone	Bideford A A C	M40	1	22	21	4	1	22	21
26	119	Nigel	Ward	Tavistock A C	M40	1	22	40	5	1	22	38
27	655	Paul	Bestwick	St Austell R C	SM	1	22	43	17	1	22	41
28	921	Dan	Mapp	Bideford A A C	SM	1	22	58	18	1	22	57
29	765	Jeffrey	Butler	Epsom & Ewell Harriers	M40	1	23	28	6	1	23	24
30	863	Malcolm	Roberts	St Austell R C	M50	1	23	34	2	1	23	31
31	602	Paul	Carter	Unattached	M40	1	23	39	7	1	23	36
32	871	David	Golden	Unattached	M45	1	23	39	4	1	23	36
33	998	Steve	Hay	Torrington A A C	M45	1	23	44	5	1	23	44
34	968	Darrin	Porter	Truro R C	M40	1	23	47	8	1	23	44
35	962	Anne	Luke	Tamar Trotters	W50	1	23	48	1	1	23	45
36	950	Steven	Turner	Bideford A A C	SM	1	23	55	19	1	23	53
37	618	Roger	Voaden	Unattached	M40	1	23	58	9	1	23	51
38	879	Mike	Mears	Bideford A A C	SM	1	24	04	20	1	24	03
39	190	Adrian	Kearns	Exmouth Harriers	SM	1	24	11	21	1	24	06
40	372	Ian	Teague	S W R R	M45	1	24	15	6	1	24	08
41	669	Donna	Hillman	Cornwall A C	W35	1	24	34	1	1	24	28
42	774	Stephanie	Martin	Newquay R R	W40	1	24	35	1	1	24	30
43	337	Keith	Elliott	Unattached	SM	1	24	42	22	1	24	38
44	513	Mark	Saunders	Plymstock R R	SM	1	24	47	23	1	24	35
45	737	Allan	Cooper	Truro R C	M55	1	24	51	1	1	24	48
46	804	Dave	Turner	Truro R C	M40	1	25	07	10	1	24	59
47	213	Nick	Chislett	Plymouth Harriers	SM	1	25	23	24	1	25	19
48	698	Arthur	Johns	Poole Runners	M55	1	25	28	2	1	25	26
49	381	David	Worcester	Chichester Runners	M50	1	25	34	3	1	25	35
50	643	Richard	Bullock	Unattached	SM	1	25	39	25	1	25	38
51	720	Nigel	Mitchell	Truro R C	M40	1	25	52	11	1	25	44
52	535	Juliet	Knowles	Carn Runners	W35	1	26	02	2	1	25	58
53	682	Stuart	Veen	Tiverton Harriers	M45	1	26	21	7	1	26	16
54	232	Wendy	Urban	Torbay A A C	W40	1	26	26	2	1	26	22
55	397	Jason	Henderson	Newquay & Par A C	SM	1	26	30	26	1	26	26
56	283	Dom	Treseder	Exeter Tri	SM	1	26	30	27	1	26	17
57	920	Kevin	Fine	Torbay A A C	SM	1	26	34	28	1	26	33
58	838	Tony	Vesty	North Devon R R	M40	1	26	43	12	1	26	41
59	340	Jim	Jennings	Torrington A A C	M55	1	26	49	3	1	26	39
60	239	Sarah	Costin	Notts A C	SL	1	27	10	2	1	27	08
61	906	Emma	Dennis	Unattached	SL	1	27	25	3	1	27	15
62	723	Richard	Butler	Unattached	SM	1	27	25	29	1	27	26
63	180	Neil	Damerell	Plymouth Harriers	SM	1	27	26	30	1	27	20
64	791	John	Crocker	Teignbridge Trotters	M40	1	27	26	13	1	27	25
65	584	Lee	Muscott	Unattached	SM	1	27	30	31	1	27	13

66	568	Rory	O'Carroll	Carn Runners	M40	1	27	32	14	1	27	28
67	339	Richard	White	Torbay A A C	M45	1	27	36	8	1	27	30
68	929	Vicky	Skelton	North Devon R R	W40	1	27	45	3	1	27	43
69	762	Simon	Bawden	Unattached	SM	1	27	58	32	1	27	51
70	611	Ian	Dart	Plymouth Harriers	M55	1	28	04	4	1	28	00
71	530	Paul	Callaghan	Plymstock R R	M40	1	28	07	15	1	28	00
72	953	Craig	Ainslie	Unattached	SM	1	28	15	33	1	27	04
73	868	James	Ross-Harris	E Cornwall Harriers	SM	1	28	19	34	1	28	01
74	872	Paul	Spry	Unattached	M45	1	28	25	9	1	28	18
75	606	Hadleigh	Davies	Torbay A A C	SM	1	28	26	35	1	28	21
76	652	Garry	Player	St Austell R C	M40	1	28	31	16	1	28	27
77	789	Nigel	Reddicliffe	Launceston R R	M40	1	28	36	17	1	28	37
78	349	Benedict	Rogers	Unattached	SM	1	28	39	36	1	27	40
79	971	Mark	Gilbert	Bideford A A C	M40	1	28	49	18	1	28	42
80	630	Mike	Beattie	Plymouth Harriers	M55	1	28	49	5	1	28	45
81	322	Jaine	Swift	Womens Running Network	W35	1	28	52	3	1	28	44
82	697	Chris	Sabine	Unattached	SM	1	28	55	37	1	28	32
83	974	Matthew	Lund	Unattached	SL	1	28	58	4	1	28	44
84	532	Andrew	Pollard	Tamar Trotters	SM	1	28	58	38	1	28	53
85	367	Gary	Watson	Unattached	M50	1	29	03	4	1	29	00
86	816	Jim	Hayward	Weston A C	M45	1	29	04	10	1	28	43
87	389	Mike	Kestle	Newquay R R	M55	1	29	06	6	1	29	02
88	503	Liam	Storey	Unattached	SM	1	29	21	39	1	28	43
89	278	Adrian	Mutsaers	Cornwall A C	SM	1	29	23	40	1	29	07
90	399	David	Moulder	S W R R	M50	1	29	24	5	1	29	02
91	516	Peter	Daniel	S W R R	M45	1	29	32	11	1	29	25
92	787	Andrew	Vernon	Tavistock A C	SM	1	29	36	41	1	29	32
93	551	Mark	Davis	Hotwells A A C	M40	1	29	49	19	1	29	48
94	752	David	Williams	Rugby & Northampton AC	SM	1	29	51	42	1	29	49
95	227	Paul	Davey	Honiton R C	M40	1	29	54	20	1	29	49
96	386	Adrian	Lane	Unattached	SM	1	29	56	43	1	29	34
97	244	Chris	Harper	Carn Runners	M45	1	29	57	12	1	29	53
98	610	Ben	Gamble	Unattached	SM	1	29	59	44	1	29	58
99	354	David	King	South West Veterans A C	M50	1	30	08	6	1	30	03
100	844	Alec	McLaren	Bideford A A C	M50	1	30	14	7	1	30	06
101	980	Tim	Felton	Tiverton Harriers	SM	1	30	15	45	1	30	05
102	696	Ian	Peake	Unattached	M40	1	30	19	21	1	30	10
103	761	Adam	Main	Unattached	SM	1	30	20	46	1	29	50
104	718	Mike	Phillips	North Devon R R	SM	1	30	24	47	1	29	41
105	801	Stuart	Philps	Bideford A A C	M40	1	30	26	22	1	30	24
106	922	Maurice	Cockwill	Bideford A A C	M60	1	30	29	1	1	30	27
107	965	Beth	Andrews	Unattached	SL	1	30	31	5	1	30	06
108	702	Mark	Hussell	Tiverton Harriers	SM	1	30	31	48	1	30	26
109	563	Phil	Pollard	Tamar Trotters	SM	1	30	36	49	1	30	31
110	694	John	Dixon	Erme Valley Harriers	M40	1	30	41	23	1	30	37
111	620	Sharon	Daw	E Cornwall Harriers	W40	1	30	48	4	1	30	43
112	972	Andrew	Pearson	Bideford A A C	SM	1	30	58	50	1	30	56
113	825	Ben	George	Unattached	SM	1	30	59	51	1	30	55
114	102	Ben	Epps	Torbay A A C	SM	1	31	00	52	1	30	56
115	985	Paul	Gwynne	Unattached	M40	1	31	01	24	1	30	54
116	251	Alan	Green	E Cornwall Harriers	M50	1	31	04	8	1	30	25
117	491	Rory	Hutson	Plymstock R R	SM	1	31	08	53	1	30	53
118	785	John	Kent	North Devon R R	M45	1	31	12	13	1	31	10
119	983	Gary	Wright	Unattached	SM	1	31	14	54	1	31	02
120	932	Mark	Sussex	Bideford A A C	SM	1	31	18	55	1	31	11
121	742	Clive	Atkins	Unattached	M40	1	31	24	25	1	30	47
122	988	Jeffrey	Sharpe	Unattached	SM	1	31	32	56	1	30	39
123	661	Gregory	Pearce	St Austell R C	M45	1	31	41	14	1	31	12
124	902	Colin	Lane	Unattached	SM	1	31	42	57	1	31	32
125	945	David	Fackrell	Tamar Trotters	M40	1	31	49	26	1	31	43
126	654	Doug	Alsop	St Austell R C	M60	1	31	52	2	1	31	45
127	930	?	Sanders	North Devon R R	SM	1	32	01	58	1	31	46
128	736	James	Hamblin	Unattached	SM	1	32	14	59	1	31	27
129	235	Pete	Statton	Launceston R R	SM	1	32	15	60	1	32	00
130	840	Neal	Beaumont	Tavistock A C	M50	1	32	22	9	1	32	20
131	919	Greg	Fine	Torbay A A C	M55	1	32	23	7	1	32	17
132	739	Andrew	Mansfield	North Devon R R	M40	1	32	25	27	1	32	17
133	943	Robert	Pope	Truro R C	M45	1	32	26	15	1	32	22
134	72	Peter	Williams	S W R R	M50	1	32	27	10	1	32	17
135	646	Nigel	Stopard	Dartmouth A A C	M40	1	32	29	28	1	32	04
136	916	Tim	Jones	North Devon R R	M55	1	32	30	8	1	32	17
137	583	Andy	Stride	Unattached	M40	1	32	31	29	1	32	28
138	617	Catherine	Fewings	Torbay A A C	W40	1	32	33	5	1	32	26
139	690	Stephen	Restall	Newquay R R	M50	1	32	43	11	1	32	41
140	633	Wayne	Hall	Unattached	SM	1	32	56	61	1	32	53
141	76	Michael	Gumbleton	D M L Running Club	SM	1	32	59	62	1	32	58
142	529	Andy	Warner	Bideford A A C	M40	1	32	59	30	1	32	50

143	935 Rob	Claridge	Sevenoaks A C	M40	1	33	04	31	1	32	57
144	845 David	Chandler	Unattached	SM	1	33	06	63	1	32	54
145	603 John	Kavanagh	London Irish A C	M40	1	33	07	32	1	32	59
146	509 Helen	Stevenson	Unattached	SL	1	33	09	6	1	32	52
147	848 Oliver	Eastman	Serpentine	SM	1	33	18	64	1	32	55
148	809 Shaun	Callaghan	Weston A C	M40	1	33	28	33	1	33	26
149	729 Nic	Hoof	North Devon R R	M40	1	33	34	34	1	33	19
150	506 Mark	Becker	Teignbridge Trotters	M40	1	33	36	35	1	33	31
151	512 Howard	Williams	Unattached	SM	1	33	37	65	1	33	35
152	792 Richard	Harvey	Honiton R C	SM	1	33	42	66	1	33	21
153	834 Steven	Humphries	Bideford A A C	M40	1	33	44	36	1	33	37
154	434 Nick	Percival	Unattached	M45	1	33	45	16	1	33	42
155	989 Roger	Harris	Unattached	M45	1	33	46	17	1	33	21
156	853 Daniel	Fox	Unattached	SM	1	33	59	67	1	33	47
157	109 Michael	Smyth	Exeter Harriers	M55	1	34	05	9	1	33	57
158	207 Ruth	Nickson	Erme Valley Harriers	SL	1	34	12	7	1	34	07
159	590 James	Hartridge	Dartmouth A A C	M40	1	34	20	37	1	33	56
160	852 Ian	Honor	Unattached	M45	1	34	24	18	1	34	09
161	650 Luke	Taylor	Plymouth Harriers	SM	1	34	30	68	1	34	17
162	387 Roger	Saunders	Honiton R C	M50	1	34	32	12	1	34	25
163	705 Ian	Hellier	Yeovil Town R R C	SM	1	34	40	69	1	34	17
164	990 Tony	Gambicchia	Somer A C	M45	1	34	41	19	1	34	38
165	954 Nathan	Gosling	Unattached	SM	1	34	42	70	1	34	16
166	198 Wally	Lake	Tavistock A C	M55	1	34	47	10	1	33	52
167	422 Susan	Schutte	S W R R	SL	1	35	00	8	1	34	44
168	600 James	Woodhouse	Unattached	M40	1	35	02	38	1	34	53
169	525 Alan	Nicol	North Devon R R	M45	1	35	05	20	1	34	33
170	760 G	Paddon	Honiton R C	SM	1	35	08	71	1	35	00
171	392 Graham	Parkin	Unattached	SM	1	35	09	72	1	34	55
172	940 Tracy	Elphick	Teignbridge Trotters	W35	1	35	10	4	1	34	53
173	14 Serane	Bord	Womens Running Network	SL	1	35	12	9	1	35	04
174	47 Adrian	Vanstone	Bideford A A C	M45	1	35	14	21	1	35	04
175	88 John	Woolven-Allen	Plymstock R R	SM	1	35	20	73	1	35	04
176	890 Andy	Carpenter	Unattached	M45	1	35	22	22	1	35	16
177	462 Kirk	England	Tavistock A C	SM	1	35	32	74	1	34	39
178	309 Simon	James	Devon & Cornwall Constabulary	M40	1	35	35	39	1	34	19
179	431 Nick	Middleton	Torrington A A C	SM	1	35	41	75	1	35	08
180	593 Glynn	Hughes	Torbay A A C	M40	1	35	42	40	1	35	36
181	11 Terry	Parmenter	Unattached	M40	1	35	42	41	1	34	58
182	240 Ami	Yetton	Plymouth Harriers	SL	1	35	46	10	1	35	38
183	237 Bruce	Strawbridge	Honiton R C	M40	1	35	54	42	1	35	41
184	147 Steve	Davey	Honiton R C	M45	1	35	54	23	1	35	32
185	558 Heidi	Creech	Minehead R C	SL	1	35	55	11	1	35	45
186	378 Mark	Hamling	Teignbridge Trotters	M45	1	35	56	24	1	35	43
187	608 Kathryn	Hough	S W R R	W45	1	35	57	1	1	35	45
188	388 Guy	Boswell	Unattached	M45	1	36	01	25	1	35	15
189	747 Stephen	Sirdefield	Tiverton Harriers	M45	1	36	06	26	1	35	58
190	887 Neil	Marke	Bideford A A C	M45	1	36	10	27	1	36	08
191	16 Steven	Reynolds	Newquay R R	M40	1	36	13	43	1	35	46
192	376 Andrew	Ludlam	Teignbridge Trotters	M45	1	36	19	28	1	36	12
193	403 Steph	Olliffe	Torrington A A C	W40	1	36	26	6	1	36	16
194	604 Jill	Anderson	Plymouth Harriers	W40	1	36	39	7	1	36	26
195	719 Philip	Harper	Torrington A A C	M45	1	36	40	29	1	35	55
196	507 Leslie	Smitham	Carn Runners	SM	1	36	42	76	1	36	12
197	581 Laurence	Sargeant	Bere Alston Trekkers	M55	1	36	44	11	1	36	03
198	963 Richard	Luke	Tamar Trotters	M50	1	36	47	13	1	36	35
199	967 ?	Gaylard	Army A C	SM	1	36	56	77	1	36	48
200	713 Robert	Court	Torbay A A C	M55	1	36	58	12	1	36	44
201	203 Mike	Whitley	Launceston R R	M40	1	36	59	44	1	36	44
202	700 Peter	Torr	Cornwall A C	M50	1	37	01	14	1	36	37
203	526 Trevor	Burton	Steel City Striders	M50	1	37	02	15	1	36	34
204	712 Colin	Richardson	E Cornwall Harriers	M45	1	37	06	30	1	36	13
205	548 Wayne	Van Rensburg	Unattached	SM	1	37	15	78	1	37	01
206	132 Ian	Scott	Newquay R R	M40	1	37	18	45	1	37	12
207	987 Andrew	Narcott	Unattached	SM	1	37	21	79	1	36	51
208	135 Andy	Hynds	Unattached	SM	1	37	21	80	1	36	37
209	356 Julius	Ward	Unattached	SM	1	37	30	81	1	37	21
210	903 Samantha	Wilson-Hammond	Bideford A A C	SL	1	37	33	12	1	37	15
211	55 Martin	Gibbs	Tavistock A C	M40	1	37	36	46	1	36	48
212	806 Peter	Bye	Unattached	SM	1	37	41	82	1	37	13
213	764 Richard	Chynoweth	Unattached	SM	1	37	43	83	1	37	08
214	393 Mark	Bateman	Unattached	SM	1	37	47	84	1	36	56
215	956 Philip	Miles	Unattached	SM	1	37	48	85	1	37	22
216	924 Clare	Youngman	Teignbridge Trotters	W40	1	37	49	8	1	37	28
217	724 Andrew	Wyatt	Unattached	M50	1	37	53	16	1	37	44
218	241 Jo	Anderson	Plymstock R R	SL	1	37	56	13	1	37	40
219	754 Sam	Glasser	Unattached	SM	1	38	08	86	1	38	01

220	254	William	Allen	Truro R C	M45	1	38	10	31	1	37	56
221	564	Karen	Watkins	Dawlish Coasters	W35	1	38	17	5	1	38	06
222	560	Janet	Ritchie	Carn Runners	W45	1	38	23	2	1	38	15
223	113	Michael	Richardson	Plymouth Harriers	M45	1	38	33	32	1	38	15
224	189	Graham	Storer	Mounts Bay Harriers	M45	1	38	33	33	1	38	24
225	186	Chris	Ullman	E Cornwall Harriers	SM	1	38	34	87	1	37	55
226	960	Andrew	Thorne	Unattached	SM	1	38	47	88	1	38	33
227	183	Peter	Bazley	Tavistock A C	M50	1	38	54	17	1	38	31
228	826	Robert	Kirby	Tavistock A C	M45	1	38	58	34	1	38	34
229	177	Sarah	Clift	Plymouth Harriers	SL	1	38	59	14	1	38	50
230	917	Peter	Browne	Unattached	SM	1	39	02	89	1	38	20
231	870	Neil	Argyle	Unattached	M40	1	39	03	47	1	38	56
232	626	Mark	Andrews	E Cornwall Harriers	M50	1	39	05	18	1	38	36
233	969	John	Johnson	Teignbridge Trotters	M50	1	39	10	19	1	38	58
234	255	Jeremy	Pierce	Devon & Cornwall Constabulary	M50	1	39	14	20	1	39	07
235	73	Patrick	Winstone	Town & Country Harriers	M45	1	39	16	35	1	38	30
236	256	Steve	Brady	Unattached	M55	1	39	18	13	1	38	59
237	427	Peter	Halford	Unattached	SM	1	39	20	90	1	38	47
238	159	Andrew	West	Unattached	SM	1	39	23	91	1	38	52
239	855	Dan	Snell	Unattached	SM	1	39	28	92	1	38	58
240	430	Duane	McCulloch	Torrington A A C	SM	1	39	29	93	1	38	55
241	476	Bryan	Hayes	Teignbridge Trotters	M65	1	39	29	1	1	39	09
242	678	Andrew	Shearer	Sidmouth R C	M45	1	39	37	36	1	39	18
243	536	Michael	Knowles	Carn Runners	M40	1	39	46	48	1	39	15
244	648	Jackie	Batten	Minehead R C	W40	1	39	49	9	1	39	31
245	492	Mark	Russell	Unattached	SM	1	39	50	94	1	39	36
246	60	Tim	Gomez	B A D Tri	SM	1	39	53	95	1	39	33
247	148	Judy	Davey	Honiton R C	W45	1	39	55	3	1	39	34
248	642	Richard	Staunton	Unattached	M40	1	39	57	49	1	39	03
249	658	Andy	Tregaskes	St Austell R C	SM	1	40	04	96	1	39	56
250	949	Caroline	Lavery	Unattached	SL	1	40	12	15	1	39	35
251	889	Andy	Stephens	Unattached	SM	1	40	15	97	1	39	56
252	455	Ian	Webber	Unattached	SM	1	40	35	98	1	40	21
253	334	Graham	Case	Unattached	SM	1	40	36	99	1	39	56
254	65	Julian	McLauchlan	Team Coco	SM	1	40	37	100	1	40	17
255	415	Bridget	Scholfield	Teignbridge Trotters	W40	1	40	45	10	1	39	37
256	934	Suzy	Claridge	Sevenoaks A C	W35	1	40	48	6	1	40	41
257	285	Tim	Burston	Plymstock R R	M40	1	40	49	50	1	40	27
258	27	Helen	Anthony	Womens Running Network	SL	1	40	53	16	1	40	17
259	748	Claire	Campbell	S Molton Strugglers	W40	1	40	54	11	1	40	00
260	518	Ray	Brown	Torbay A A C	M60	1	41	04	3	1	40	58
261	915	Gary	Webber	Unattached	M40	1	41	06	51	1	40	44
262	115	Bill	Day	Unattached	M55	1	41	06	14	1	40	41
263	898	Ian	Ross	Tamar Trotters	M45	1	41	07	37	1	40	46
264	504	David	Dunn	Teignbridge Trotters	M50	1	41	07	21	1	40	48
265	417	Stephen	Šegan	Pontypridd Rodents	M45	1	41	09	38	1	40	45
266	732	Tim	Bridgman	Unattached	SM	1	41	12	101	1	39	58
267	975	John	Glass	Unattached	M40	1	41	12	52	1	41	01
268	472	Gary	Collins	Truro R C	SM	1	41	17	102	1	41	04
269	199	Barry	Crow	Unattached	M50	1	41	20	22	1	40	45
270	923	Steve	Clifford	Unattached	M45	1	41	21	39	1	41	08
271	275	Robert	Shenton	Tamar Trotters	M50	1	41	22	23	1	41	01
272	938	Yan	Fanet	Unattached	SM	1	41	23	103	1	40	48
273	957	Michael	Pengelly	Looe Pioneers	M40	1	41	24	53	1	41	07
274	841	Jonathan	Geary	Unattached	SM	1	41	26	104	1	41	05
275	368	John	Cass	Unattached	SM	1	41	26	105	1	41	12
276	781	Matthew	Scott-Tucker	Unattached	SM	1	41	29	106	1	39	51
277	544	Michael	Drake	Unattached	SM	1	41	32	107	1	41	01
278	328	Sharon	Sharland	Womens Running Network	W50	1	41	34	2	1	41	26
279	692	Lee	Etheridge	New Forest Runners	W40	1	41	44	12	1	41	40
280	947	Dave	Leach	Unattached	M50	1	41	46	24	1	41	43
281	348	Philip	Gregory	Stephens & Son	M45	1	41	46	40	1	41	21
282	951	Dominic	Scotting	Unattached	SM	1	41	52	108	1	41	01
283	897	Gerard	O'Boyle	Tiverton Harriers	M55	1	41	55	15	1	41	46
284	428	Christopher	Merrett	Unattached	SM	1	41	56	109	1	41	47
285	751	Jamie	Town	Unattached	SM	1	41	58	110	1	41	03
286	170	Nigel	Sutton	Unattached	M50	1	41	59	25	1	41	17
287	941	Rob	Emsley	Unattached	SM	1	42	00	111	1	41	52
288	66	Paul	Marshall	Tavistock A C	M50	1	42	02	26	1	41	42
289	524	Barbara	Nicol	North Devon R R	W40	1	42	05	13	1	41	33
290	875	Kevin	Wood	Unattached	M45	1	42	06	41	1	41	49
291	438	Tim	Smith	Unattached	M40	1	42	07	54	1	41	54
292	833	Lorraine	Clements	Bideford A A C	W45	1	42	10	4	1	41	27
293	243	James	Timmins	Hydro Harriers	SM	1	42	10	112	1	41	38
294	531	Nicholas	McMahon	Erme Valley Harriers	M50	1	42	11	27	1	41	44
295	105	Yvonne	Cock	Womens Running Network	W35	1	42	12	7	1	42	02
296	685	Lynne	Parkinson	Forest of Dean A C	W45	1	42	17	5	1	42	03

297	163	Ian	Mackenzie	Unattached	M60	1	42	18	4	1	42	04
298	500	Chris	Stonier	Minehead R C	M40	1	42	19	55	1	41	53
299	407	Jon	Cryer	Unattached	M50	1	42	19	28	1	42	08
300	481	Stephen	Bosley	Unattached	SM	1	42	20	113	1	41	45
301	192	John	Ostle	Unattached	M55	1	42	23	16	1	41	37
302	708	Joyce	Rendell	Axe Valley Runners	SL	1	42	28	17	1	41	30
303	763	Debbie	Jones	Womens Running Network	W35	1	42	32	8	1	42	23
304	364	Justin	Smyth	Unattached	SM	1	42	42	114	1	42	09
305	722	Michael	Carpenter	Launceston R R	M55	1	42	47	17	1	42	39
306	769	David	Adams	Bere Alston Trekkers	M40	1	42	47	56	1	42	35
307	749	James	Rayner	Unattached	SM	1	42	59	115	1	42	47
308	601	Jeff	Lancaster	Unattached	M45	1	43	09	42	1	43	00
309	479	Melissa	Ironside	S W R R	W35	1	43	11	9	1	42	18
310	261	Chris	Isaac	Unattached	M40	1	43	12	57	1	42	41
311	494	Jo	Bedler	Bideford A A C	SL	1	43	13	18	1	42	31
312	755	Chris	Sowden	Unattached	M60	1	43	13	5	1	43	12
313	939	Steve	Hammond	Unattached	M45	1	43	16	43	1	43	12
314	656	Rachel	Bestwick	St Austell R C	SL	1	43	20	19	1	43	10
315	577	Martin	Chaffey	Yeovil Town R R C	SM	1	43	22	116	1	42	25
316	864	Mike	Lemin	Tamar Trotters	M50	1	43	29	29	1	43	01
317	259	Paul	Harvey	Southampton R C	M50	1	43	30	30	1	42	24
318	758	Robert	Wilkins	North Devon R R	SM	1	43	30	117	1	42	57
319	52	Fiona	Phelps	Tamar Trotters	W40	1	43	35	14	1	43	07
320	992	Marjet	Patterson	Torrington A A C	W50	1	43	40	3	1	42	52
321	194	Nicki	Ashworth	Womens Running Network	W40	1	43	41	15	1	42	45
322	54	Mark	Wotton	Teignbridge Trotters	M45	1	43	48	44	1	42	52
323	366	Chris	Stone	Bideford A A C	M50	1	43	49	31	1	43	44
324	550	Kevin	Thompson	Dawlish Coasters	M50	1	43	52	32	1	43	32
325	704	Maggie	Bunting	Tamar Trotters	M40	1	43	53	58	1	43	37
326	197	Paul	Duffy	Plymouth Harriers	SM	1	43	54	118	1	43	35
327	343	Chris	Kelland	Unattached	SM	1	43	56	119	1	43	34
328	814	Amanda	Perry	Womens Running Network	W40	1	43	57	16	1	43	01
329	753	Brian	Day	Unattached	M40	1	43	59	59	1	43	43
330	137	Robert	Dawe	Tavistock A C	M45	1	44	00	45	1	42	59
331	36	Ann-Marie	Chater	Launceston R R	W40	1	44	05	17	1	43	18
332	292	Joe	Kearns	Launceston R R	M45	1	44	10	46	1	43	48
333	808	Adrian	Woon	Devon & Cornwall Constabulary	M40	1	44	11	60	1	43	20
334	116	Nick	Day	Unattached	SM	1	44	13	120	1	43	48
335	360	Joe	White	Unattached	SM	1	44	13	121	1	43	38
336	745	Rowland	Lyons	Hydro Harriers	M45	1	44	14	47			
337	222	Alan	Littlejohns	Launceston R R	M60	1	44	22	6	1	43	44
338	952	John	Caswell	Unattached	M50	1	44	36	33	1	44	07
339	174	Elaine	Fields	S Molton Strugglers	W35	1	44	37	10	1	44	16
340	835	Tara	Horrell	Bideford A A C	W35	1	44	41	11	1	43	57
341	667	Alan	Cox	Bideford A A C	M55	1	44	43	18	1	43	58
342	120	Lee	Dawson	Unattached	M40	1	44	46	61	1	44	39
343	977	Terry	Field	Unattached	M60	1	44	47	7	1	44	07
344	783	Amy	Holden	Unattached	SL	1	44	48	20	1	44	30
345	423	Nigel	Knuckey	Truro R C	M50	1	44	57	34	1	44	42
346	287	Peter	Doidge	Unattached	SM	1	45	02	122	1	44	51
347	185	Keith	Bowles	Tavistock A C	M60	1	45	06	8	1	44	29
348	165	Stephen	Leonard	Plymstock R R	M40	1	45	10	62	1	44	48
349	756	Peter	Earl	Torrington A A C	M50	1	45	12	35	1	44	24
350	112	David	Brown	Truro R C	M40	1	45	24	63	1	45	09
351	638	John	Bowden	Looe Pioneers	M50	1	45	28	36	1	45	11
352	133	Marika	Dowse	Womens Running Network	W40	1	45	35	18	1	45	23
353	744	Mandy	Sanders	Torrington A A C	W35	1	45	36	12	1	44	52
354	948	Mathew	Jackson	Unattached	SM	1	45	40	123	1	45	12
355	252	Jon	Harris	E Cornwall Harriers	M50	1	45	45	37	1	45	27
356	10	Aidan	Hall	D M L Running Club	SM	1	45	46	124	1	45	20
357	790	Alison	Ford	Unattached	W45	1	45	57	6	1	45	36
358	61	Ralph	Elmes	Bere Alston Trekkers	M60	1	46	01	9	1	45	38
359	390	Nigel	Penwarden	Teignbridge Trotters	M45	1	46	01	48	1	45	12
360	64	Marc	Davies	New Generation Sports Club	M45	1	46	03	49	1	45	00
361	404	Stephen	Vooght	Unattached	M45	1	46	09	50	1	46	04
362	335	Jacky	Tyler	E Cornwall Harriers	W50	1	46	10	4	1	45	41
363	18	Samantha	Beare	Womens Running Network	SL	1	46	11	21	1	45	59
364	542	Tracey	Buckley	E Cornwall Harriers	SL	1	46	16	22	1	45	58
365	215	Steven	Windell	Unattached	M40	1	46	18	64	1	45	26
366	5	Sue	Bookless-Browne	Devon & Cornwall Constabulary	W35	1	46	25	13	1	46	15
367	436	Luke	Brady	Unattached	SM	1	46	28	125	1	46	07
368	876	John	Kinsman	North Devon R R	SM	1	46	29	126	1	45	55
369	74	Tim	Brooks	Tavistock A C	SM	1	46	31	127	1	46	23
370	218	Richard	Ellis	Unattached	M45	1	46	33	51	1	45	39
371	104	Mark	Colfer	Unattached	M40	1	46	33	65	1	46	17
372	683	Siobhan	Besford	Teignbridge Trotters	SL	1	46	34	23	1	46	10
373	188	Yvonne	Turner	Mounts Bay Harriers	W45	1	46	35	7	1	46	11

374	191	Lucy	Woolley	Womens Running Network	W35	1	46	36	14	1	46	03
375	128	Anthony	Lambert	Unattached	SM	1	46	39	128	1	46	29
376	371	Andy	Unstead	Unattached	SM	1	46	40	129	1	46	26
377	294	Adrian	Stubbs	Unattached	M50	1	46	43	38	1	46	38
378	493	Malcolm	Woodhead	Tamar Trotters	M55	1	46	49	19	1	46	22
379	978	Sean	Swales	Unattached	SM	1	46	53	130	1	46	14
380	955	Denis	Marsh	Unattached	M50	1	46	53	39	1	46	36
381	295	Adrian	Pegler	Unattached	M45	1	46	55	52	1	46	50
382	6	Irene	Thomson	Unattached	W50	1	46	56	5	1	46	19
383	709	Conrad	Stevens	Torrington A A C	SM	1	46	59	131	1	46	41
384	687	Brydie	Bray	Carn Runners	W40	1	47	01	19	1	46	30
385	291	Peter	Drew	Carn Runners	M55	1	47	01	20	1	46	31
386	803	Tracey	Davey	St Austell R C	W35	1	47	06	15	1	46	51
387	80	Kate	Hoffen	Tamar Trotters	W40	1	47	16	20	1	46	50
388	206	Loretta	Cook	Plymouth Harriers	W45	1	47	20	8	1	46	58
389	818	Robert	Oke	Unattached	M45	1	47	21	53	1	46	30
390	639	Jeremy	Lowe	Unattached	M60	1	47	35	10	1	46	50
391	850	David	Wenman	Torrington A A C	M40	1	47	35	66	1	46	51
392	484	Kevin	Stiff	Tamar Trotters	M50	1	47	36	40	1	47	08
393	373	Tina	Caunter	Teignbridge Trotters	W50	1	47	38	6	1	47	15
394	843	Richard	Windemer	Tavistock A C	M55	1	47	43	21	1	47	19
395	914	Ruth	Steward	North Devon R R	W40	1	47	44	21	1	46	35
396	238	Julie	Davison	Unattached	W40	1	47	45	22	1	47	10
397	150	Darrin	Colfer	Unattached	M40	1	47	46	67	1	47	29
398	904	Stuart	Wilson-Hammond	Bideford A A C	M45	1	47	49	54	1	47	31
399	201	David	Scott	Unattached	M40	1	47	50	68	1	47	11
400	95	Helen	Narraway-Wood	Unattached	W45	1	47	51	9	1	47	16
401	85	David	King	Launceston R R	M50	1	47	51	41	1	47	18
402	836	Nick	Day	Unattached	M45	1	47	55	55	1	46	56
403	907	Robert	Powell	Trail Running Association	SM	1	47	55	132	1	47	17
404	316	Iain	Soutar	Unattached	SM	1	47	56	133	1	46	55
405	23	Carole	Sutton	Plymouth Harriers	W40	1	48	02	23	1	47	41
406	706	Fiona	Neligan	Unattached	SL	1	48	09	24	1	47	52
407	772	Pip	Hayes	S W R R	W45	1	48	18	10	1	48	01
408	460	Steve	Wood	Unattached	M45	1	48	23	56	1	47	42
409	839	David	Watts	Unattached	M60	1	48	35	11	1	48	17
410	846	Martin	Draper	Quantock Harriers	M45	1	48	40	57	1	48	07
411	884	Cy	Margieson	Unattached	SM	1	48	40	134	1	47	26
412	250	Phil	Stevens	Unattached	M45	1	48	48	58	1	47	51
413	517	Tessa	Hearfield	Torbay A A C	W50	1	48	49	7	1	48	15
414	70	Glenda	Edwards	Les Croupiers Cardiff	W40	1	48	54	24	1	48	11
415	981	Eddie	Gray	Quantock Harriers	M40	1	48	57	69	1	48	24
416	645	Darren	Nunn	Quantock Harriers	M45	1	48	57	59	1	48	24
417	520	Ian	McLeod	D M L Running Club	M45	1	49	00	60	1	48	38
418	63	Trevor	Williams	Tavistock A C	M60	1	49	09	12	1	48	38
419	98	Andrew	Gibbons	Westbury Harriers	M40	1	49	11	70	1	48	31
420	996	K	Evans	Unattached	M50	1	49	12	42	1	48	32
421	245	Dotty	Allan	Bere Alston Trekkers	W40	1	49	13	25	1	48	52
422	854	Heather	Holland	Womens Running Network	W40	1	49	14	26	1	48	39
423	231	Philip	Spargo	Truro R C	M50	1	49	19	43	1	49	02
424	552	Andrew	Guard	Unattached	M60	1	49	24	13	1	49	17
425	676	Jan	Behnke	Bideford A A C	M45	1	49	26	61	1	48	39
426	84	Lin	Barton	Unattached	W35	1	49	29	16	1	49	22
427	489	Gilbert	Edwards	Unattached	M50	1	49	33	44	1	49	18
428	986	Edwin	Hall	Unattached	SM	1	49	35	135	1	49	22
429	384	Graham	Partridge	S W R R	M55	1	49	40	22	1	49	28
430	541	Peter	Blakesley	Unattached	M45	1	49	40	62	1	49	05
431	534	Ian	Purnell	Weston A C	SM	1	49	41	136	1	49	26
432	420	Susan	Payne	Unattached	W45	1	49	42	11	1	49	21
433	659	Mark	Aplin	St Austell R C	SM	1	49	47	137	1	49	17
434	30	Mark	Waddicor	S W R R	M65	1	49	47	2	1	49	03
435	629	Henry	Miller	Unattached	SM	1	49	47	138	1	49	27
436	807	Patrick	McGuinness	Unattached	M60	1	49	48	14	1	49	30
437	110	Anne	Smyth	Womens Running Network	W55	1	49	59	1	1	49	47
438	473	Emma	Puckey	Unattached	W35	1	50	14	17	1	49	04
439	905	Andrew	Brown	Unattached	M45	1	50	16	63	1	49	53
440	447	Dawn	White	Bitton R R	W40	1	50	22	27	1	50	12
441	432	Dave	Gapper	Bristol & West A C	M50	1	50	22	45	1	50	11
442	143	Steve	Rawlinson	Teignbridge Trotters	M50	1	50	24	46	1	49	54
443	161	Rachael	Mackenzie	Unattached	W35	1	50	25	18	1	50	12
444	1000	Andrew	Elston	Unattached	M40	1	50	28	71	1	49	41
445	48	Hilary	Collins	Womens Running Network	W50	1	50	29	8	1	50	15
446	377	Jean-Marie	Street	Unattached	W35	1	50	36	19	1	50	25
447	621	Sally	Brock	Unattached	SL	1	50	37	25	1	49	53
448	622	Mark	Brock	Weston A C	SM	1	50	37	139	1	49	53
449	195	Michael	Davey	North Devon R R	M45	1	50	42	64	1	50	23
450	454	Julie	Drayton	North Devon R R	W45	1	50	43	12	1	50	19

451	644	Jocelyn	Glover	Stroud A A C	SL	1	50	45	26	1	50	15
452	896	Peter	Childs	Unattached	M55	1	50	46	23	1	50	21
453	701	Graham	Ford	Plymouth Tri Club	M40	1	50	57	72	1	50	23
454	361	David	Kay	Unattached	SM	1	51	02	140	1	50	01
455	725	Tim	Kevan	Unattached	SM	1	51	14	141	1	50	10
456	926	Stuart	Jenkins	Unattached	SM	1	51	14	142	1	50	09
457	450	Martin	Vanstone	Unattached	SM	1	51	17	143	1	50	29
458	452	Emma	Durrant	Launceston R R	W35	1	51	19	20	1	50	30
459	57	James	Pengelly	Unattached	SM	1	51	29	144	1	50	42
460	573	Sue	Woods	Burgess Hill Runners	W35	1	51	30	21	1	51	24
461	205	Barry	Drew	Carn Runners	M60	1	51	36	15	1	51	05
462	847	Julia	Goss	Plymstock R R	W45	1	51	42	13	1	50	52
463	300	Andrew	Park	Torbay A A C	M55	1	51	46	24	1	50	52
464	290	Jennie	Sleeman	Honiton R C	W50	1	51	48	9	1	51	10
465	570	Barry	Sexton	Unattached	M60	1	51	48	16	1	51	20
466	878	John	Wright	Unattached	M45	1	51	59	65	1	51	56
467	877	Tessa	White	Unattached	SL	1	51	59	27	1	51	57
468	812	Ray	Goodright	E Cornwall Harriers	M60	1	52	01	17	1	51	03
469	58	Nigel	Bowers	E Cornwall Harriers	M45	1	52	01	66	1	51	26
470	624	Elaine	Aldworth	Womens Running Network	SL	1	52	01	28	1	51	03
471	767	Tina	Rattue	Unattached	SL	1	52	01	29	1	51	51
472	312	Antony	Daniel	Unattached	SM	1	52	04	145	1	50	59
473	743	Kim	Gilbert	Unattached	M45	1	52	04	67	1	51	38
474	167	Jane	Corkhill	Plymstock R R	W35	1	52	10	22	1	51	23
475	168	Quentin	Morris	Plymstock R R	M45	1	52	10	68	1	51	23
476	350	Andrew	Peel	Unattached	SM	1	52	11	146	1	51	18
477	894	Peter	Morton	E Cornwall Harriers	M60	1	52	16	18	1	51	23
478	637	Rebecca	Morton	E Cornwall Harriers	SL	1	52	16	30	1	51	22
479	157	Alison	Joslin	Unattached	W50	1	52	19	10	1	51	50
480	303	Julian	Lee	Unattached	M40	1	52	20	73	1	51	41
481	166	Sarah	Ingham	Teignbridge Trotters	W40	1	52	21	28	1	51	57
482	1	Jennifer	Ward	Unattached	W40	1	52	22	29	1	51	44
483	433	Deborah	Drake	Torbay A A C	W40	1	52	23	30	1	51	30
484	776	James	Fisher	Unattached	SM	1	52	27	147	1	52	17
485	141	Sarah-Jane	Mackenzie-Shapland	Unattached	SL	1	52	29	31	1	51	47
486	925	Robert	Williams	Unattached	SM	1	52	30	148	1	51	25
487	632	Lawrence	Atherton	Dawlish Coasters	M40	1	52	33	74	1	52	08
488	866	Cameron	Caverhill	Unattached	M55	1	52	38	25	1	51	54
489	107	John	Mythen	Unattached	M50	1	52	42	47	1	51	53
490	515	Oliver	Williams	Unattached	SM	1	52	52	149	1	52	18
491	782	Emma	Green	Unattached	SL	1	52	53	32	1	52	36
492	56	Robert	Myhill	Unattached	SM	1	52	54	150	1	51	50
493	686	Howard	Haynes	Hayle Runners	M70	1	52	55	1	1	52	13
494	499	Sallyann	Stonier	Minehead R C	W45	1	52	55	14	1	52	29
495	958	Simon	Winfield	Looe Pioneers	M40	1	52	56	75	1	52	40
496	882	Caroline	Ellis	Bideford A A C	W40	1	53	01	31	1	52	16
497	416	Paul	Scholfield	Teignbridge Trotters	M50	1	53	03	48	1	52	15
498	703	Stephen	Wallace	Teignbridge Trotters	M55	1	53	07	26	1	52	37
499	121	Barry	Hopper	Instinctive Sports	M65	1	53	13	3	1	52	36
500	7	Graham	Penn	Teignbridge Trotters	M50	1	53	15	49	1	53	03
501	800	Chris	Johnson	Unattached	SM	1	53	17	151	1	52	57
502	24	Simon	Griffiths	Bere Alston Trekkers	SM	1	53	18	152	1	53	14
503	892	Kaye	Allen	Bideford A A C	W40	1	53	20	32	1	52	34
504	142	Debbie	Halls	Womens Running Network	W50	1	53	27	11	1	53	18
505	912	Steve	Browne	Unattached	M50	1	53	29	50	1	52	34
506	346	Bill	Wilkins	Stephens & Son	SM	1	53	33	153	1	52	42
507	15	David	Bourn	Unattached	SM	1	53	33	154	1	52	45
508	873	Eleanor	Taylor	Teignbridge Trotters	W45	1	53	35	15	1	53	03
509	982	Anton	Luiten	E Cornwall Harriers	M45	1	53	38	69	1	53	16
510	341	Sam	Gadd	Bere Alston Trekkers	W35	1	53	40	23	1	53	34
511	999	Jason	Shipton	Tamar Trotters	SM	1	53	41	155	1	53	16
512	217	Joe	Ellis	Unattached	SM	1	53	44	156	1	52	51
513	605	Sara	Robinson	Unattached	SL	1	53	45	33	1	53	07
514	710	Belinda	Fragoso	North Devon R R	W45	1	53	49	16	1	53	06
515	307	Sharon	Bowman	Womens Running Network	W40	1	53	50	33	1	53	14
516	665	Katy	Gilbert	St Austell R C	W45	1	53	57	17	1	53	26
517	164	Andrew	Bloor	S W R R	SM	1	53	58	157	1	53	07
518	140	Hannah	Heathwood	Womens Running Network	SL	1	54	02	34	1	53	07
519	22	Tracey	Horrill	Womens Running Network	W45	1	54	14	18	1	54	03
520	21	Isobel	Waterhouse	Unattached	W45	1	54	18	19	1	53	41
521	901	Calvin	Leach	Unattached	SM	1	54	21	158	1	54	11
522	196	Louise	Martindill	North Devon R R	W35	1	54	38	24	1	53	35
523	670	John	Brown	Launceston R R	M50	1	54	40	51	1	53	52
524	155	Michael	Barnes	Unattached	M45	1	54	41	70	1	53	36
525	305	Mick	Carroll	Tamar Trotters	M65	1	54	43	4	1	54	25
526	39	Richard	Woodhouse	Unattached	SM	1	54	45	159	1	54	17
527	171	Diane	Norman	Womens Running Network	W45	1	54	47	20	1	54	14

528	391	Susan	Parkin	Unattached	W40	1	54	49	34	1	54	11
529	991	Hugo	de Rijke	E Cornwall Harriers	M40	1	54	50	76	1	53	35
530	365	Alan	Grimwood	Torbay A A C	M45	1	54	51	71	1	53	58
531	599	David	Leworthy	Unattached	SM	1	54	52	160	1	54	10
532	779	Graham	Yarwood	Unattached	M60	1	54	53	19	1	54	04
533	488	Lesley	Edwards	Unattached	W50	1	54	54	12	1	54	38
534	67	Samantha	Marshall	Bere Alston Trekkers	W40	1	54	59	35	1	54	37
535	221	Alison	Ross	E Cornwall Harriers	W45	1	55	04	21	1	54	46
536	750	Katie	Smyth	Womens Running Network	SL	1	55	07	35	1	54	50
537	280	Jane	Kennedy	Womens Running Network	W50	1	55	09	13	1	54	52
538	886	Linda	Eastmond	Bideford A A C	W40	1	55	17	36	1	54	31
539	673	Wendy	Wells	Womens Running Network	W35	1	55	27	25	1	54	24
540	262	Claire	Rowe	Teignbridge Trotters	W35	1	55	35	26	1	54	47
541	50	Sue	Westle	Womens Running Network	W40	1	55	44	37	1	55	19
542	865	Alan	Rowe	Honiton R C	M55	1	55	46	27	1	55	07
543	75	Morag	Ford	Unattached	W45	1	55	51	22	1	55	10
544	574	Ray	Woods	Unattached	M40	1	55	53	77	1	55	47
545	768	Pam	Adams	Bere Alston Trekkers	W40	1	56	02	38	1	55	51
546	567	Ben	Preston	Unattached	SM	1	56	02	161	1	55	38
547	880	Rachael	Darby	Tamar Trotters	W40	1	56	06	39	1	55	38
548	17	Pauline	Beare	Womens Running Network	W50	1	56	08	14	1	55	44
549	281	Caroline	Pick	Unattached	W40	1	56	09	40	1	55	51
550	325	Jo	Earlam	Womens Running Network	W40	1	56	17	41	1	55	25
551	288	Megan	Richards	Womens Running Network	W35	1	56	22	27	1	56	06
552	359	Laura	Browne	Unattached	SL	1	56	47	36	1	56	16
553	456	Gerry	Floyd	Unattached	M50	1	56	55	52	1	56	21
554	810	Estelle	Sherlock	Womens Running Network	SL	1	56	57	37	1	56	20
555	402	Raymond	Williams	Unattached	M45	1	57	03	72	1	56	03
556	400	Helen	Williams	Unattached	W35	1	57	03	28	1	56	04
557	480	Stacey	Bosley	Unattached	SL	1	57	06	38	1	56	35
558	997	Unknown	Runner	Unattached	SM	1	57	11	162	1	56	37
559	657	Marilyn	Mitchell	St Austell R C	W60	1	57	18	1	1	56	44
560	302	Donna	Wolstenholme	Womens Running Network	SL	1	57	36	39	1	57	03
561	209	Victoria	Williams	Womens Running Network	W50	1	57	42	15	1	57	32
562	471	Nicola	Collins	Truro R C	SL	1	57	44	40	1	57	32
563	100	Anne	Thorne	Womens Running Network	W35	1	57	48	29	1	57	38
564	555	Rita	Hoile	E Cornwall Harriers	W55	1	57	50	2	1	56	39
565	614	Simon	Nobbs	Tamar Trotters	M50	1	57	57	53	1	57	17
566	565	Rachel	Leverton	Unattached	SL	1	57	58	41	1	57	33
567	451	Keith	Zimmerman	Unattached	M40	1	58	04	78	1	57	08
568	566	Fiona	Molligoda	Unattached	SL	1	58	15	42	1	57	49
569	580	Mary	Sargeant	Bere Alston Trekkers	W55	1	58	25	3	1	57	34
570	482	Michelle	Holroyd	Unattached	SL	1	58	30	43	1	58	00
571	46	Stephen	Tricker	Unattached	SM	1	58	37	163	1	57	55
572	226	Helen	Endacott	Tamar Trotters	W50	1	58	39	16	1	58	20
573	795	Annie	Foot	Womens Running Network	W60	1	58	45	2	1	58	35
574	214	Wendy	Dale	Womens Running Network	W45	1	58	45	23	1	57	43
575	139	Sophie	Hayward	Womens Running Network	SL	1	58	58	44	1	58	32
576	666	Vanessa	Knowles	Womens Running Network	W45	1	59	05	24	1	58	29
577	474	Sonya	Gibbs	Womens Running Network	W40	1	59	12	42	1	58	04
578	625	Paul	Walters	Plymouth Harriers	SM	1	59	12	164	1	58	56
579	533	Victoria	Brookes	Unattached	W35	1	59	18	30	1	58	33
580	353	Anna	Yeandle	Womens Running Network	SL	1	59	18	45	1	59	02
581	860	Janet	Regan	Unattached	W35	1	59	27	31	1	58	48
582	419	Ben	Munro	Unattached	M40	1	59	33	79	1	58	36
583	162	Iwan	Bouton	Unattached	SM	1	59	35	165	1	59	20
584	913	Carolyn	van Montford	Unattached	W35	1	59	38	32	1	58	43
585	77	Lesley	Badock	D M L Running Club	W45	1	59	44	25	1	58	59
586	212	Jo	Thorn	Plymouth Harriers	SL	1	59	44	46	1	59	00
587	108	Bridget	Merrett	Womens Running Network	W50	1	59	49	17	1	58	53
588	538	Sue	Cullum	Unattached	W45	1	59	51	26	1	58	47
589	358	Martin	Stott	Unattached	M40	2	00	01	80	1	58	51
590	12	Caroline	Hannon	Unattached	W40	2	00	04	43	1	59	51
591	688	Bernard	McPhail	Unattached	SM	2	00	08	166	1	59	21
592	909	Ellen	Yeates	Unattached	SL	2	00	10	47	1	59	22
593	942	Sarah	White	Stubbington Green Runners	W35	2	00	17	33	1	59	23
594	717	Rich	Townsend	Unattached	SM	2	00	26	167	1	59	15
595	728	Jeremy	Richards	Unattached	SM	2	00	29	168	1	59	28
596	461	Declan	Rogers	Wells City Harriers	M40	2	00	37	81			
597	329	Christine	Rive	Womens Running Network	W55	2	00	44	4	2	00	07
598	874	Jacqueline	Fuller	Unattached	W40	2	00	54	44	2	00	22
599	210	Mary-Bridget	Flynn-Samuels	Tavistock A C	W40	2	00	54	45	1	59	53
600	469	Rachel	Russell	Womens Running Network	W35	2	00	55	34	1	59	46
601	470	Tanya	Rendle	Womens Running Network	W35	2	00	55	35	1	59	46
602	314	John	Crompton	Unattached	SM	2	00	59	169	2	00	10
603	223	Hugh	Myott	Tavistock A C	M45	2	01	06	73	2	00	11
604	293	Nancy	Dowling	Womens Running Network	W55	2	01	08	5	2	00	10

605	324	Stephanie	Reynolds	Truro R C	W45	2	01	20	27	2	00	32
606	459	Sheila	Houghton	Tavistock A C	W55	2	01	31	6	2	00	42
607	408	Kate	Pufahl	Unattached	SL	2	01	32	48	2	01	04
608	122	Margaret	Waterer	Womens Running Network	W55	2	01	34	7	2	00	59
609	395	Mick	Allen	Sidmouth R C	M65	2	01	36	5	2	01	15
610	421	Deborah	Gamble	Truro R C	W40	2	01	39	46	2	00	51
611	615	Deirdre	Dillon	Tamar Trotters	SL	2	01	40	49	2	01	00
612	127	Leah	Harper	Womens Running Network	W35	2	01	41	36	2	01	17
613	297	Wendy	Klein	Womens Running Network	W40	2	01	47	47	2	01	08
614	784	Steve	Reynolds	Unattached	SM	2	01	49	170	2	01	08
615	103	Sue	Burges	Launceston R R	W55	2	01	50	8	2	01	30
616	662	Susan	Mellis	St Austell R C	W55	2	01	58	9	2	01	26
617	547	Pienaar	Van Rensburg	Unattached	M50	2	02	02	54	2	01	27
618	546	Kate	Van Rensburg	Womens Running Network	SL	2	02	02	50	2	01	26
619	861	Tim	Richards	North Devon R R	M55	2	02	05	28	2	01	03
620	114	Roberta	Richardson	Plymouth Harriers	W40	2	02	05	48	2	01	21
621	68	Christine	McGhee	Plymouth Harriers	W40	2	02	06	49	2	01	21
622	540	Angie	Blakesley	Womens Running Network	W40	2	02	07	50	2	01	30
623	106	Veronica	Newport-Tucker	Womens Running Network	W40	2	02	18	51	2	02	02
624	759	Ken	Hawkins	Southampton R C	M65	2	02	22	6	2	01	17
625	220	Lucie	Luke	Tavistock A C	SL	2	02	24	51	2	02	01
626	900	Trevor	Cope	Exmouth Harriers	M50	2	02	36	55	2	02	25
627	304	Pam	Carroll	Tamar Trotters	W60	2	02	38	3	2	01	48
628	888	David	Mellor	Bideford A A C	M60	2	02	44	20	2	01	28
629	409	Katy	Tucker	Unattached	W35	2	02	47	37	2	01	47
630	410	Steven	Tucker	Unattached	M40	2	02	47	82	2	01	47
631	561	Patrick	Blake	Unattached	M40	2	03	04	83	2	02	22
632	521	Sarah	Blundell	Womens Running Network	W45	2	03	08	28	2	02	04
633	284	Ben	Silk	Unattached	SM	2	03	10	171	2	02	18
634	528	Liz	Warner	Bideford A A C	W35	2	03	10	38	2	02	32
635	829	Paul	Martin	Unattached	SM	2	03	24	172	2	02	21
636	267	Kate	Doodson	Unattached	W35	2	03	32	39	2	02	40
637	396	Siobhan	Fisher	Womens Running Network	W35	2	03	32	40	2	02	41
638	352	Helen	Gardner	Womens Running Network	W35	2	03	32	41	2	02	41
639	44	Karl	Stringer	North Devon R R	SM	2	03	37	173	2	03	03
640	869	Carole	Green	Tamar Trotters	W45	2	03	48	29	2	03	29
641	332	Jackie	Bowden	Hayle Runners	W45	2	03	53	30	2	03	46
642	331	Kathryn	Osborn	Hayle Runners	W45	2	03	53	31	2	03	46
643	993	Emma	Gooding	Torrington A A C	W35	2	03	54	42	2	03	05
644	594	Adele	Eastman	Unattached	SL	2	03	58	52	2	03	35
645	374	David	Reed	Unattached	M55	2	04	01	29	2	02	56
646	527	Michael	Floyd	Duncairn Nomads	M55	2	04	02	30	2	03	30
647	286	Pamela	Coles	Unattached	W35	2	04	03	43	2	03	53
648	715	Claire	Foulds	North Devon R R	W40	2	04	14	52	2	03	47
649	505	Joanna	Becker	Teignbridge Trotters	W40	2	04	17	53	2	03	45
650	805	Jennifer	Bye	Unattached	SL	2	04	20	53	2	03	51
651	936	Hilary	Mortimer	Torrington A A C	W50	2	04	22	18	2	03	32
652	326	David	Anderson	Unattached	M55	2	04	22	31	2	04	03
653	959	Colin	Huett	Unattached	M50	2	04	24	56	2	03	27
654	607	Jayne	McKenzie-Smith	S Molton Strugglers	W45	2	04	42	32	2	03	52
655	733	Tracey	Moore	Torrington A A C	W40	2	04	43	54	2	04	02
656	862	Jenny	Wood	Womens Running Network	SL	2	04	45	54	2	04	06
657	623	Clare	Scott	Unattached	W40	2	04	54	55	2	03	48
658	740	Lesley	Wilmington	S W R R	W45	2	04	56	33	2	04	04
659	757	Molly	McEwan	S W R R	SL	2	04	58	55	2	04	07
660	545	Susan	Van Rensburg	Womens Running Network	W45	2	05	06	34	2	04	30
661	99	Richard	Warne	Plymouth Harriers	M50	2	05	10	57	2	04	54
662	266	Margaret	Bullen	Truro R C	W55	2	05	16	10	2	05	09
663	671	Emma	Hill	Unattached	W35	2	05	18	44	2	04	21
664	175	Jonathan	Silk	Unattached	M55	2	05	29	32	2	04	37
665	675	Anna	Lacey	Bideford A A C	W35	2	05	32	45	2	04	49
666	342	James	Allen	Unattached	SM	2	05	39	174	2	04	53
667	424	Philippa	Pounder	Womens Running Network	W35	2	06	02	46	2	05	24
668	79	Dave	Dobson	Launceston R R	M50	2	06	04	58	2	05	20
669	78	Julie	Nuta	Womens Running Network	W35	2	06	07	47	2	05	22
670	34	Becky	Prideaux	Launceston R R	SL	2	06	16	56	2	05	28
671	679	Jacky	Massos	Womens Running Network	W45	2	06	19	35	2	05	52
672	794	Sue	Colbourne	Womens Running Network	W45	2	06	22	36	2	06	12
673	911	Helen	Rule	St Austell R C	SL	2	06	24	57	2	05	53
674	966	Simon	Graham	Unattached	SM	2	06	29	175	2	06	01
675	895	Jane	Coleman	Unattached	M40	2	06	30	84	2	05	17
676	539	Jim	Bennet	Tamar Trotters	M65	2	06	30	7	2	05	18
677	933	Diane	Chavasse	Unattached	W40	2	06	31	56	2	05	50
678	597	Philippa	Allom	Unattached	W45	2	06	53	37	2	06	00
679	62	Marion	Playle	Tavistock A C	W45	2	06	54	38	2	05	53
680	333	Mike	Coogan	Unattached	M45	2	06	56	74	2	05	57
681	616	Andy	Page	Tamar Trotters	SM	2	07	07	176	2	06	27

682	714	Jennie	Stevenson	Unattached	W35	2	07	11	48	2	06	11
683	672	Lisa	Whitaker	Quantock Harriers	W40	2	07	11	57	2	06	10
684	149	Lesley	Cowie	Tavistock A C	W45	2	07	12	39	2	06	11
685	385	Sarah	Ridout	Womens Running Network	SL	2	07	15	58	2	06	48
686	310	Rebecca	Sargent	Tavistock A C	W45	2	07	16	40	2	06	14
687	273	Jenny	Chapman	Unattached	W50	2	07	17	19	2	07	06
688	413	Cara	Stoneman	Womens Running Network	W35	2	07	33	49	2	06	27
689	636	Emma	Brian	Womens Running Network	SL	2	07	36	59	2	06	33
690	130	Rachel	Burrow	Sidmouth R C	W45	2	07	37	41	2	07	28
691	815	Claire	Venn	Torrington A A C	SL	2	07	41	60	2	06	58
692	857	Helen	Simmonds	Unattached	W35	2	07	43	50	2	06	38
693	575	Laraine	Gibbins	Unattached	W40	2	07	44	58	2	07	09
694	211	Anna	West	Unattached	SL	2	07	44	61	2	06	59
695	138	Susie	Harding	Unattached	SL	2	07	46	62	2	07	17
696	514	Jackie	Kirby	Womens Running Network	W50	2	07	56	20	2	06	56
697	595	Rod	Eastman	Unattached	M60	2	07	57	21	2	07	34
698	406	Andrea	Loopstra	E Cornwall Harriers	W45	2	07	58	42	2	07	00
699	330	Karen	Morgan	Womens Running Network	W45	2	08	00	43	2	07	23
700	695	Heléne	Bond	Womens Running Network	W40	2	08	01	59	2	07	02
701	301	Bridget	Funnell	Unattached	W55	2	08	15	11	2	07	37
702	726	Lois	Vickers	Bideford A A C	W55	2	08	15	12	2	07	09
703	225	Chris	Hansen	Unattached	M45	2	08	30	75	2	08	02
704	224	Deveraux	Hills	Unattached	M50	2	08	30	59	2	08	02
705	158	Bob	Richards	Unattached	M55	2	08	42	33	2	07	58
706	446	Marie	Jones	Dartmouth A A C	W55	2	08	46	13	2	07	39
707	777	Claire	Bone	Bideford A A C	W40	2	09	02	60	2	08	06
708	587	Kerry	Ware	Unattached	SL	2	09	09	63	2	08	39
709	311	Beryl	Daniel	Unattached	SL	2	09	19	64	2	08	15
710	612	Julie	Shapland	S Molton Strugglers	SL	2	09	29	65	2	08	34
711	613	Stan	Colman	Unattached	M55	2	09	29	34	2	08	34
712	382	Shane	Prideaux	Unattached	SM	2	09	37	177	2	09	19
713	851	Helen	Honor	Unattached	W35	2	09	43	51	2	09	00
714	338	Judith	Lew	Unattached	W55	2	09	45	14	2	09	08
715	13	Julie	Wheeler	Unattached	W40	2	10	00	61	2	09	46
716	859	Katie	Pratt	Unattached	SL	2	10	01	66	2	09	22
717	588	Amanda	Milverton	Teignbridge Trotters	W40	2	10	04	62	2	09	13
718	849	Amanda	Andrews	Torrington A A C	W40	2	10	07	63	2	09	17
719	797	Margaret	Zaharia	Torrington A A C	W35	2	10	12	52	2	09	31
720	793	Elizabeth	Harris	Unattached	W40	2	10	12	64	2	09	31
721	126	Tracey	Stronghill	Womens Running Network	W40	2	10	13	65	2	09	35
722	41	Steve	John	Tavistock A C	M55	2	10	14	35	2	09	13
723	323	Penny	Sexton	Womens Running Network	SL	2	10	31	67	2	10	03
724	716	Debbie	Hancock	St Austell R C	W35	2	10	36	53	2	09	25
725	970	Susan	Cox	Unattached	W40	2	10	44	66	2	09	42
726	253	Louise	Allen	Truro R C	W45	2	11	11	44	2	10	22
727	780	Barbara	Potts	Unattached	W50	2	11	11	21	2	10	25
728	45	Andrew	Alcock	Unattached	M40	2	11	19	85	2	10	25
729	856	?	Cole	Womens Running Network	SL	2	11	27	68	2	11	18
730	465	Isobel	Hemmings	Womens Running Network	SL	2	11	33	69	2	11	22
731	296	Clare	Melbourne	Womens Running Network	SL	2	11	38	70	2	11	26
732	802	David	Griffiths	Unattached	M50	2	11	41	60	2	11	12
733	315	Jolyn	Reincke	Unattached	SL	2	11	53	71	2	10	48
734	684	Paul	Tappenden	Unattached	M50	2	11	56	61	2	11	00
735	634	Elena	Gaskell	Unattached	W45	2	12	38	45	2	11	52
736	92	Sue	Holder	Unattached	W50	2	12	40	22	2	11	43
737	464	Nicky	Corbett	Womens Running Network	W35	2	12	42	54	2	12	08
738	379	Sharon	Cooper	Womens Running Network	W35	2	12	44	55	2	12	11
739	796	Marilyn	Spurr	S W R R	W60	2	12	47	4	2	11	49
740	798	Lisa	Rogers	Unattached	SL	2	12	48	72	2	11	40
741	799	Michelle	Johnson	Unattached	W35	2	12	49	56	2	11	41
742	554	Tamsin	Lewis	Unattached	SL	2	12	51	73	2	12	06
743	609	Angela	Taffs	Torrington A A C	W40	2	13	05	67	2	12	23
744	478	Simon	Coulson	Dawlish Coasters	SM	2	13	15	178	2	12	51
745	778	Anne	Pennington	Unattached	W45	2	13	22	46	2	12	36
746	4	Yvonne	Gilbert	Womens Running Network	W50	2	13	22	23	2	12	17
747	248	Dawn	Stevens	Unattached	W45	2	13	24	47	2	12	11
748	627	Tracy	Lindsell	Womens Running Network	W40	2	13	41	68	2	12	44
749	405	Ruth	Henry	Unattached	W45	2	13	47	48	2	12	40
750	173	Sarah	Rogers	S Molton Strugglers	W35	2	13	47	57	2	12	58
751	881	Sarah	Giddy	Unattached	W40	2	13	48	69	2	13	01
752	813	Wendy	Shambrook	Torrington A A C	W35	2	13	54	58	2	13	12
753	274	Deborah	Shenton	Tamar Trotters	W45	2	14	03	49	2	13	44
754	557	Dianne	Reynolds	Womens Running Network	W60	2	14	07	5	2	13	03
755	71	Kenneth	Kay	Tavistock A C	M60	2	14	14	22	2	13	32
756	264	Janet	Denham	Womens Running Network	W40	2	14	15	70	2	14	04
757	271	Nicky	Brace	Womens Running Network	SL	2	14	17	74	2	13	49
758	591	Julie	Wood	Hayle Runners	W35	2	14	22	59	2	13	58

759	236 Tracey	Strawbridge	Honiton R C	W35	2	14	51	60	2	13	54
760	453 Babette	Jackson	Unattached	W45	2	15	17	50	2	14	15
761	401 Mary	Lamont	Unattached	W40	2	15	33	71	2	14	34
762	885 Tracy	Vaggers	Tamar Trotters	W40	2	15	37	72	2	14	47
763	160 Rebecca	Layman	Unattached	SL	2	16	22	75	2	15	51
764	537 Andrew	Forrester	Unattached	M50	2	16	26	62			
765	282 Mary	Allen	Womens Running Network	W35	2	16	34	61	2	15	56
766	172 Claire	Waite	Womens Running Network	W50	2	16	46	24	2	16	12
767	485 Richard	Ward	Unattached	M40	2	17	11	86	2	16	30
768	445 Caroline	Greenleaf	Unattached	W40	2	17	24	73	2	16	35
769	502 Beth	Scorer	Unattached	SL	2	17	27	76	2	16	49
770	3 Helen	Warren	Womens Running Network	W40	2	17	36	74	2	16	32
771	519 Donna	Marriott	North Devon R R	SL	2	18	21	77	2	17	41
772	961 Helen	Flanagan	Unattached	W40	2	18	21	75	2	17	37
773	249 Susan	Friend	Unattached	W35	2	18	44	62	2	17	31
774	344 Roger	Bartlett	Unattached	SM	2	19	07	179	2	17	59
775	746 Diana	Barker	Womens Running Network	W50	2	19	15	25	2	18	16
776	319 Phillip	Dale	Unattached	SM	2	19	28	180	2	18	50
777	176 Alison	Pace	Tamar Trotters	W45	2	19	39	51	2	18	32
778	59 Mary	Bowers	E Cornwall Harriers	W45	2	19	39	52	2	18	32
779	589 Penny	Clapham	Teign Valley R C	W60	2	20	42	6	2	19	456
780	81 Dominique	Roberts	Hayle Runners	W50	2	21	48	26	2	20	44
781	86 Elizabeth	Thierens	Hayle Runners	W55	2	21	48	15	2	20	45
782	131 Julia	Wassall	Womens Running Network	W45	2	22	00	53	2	21	26
783	651 Darren	Hambly	St Austell R C	SM	2	22	20	181	2	21	48
784	586 David	Morgan	Unattached	M60	2	23	45	23	2	23	14
785	828 Charles	Gough	Bracknell Bounders	M50	2	23	46	63	2	22	36
786	824 Charlie	Grylls	Unattached	SM	2	23	46	182	2	23	39
787	152 Deborah	Vojkovic	Unattached	W45	2	23	47	54	2	22	41
788	910 Kate	Jones	Unattached	SL	2	23	56	78	2	23	18
789	995 Tara	Hodgkinson	Torrington A A C	W45	2	24	01	55	2	23	20
790	429 Nichola	McCulloch	Torrington A A C	W35	2	24	01	63	2	23	20
791	136 Carolyn	Dawe	Unattached	W45	2	24	08	56	2	23	02
792	893 Sonny	Perez	Unattached	SM	2	24	12	183	2	23	57
793	858 Paul	Vachon	Unattached	M55	2	24	13	36	2	23	05
794	83 Stephanie	Harris	City of Salisbury A & R	SL	2	24	37	79	2	24	25
795	154 Vivenne	Barnes	Unattached	W50	2	24	56	27	2	23	50
796	117 Liz	Day	Unattached	SL	2	25	00	80	2	23	50
797	979 Chloe	Boyes	Unattached	SL	2	25	41	81	2	25	11
798	40 Ann	Woodhouse	Tavistock A C	W60	2	25	53	7	2	24	46
799	124 Jane	Forder	Tamar Trotters	W35	2	26	05	64	2	25	47
800	125 Lyn	Coffman	Tamar Trotters	W35	2	26	05	65	2	25	47
801	501 Lucyann	Hextall	Unattached	SL	2	26	35	82	2	26	08
802	592 Melanie	Hooper	Hayle Runners	W35	2	26	55	66	2	26	31
803	230 Calvin	Town	Unattached	M55	2	27	14	37	2	26	19
804	823 Willow	Grylls	Unattached	SL	2	28	11	83	2	28	04
805	770 Holly	Haywood	Unattached	SL	2	28	13	84	2	27	03
806	771 Matthew	Haywood	Unattached	SM	2	28	13	184	2	27	03
807	35 Jo	Duff	Womens Running Network	W40	2	28	16	76	2	27	10
808	25 Jane	Wilson	Unattached	W35	2	28	16	67	2	27	10
809	984 Andrew	Smith	Unattached	SM	2	28	58	185	2	28	00
810	837 Alan	Davies	Bideford A A C	M55	2	29	13	38	2	27	59
811	649 Michael	Sharpe	Minehead R C	M60	2	29	56	24	2	28	43
812	976 Heike	O'Neill	North Devon R R	W55	2	29	59	16	2	29	19
813	153 Ruth	Walker	Unattached	W55	2	30	17	17	2	29	13
814	89 Alison	Orchard	Womens Running Network	W50	2	30	51	28	2	29	52
815	477 Rebecca	Coulson	Womens Running Network	W35	2	31	45	68	2	30	41
816	426 Marion	Witham	Teignbridge Trotters	W55	2	31	55	18	2	31	05
817	467 Nicky	Quant	S W R R	W40	2	32	39	77	2	31	47
818	468 Julia	Livett	Unattached	W35	2	32	39	69	2	31	48
819	511 Sue	Court	Tamar Trotters	W35	2	34	21	70	2	33	11
820	483 Tracy	Stiff	Tamar Trotters	W45	2	34	23	57	2	33	14
821	734 Lorna	Wood	Falmouth R R	W55	2	34	27	19	2	33	20
822	246 Julia	Crimmins	Womens Running Network	W50	2	35	19	29	2	34	14
823	435 Yvonne	Gibbs	Unattached	W35	2	36	17	71	2	35	10
824	327 Sarah	Nesbitt	Womens Running Network	W50	2	38	28	30	2	37	24
825	946 Bill	Cook	Tamar Trotters	M40	2	41	14	87	2	40	31
826	38 Simon	Cartwright	Unattached	SM	2	43	17	186	2	42	20
827	931 Shaun	Dooner	South West Veterans A C	M70	2	44	56	2	2	43	56
828	32 Susan	Marks	Unattached	W45	2	46	48	58			
829	29 Susan	Rowe	Unattached	W50	2	46	48	31			
830	487 Chris	White	Falmouth R R	M60	2	48	08	25	2	47	01
831	579 Pauline	Newsholme	Teignbridge Trotters	W60	2	54	25	8	2	53	50

Senior Men's Teams

1	S. Gallienne, M. Jenkin, D. Mapp, S. Turner	Bideford A A C	67 pts
2	J. Sidebotham, D. Alsop, P. Bestwick, A. Tregaskes	St Austell R C	310 pts

3	N. Chislett, N. Damerell, L. Taylor, P. Duffy	Plymouth Harriers	597 pts
4	J. Cole, A. Vernon, K. England, T. Brooks	Tavistock A C	641 pts
5	M. Phillips, ?. Sanders, R. Wilkins, J. Kinsman	North Devon R R	917 pts
6	A. Pollard, P. Pollard, J. Shipton, A. Page	Tamar Trotters	1385 pts

Ladies' Teams

1	S. Bord, H. Anthony, S. Beare	Womens Running Network	794 pts
2	A. Yetton, S. Clift, J. Thorn	Plymouth Harriers	997 pts
3	E. Aldworth, H. Heathwood, K. Smyth	Womens Running Network 'B'	1524 pts
4	E. Sherlock, D. Wolstenholme, S. Hayward	Womens Running Network 'C'	1689 pts
5	A. Yeandle, K. Van Rensburg, J. Wood	Womens Running Network 'D'	1854 pts
6	S. Ridout, E. Brian, P. Sexton	Womens Running Network 'E'	2097 pts

Veterans Teams

1	D. Braunton, M. Colwill, C. Stone, M. Gilbert	Bideford A A C	139 pts
2	D. Porter, A. Cooper, D. Turner, N. Mitchell	Truro R C	176 pts
3	E. Taylor, T. Vesty, J. Kent, A. Mansfield	North Devon R R	330 pts
4	M. Roberts, G. Player, G. Pearce, D. Alsop	St Austell R C	355 pts
5	I. Teague, D. Moulder, P. Daniel, P. Williams	S W R R	355 pts
6	A. McLaren, S. Philips, M. Cockwill, A. Warner	Bideford A A C 'B'	453 pts

Ladies Veterans Teams

1	W. Urban, C. Fewings, T. Hearfield, .	Torbay A A C	605 pts
2	T. Elphick, C. Youngman, B. Scholfield, .	Teignbridge Trotters	643 pts
3	J. Swift, S. Sharland, Y. Cock, .	Womens Running Network	654 pts
4	J. Knowles, J. Ritchie, B. Bray, .	Carn Runners	658 pts
5	A. Luke, F. Phelps, K. Hoffen, .	Tamar Trotters	741 pts
6	V. Skelton, B. Nicol, R. Steward, .	North Devon R R	752 pts

Ladies Overall

1	635 Helen	Parkinson	Torbay A A C	SL	1	20	29
2	962 Anne	Luke	Tamar Trotters	W50	1	23	48
3	669 Donna	Hillman	Cornwall A C	W35	1	24	34
4	774 Stephanie	Martin	Newquay R R	W40	1	24	35
5	535 Juliet	Knowles	Carn Runners	W35	1	26	02
6	232 Wendy	Urban	Torbay A A C	W40	1	26	26
7	239 Sarah	Costin	Notts A C	SL	1	27	10
8	906 Emma	Dennis	Unattached	SL	1	27	25
9	929 Vicky	Skelton	North Devon R R	W40	1	27	45
10	322 Jaine	Swift	Womens Running Network	W35	1	28	52

M40

1	289 Steven	Brookes	Tamar Trotters	M40	1	17	57
2	819 David	Braunton	Bideford A A C	M40	1	18	50
3	730 Martin	Colwill	Bideford A A C	M40	1	21	52
4	937 Chris	Stone	Bideford A A C	M40	1	22	21
5	119 Nigel	Ward	Tavistock A C	M40	1	22	40
6	765 Jeffrey	Butler	Epsom & Ewell Harriers	M40	1	23	28

M45

1	398 Kerry	Roberts	Tiverton Harriers	M45	1	19	07
2	735 Jonathan	Gore	Unattached	M45	1	19	38
3	182 Mike	Hansen	Erme Valley Harriers	M45	1	21	40
4	871 David	Golden	Unattached	M45	1	23	39
5	998 Steve	Hay	Torrington A A C	M45	1	23	44
6	372 Ian	Teague	S W R R	M45	1	24	15

M50

1	964 Eddie	Taylor	North Devon R R	M50	1	21	50
2	863 Malcolm	Roberts	St Austell R C	M50	1	23	34
3	381 David	Worcester	Chichester Runners	M50	1	25	34
4	367 Gary	Watson	Unattached	M50	1	29	03
5	399 David	Moulder	S W R R	M50	1	29	24
6	354 David	King	South West Veterans A C	M50	1	30	08

M55

1	737 Allan	Cooper	Truro R C	M55	1	24	51
2	698 Arthur	Johns	Poole Runners	M55	1	25	28
3	340 Jim	Jennings	Torrington A A C	M55	1	26	49

4	611 Ian	Dart	Plymouth Harriers	M55	1	28	04
5	630 Mike	Beattie	Plymouth Harriers	M55	1	28	49
6	389 Mike	Kestle	Newquay R R	M55	1	29	06

M60

1	922 Maurice	Cockwill	Bideford A A C	M60	1	30	29
2	654 Doug	Alsop	St Austell R C	M60	1	31	52
3	518 Ray	Brown	Torbay A A C	M60	1	41	04
4	163 Ian	Mackenzie	Unattached	M60	1	42	18
5	755 Chris	Sowden	Unattached	M60	1	43	13
6	222 Alan	Littlejohns	Launceston R R	M60	1	44	22

M65

1	476 Bryan	Hayes	Teignbridge Trotters	M65	1	39	29
2	30 Mark	Waddicor	S W R R	M65	1	49	47
3	121 Barry	Hopper	Instinctive Sports	M65	1	53	13
4	305 Mick	Carroll	Tamar Trotters	M65	1	54	43
5	395 Mick	Allen	Sidmouth R C	M65	2	01	36
6	759 Ken	Hawkins	Southampton R C	M65	2	02	22

M70

1	686 Howard	Haynes	Hayle Runners	M70	1	52	55
2	931 Shaun	Dooner	South West Veterans A C	M70	2	44	56

W35

1	669 Donna	Hillman	Cornwall A C	W35	1	24	34
2	535 Juliet	Knowles	Carn Runners	W35	1	26	02
3	322 Jaine	Swift	Womens Running Network	W35	1	28	52
4	940 Tracy	Elphick	Teignbridge Trotters	W35	1	35	10
5	564 Karen	Watkins	Dawlish Coasters	W35	1	38	17
6	934 Suzy	Claridge	Sevenoaks A C	W35	1	40	48

W40

1	774 Stephanie	Martin	Newquay R R	W40	1	24	35
2	232 Wendy	Urban	Torbay A A C	W40	1	26	26
3	929 Vicky	Skelton	North Devon R R	W40	1	27	45
4	620 Sharon	Daw	E Cornwall Harriers	W40	1	30	48
5	617 Catherine	Fewings	Torbay A A C	W40	1	32	33
6	403 Steph	Olliffe	Torrington A A C	W40	1	36	26

W45

1	608 Kathryn	Hough	S W R R	W45	1	35	57
2	560 Janet	Ritchie	Carn Runners	W45	1	38	23
3	148 Judy	Davey	Honiton R C	W45	1	39	55
4	833 Lorraine	Clements	Bideford A A C	W45	1	42	10
5	685 Lynne	Parkinson	Forest of Dean A C	W45	1	42	17
6	790 Alison	Ford	Unattached	W45	1	45	57

W50

1	962 Anne	Luke	Tamar Trotters	W50	1	23	48
2	328 Sharon	Sharland	Womens Running Network	W50	1	41	34
3	992 Marjet	Patterson	Torrington A A C	W50	1	43	40
4	335 Jacky	Tyler	E Cornwall Harriers	W50	1	46	10
5	6 Irene	Thomson	Unattached	W50	1	46	56
6	373 Tina	Caunter	Teignbridge Trotters	W50	1	47	38

W55

1	110 Anne	Smyth	Womens Running Network	W55	1	49	59
2	555 Rita	Hoile	E Cornwall Harriers	W55	1	57	50
3	580 Mary	Sargeant	Bere Alston Trekkers	W55	1	58	25
4	329 Christine	Rive	Womens Running Network	W55	2	00	44
5	293 Nancy	Dowling	Womens Running Network	W55	2	01	08
6	459 Sheila	Houghton	Tavistock A C	W55	2	01	31

W60

1	657 Marilyn	Mitchell	St Austell R C	W60	1	57	18
2	795 Annie	Foot	Womens Running Network	W60	1	58	45
3	304 Pam	Carroll	Tamar Trotters	W60	2	02	38

4	796 Marilyn	Spurr	S W R R	W60	2	12	47
5	557 Dianne	Reynolds	Womens Running Network	W60	2	14	07
6	589 Penny	Clapham	Teign Valley R C	W60	2	20	42

Results should be available on www.raceahead.net as soon as possible