



Bideford 10 Miler 4th November, 2012

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R.T. Marke & Co. Ltd., Chartered Accountants,
Raising money for the North Devon Hospice**

Pos	No.	First Name	Surname	Club	Cat	Time	Cat Pos
1	216	Steve	Gallienne	Bideford AAC	SM	55	17
2	248	Ronnie	Richmond	North Devon Road Runners	SM	57	52
3	16	Milan	Goc	Sidmouth Running Club	SM	59	18
4	23	Justin	Ashby	Sidmouth Running Club	M40	59	34
5	127	Roger	Voaden	Okehampton Running Club	M45	1 00	55
6	57	Thomas	Stokes	South West Road Runners	SM	1 01	00
7	82	Gary	Suggate	Bideford AAC	M40	1 01	05
8	253	Carl	Mott	Unattached	SM	1 01	19
9	3	Mike	Dowrick	Hayle Runners	M40	1 01	22
10	83	Simon	Swift	Erme Valley Harriers	M40	1 01	59
11	84	Jaine	Swift	Erme Valley Harriers	W40	1 02	02
12	169	James	Murray	Bideford AAC	M40	1 02	03
13	186	Jamie	Blackman	Bideford AAC	SM	1 02	10
14	2	Simon	Goodman	South Molton Strugglers	M40	1 02	44
15	268	Matthew	Brown	Erme Valley Harriers	SM	1 03	18
16	211	Steven	Bauress	Army	SM	1 04	00
17	64	Paul	Cooke	South Molton Strugglers	SM	1 04	03
18	195	Steven	Turner	Bideford AAC	M40	1 04	37
19	258	Stephen	Skinner	Unattached	SM	1 04	41
20	177	Andrew	Pearson	Bideford AAC	M40	1 05	10
21	59	Alison	Thorn	Erme Valley Harriers	W35	1 05	12
22	122	Steven	Sage	Unattached	SM	1 05	15
23	205	Carl	Holliman	Unattached	SM	1 05	54
24	159	Bryan	Friend	Okehampton Running Club	M45	1 05	59
25	63	Walter	Andrews	Tiverton Harriers	M55	1 06	17
26	98	James	Pugsley	Bideford AAC	M20	1 06	42
27	138	Neale	Jarrett	Weston AC	M45	1 07	04
28	50	Mike	Whitley	Launceston Road Runners	M45	1 07	40
29	198	Craig	Eley	Unattached	SM	1 07	41
30	232	Nick	Seccombe	Okehampton Running Club	M20	1 08	00
31	155	Daniel	Brewer	Bideford AAC	SM	1 08	12
32	158	Gavin	Burnside	Unattached	M45	1 08	18
33	221	David	Mugliston	Okehampton Running Club	M40	1 08	29
34	271	Andrew	McMaster	Manchester Medics	SM	1 08	30
35	212	Ricky	Stevenson	Army	SM	1 08	53
36	160	Stephen	Nurse	Unattached	M45	1 09	13
37	18	Chris	Murrin	South Molton Strugglers	M45	1 09	18
38	264	Chris	Johns	Unattached	M40	1 09	55
39	170	Robbie	Murray	Bideford AAC	M20	1 09	59
40	144	Brian	Wiles	Launceston Road Runners	M65	1 10	03
41	128	Paul	Jennings	Bideford AAC	M50	1 10	50
42	118	Cy	Margieson	Bideford AAC	SM	1 11	51
43	197	Keith	Belt	South Devon AC	M65	1 12	03
44	17	Lucy	Goodman	South Molton Strugglers	SL	1 12	11
45	139	Steven	Choules	North Devon AC	M45	1 12	16
46	166	Jon	Gibbons	Bideford AAC	SM	1 12	25
47	54	Edward	Mann	Unattached	SM	1 12	35
48	45	Matt	Barnett	Unattached	SM	1 12	46
49	260	Mat	Douglas	Unattached	SM	1 12	52
50	228	Sarah	Francis	3191180 W40	W40	1 12	59
51	252	Daniel	Zillwood	Crediton Running Network	SM	1 13	04
52	49	Michael	Bryant	Highworth Running Club	M50	1 13	09
53	215	Tim	Jones	North Devon Road Runners	M60	1 13	18
54	187	Jo	Bedler	Bideford AAC	W35	1 13	22
55	58	Richard	Connett	South Molton Strugglers	SM	1 13	23
56	31	Graham	Crump	Unattached	M50	1 13	25
57	148	Simon	Bawden	Unattached	M40	1 13	39
58	88	Nigel	Reddicliffe	Launceston Road Runners	M45	1 13	57
59	162	Wally	Lake	Tavistock AC	M60	1 14	08

60	48 Paul	Marshall	Tavistock AC	M55	1	14	18	2
61	190 Jon	Cheung	Unattached	SM	1	14	27	24
62	125 Mike	Kestle	Newquay Road Runners	M55	1	14	39	3
63	143 Adrian	Colwill	Bideford AAC	SM	1	14	54	25
64	193 Paul	Metherall	Running Forever	M50	1	15	09	4
65	172 Emma	Gooding	Torrington AAC	W40	1	15	17	3
66	202 Les	Reed	Unattached	M55	1	15	20	4
67	111 Peter	Jennings	Unattached	M45	1	15	21	10
68	255 Robin	Lee	Unattached	M45	1	16	08	11
69	196 Steve	Sanders	Bideford AAC	M50	1	16	13	5
70	103 Sabine	McLean-Thorne	Bude Rats	SL	1	16	15	2
71	203 Elaine	Fields	South Molton Strugglers	W40	1	16	21	4
72	240 Peter	Westacott	Unattached	M45	1	16	21	12
73	231 Andrew	Samuel	Unattached	M50	1	16	53	6
74	214 Andy	Glover	Bideford AAC	M55	1	17	01	5
75	107 Rachel	Margieson	Unattached	W35	1	17	42	3
76	126 Kim	Eschbaecher	North Devon Club	SL	1	17	54	3
77	53 Kate	Madigan	Unattached	SL	1	17	55	4
78	95 Robert	Wilkins	North Devon Road Runners	M40	1	18	12	12
79	37 Lisa	Evans	Unattached	W40	1	18	16	5
80	22 Michael	Woodland	Erme Valley Harriers	M60	1	18	16	3
81	52 Ryan	Collins	Unattached	SM	1	18	17	26
82	114 Andy	Houghton	Tavistock AC	M65	1	18	17	3
83	171 Steph	Olliffe	Torrington AAC	W45	1	18	21	1
84	96 Nathan	Matthews	Unattached	M40	1	18	26	13
85	97 Andrew	Brown	Unattached	M40	1	18	26	14
86	150 Wayne	Martin	Unattached	SM	1	18	50	27
87	173 Simon	Wright	Unattached	SM	1	18	51	28
88	247 Fran	Roode	North Devon Road Runners	SL	1	18	53	5
89	106 Darren	Whitby	Unattached	M40	1	18	57	15
90	28 Alexander	Bluck	Unattached	M40	1	19	09	16
91	230 Brian	Andrew	Unattached	SM	1	19	11	29
92	113 Janet	Watson	Falmouth Road Runners	W55	1	19	16	1
93	183 Ben	Shugar	Unattached	SM	1	19	17	30
94	179 Chris	Menlove-Platt	Plymouth Musketeers	M55	1	19	18	6
95	36 Paul	Madge	South West Road Runners	M50	1	19	28	7
96	265 Kathryn	Kyle	North Devon Road Runners	W35	1	19	30	4
97	227 Georgina	Robinson	North Devon Road Runners	SL	1	19	35	6
98	39 Richard	Huxley	Crediton	M45	1	19	42	13
99	262 Mike	Bishop	Bideford AAC	M40	1	19	46	17
100	219 Kathryn	Guard	Bideford AAC	SL	1	19	54	7
101	226 Ken	Howick	Unattached	M50	1	20	49	8
102	176 Louise	Littlejohns	Unattached	W40	1	20	49	6
103	208 Gareth	Cross	Unattached	SM	1	20	57	31
104	235 Michael	Newcombe	Torrington AAC	SM	1	21	00	32
105	74 Mark	Rhead	Unattached	M45	1	21	46	14
106	175 Tessa	Wright	Unattached	W35	1	21	50	5
107	174 Jeremy	Webb	Unattached	M40	1	22	06	18
108	236 Peter	Childs	Unattached	M60	1	22	08	4
109	218 Chris	Aylen	Okehampton Running Club	M50	1	22	19	9
110	237 Rebecca	Hill	Bideford AAC	W45	1	22	22	2
111	46 Tony	Shearer	Tavistock AC	M60	1	22	28	5
112	224 Peter	Kneil	North Devon Road Runners	M45	1	22	37	15
113	9 Sara	Carter	Bideford AAC	W40	1	22	40	7
114	40 Janet	Liew	Unattached	W50	1	22	44	1
115	133 Ashley	Jewell	Bideford AAC	SM	1	22	46	33
116	194 Shawn	Joy	Unattached	SM	1	22	57	34
117	77 Alan	Littlejohns	Launceston Road Runners	M65	1	22	57	4
118	27 Chris	Williams	Bideford AAC	SM	1	22	58	35
119	130 Karis	Turner	Unattached	SL	1	23	04	8
120	79 Alison	Apps	Unattached	SL	1	23	06	9
121	153 Alan	Yeo	Unattached	M40	1	23	11	19
122	4 David	Eldridge	Bideford AAC	SM	1	23	20	36
123	245 Simon	Bowen	Crediton Running Network	M45	1	23	25	16
124	131 Samantha	Lyness	Unattached	SL	1	23	34	10
125	90 Graham	Watts	Unattached	M50	1	23	38	10
126	154 Abby	Williams	Okehampton Running Club	SL	1	23	49	11
127	184 Amber-Louize	Saltmarsh	Bideford AAC	W35	1	24	13	6
128	199 Bryan	Rothery	Unattached	M45	1	24	17	17
129	234 Joanne	Camies	Okehampton Running Club	W40	1	24	26	8
130	189 Tim	Calcutt	Bideford AAC	M45	1	24	26	18
131	119 Andrew	Oke	Bideford AAC	M50	1	24	39	11

132	191	Caroline	Ellis	Bideford AAC	W45	1	24	54	3
133	222	Fiona	Mugliston	Okehampton Running Club	W40	1	25	02	9
134	223	Liz	Ash	Okehampton Running Club	W35	1	25	02	7
135	137	Geraldine	Hope	Weston AC	W40	1	25	08	10
136	243	Alex	Dziyrzynski	Unattached	SM	1	25	17	37
137	207	Alwyn	Pickard	South Molton Strugglers	M70	1	25	22	1
138	7	Karen	Grant	North Devon Road Runners	W50	1	25	26	2
139	110	David	Lee	Unattached	SM	1	25	35	38
140	244	Tara	Cousins	Unattached	W35	1	25	55	8
141	142	Samantha	Benham	Unattached	SL	1	26	00	12
142	86	Katie	Smyth	Unattached	SL	1	26	06	13
143	129	Heather	Richards	Okehampton Running Club	SL	1	26	32	14
144	115	Sheila	Houghton	Tavistock AC	W60	1	26	33	1
145	220	Ceri	Jones	Crediton Running Network	M50	1	26	38	12
146	55	Jon	Cryer	Unattached	M55	1	26	46	7
147	238	Wayne	Fennell	Unattached	M40	1	26	54	20
148	85	Nick	Murray	Unattached	SM	1	26	56	39
149	181	Jasmine	Ayres	Torrige Turtles	W35	1	27	00	9
150	44	Samantha	Barnbrook	Unattached	SL	1	27	11	15
151	225	Abby	Metherell	Okehampton Running Club	W35	1	27	16	10
152	124	Michaela	Hillman	Torrington AAC	W45	1	27	27	4
153	257	Sandra	Baker	Unattached	W60	1	27	30	2
154	209	Neil	Carr	Unattached	M50	1	27	31	13
155	132	Candace	Jewell	Bideford AAC	W35	1	27	32	11
156	249	Tara	Fundrey	Bideford AAC	W40	1	27	34	11
157	69	Mark	Palmer	Bideford AAC	M45	1	27	37	19
158	201	Frank	Stone	North Devon Road Runners	M40	1	27	45	21
159	89	Ross	Stanway	Unattached	SM	1	28	10	40
160	192	Lorrie	Woolgar	Bideford AAC	W50	1	28	18	3
161	21	Alan	Patrick	Bideford AAC	M60	1	28	30	6
162	233	Paul	Tappenden	Unattached	M55	1	28	44	8
163	102	Helene	Bond	Crediton Running Network	W45	1	28	48	5
164	26	Myra	McKay	Erme Valley Harriers	W65	1	28	56	1
165	116	David	Anderson	Torrington AAC	M60	1	29	11	7
166	29	Ray	Lewis	City of Portsmouth AC	M65	1	29	18	5
167	5	Peter	Mander	Launceston Road Runners	M70	1	29	24	2
168	56	David	Harris	Unattached	M45	1	29	29	20
169	32	Penelope	Glaister	Unattached	SL	1	29	31	16
170	62	Christopher	Leonard	Bitton Road Runners	M50	1	29	34	14
171	38	Andrea	Huxley	Unattached	W35	1	29	38	12
172	1	Natalee	Enns	Unattached	W35	1	29	38	13
173	266	Roseanne	Bromell	Bideford AAC	SL	1	29	42	17
174	217	Lisa	Cetinkaya	Bideford AAC	SL	1	29	47	18
175	112	Sarah	Choak	Falmouth Road Runners	W45	1	29	51	6
176	167	Kirsty	Webbe	Bideford AAC	SL	1	30	22	19
177	168	Ian	Webbe	Unattached	M60	1	30	22	8
178	263	Paul	Homewood	North Devon Road Runners	SM	1	30	33	41
179	72	Marion	Prideaux	Unattached	W50	1	31	10	4
180	210	Tracey	Jones	Unattached	M45	1	31	11	21
181	269	Dave	Pickard	Launceston Road Runners	M50	1	31	19	15
182	270	Linda	Pickard	Launceston Road Runners	W50	1	31	27	5
183	145	Paul	Piwecki	Unattached	M55	1	31	36	9
184	61	Stephanie	Ham	North Devon Road Runners	SL	1	31	36	20
185	146	Christine	Le Flem	Tavistock AC	W65	1	31	37	2
186	109	Lisa	Gordon	Torrington AAC	SL	1	31	47	21
187	156	Sadie	Davies	Unattached	W35	1	31	49	14
188	256	Bernie	Baker	Unattached	M60	1	32	34	9
189	185	Helena	Clements	Unattached	W40	1	32	36	12
190	161	Jane	Stanley	Unattached	W55	1	33	03	2
191	149	Joanne	Kaufman-Hill	Unattached	W45	1	33	11	7
192	93	Lesley	Cowie	Tavistock AC	W50	1	33	20	6
193	108	Kate	Haines	Unattached	SL	1	33	44	22
194	60	Peter	Elrick	Unattached	M45	1	33	50	22
195	78	Sara	Fleischman	Unattached	SL	1	34	20	23
196	261	Geraldine	Bishop	Bideford AAC	W35	1	34	26	15
197	65	Heather	Berry	Unattached	W35	1	34	38	16
198	66	Suzanne	Smit	Unattached	W35	1	34	38	17
199	47	Jackie	Chapman	Launceston Road Runners	W45	1	34	44	8
200	117	Dave	Gibbons	Unattached	M40	1	34	52	22
201	134	Wendy	Abbott	Okehampton Running Club	W40	1	35	22	13
202	123	Toni	Scoins	Unattached	SL	1	35	25	24
203	136	Tracey	Mills	Okehampton Running Club	W45	1	35	27	9

204	33 David	Hunt	Unattached	SM	1	35	38	42
205	92 Jackie	Ralph	Tavistock AC	W60	1	35	39	3
206	157 Karen	Hewlett	Unattached	SL	1	35	47	25
207	135 Alison	Holliday	Okehampton Running Club	W35	1	36	11	18
208	246 Julie	Laing	Unattached	W50	1	38	20	7
209	76 Hannah	Martin	Crediton Running Network	W35	1	39	28	19
210	251 Joanne	Zillwood	Crediton Running Network	W35	1	39	28	20
211	151 Tony	Dyer	North Devon Road Runners	M70	1	39	41	3
212	239 Clare	Dawson	Unattached	W35	1	39	44	21
213	91 Michelle	Stapley	Unattached	W35	1	40	07	22
214	140 Kim	Jenkin	Bideford AAC	SL	1	40	10	26
215	182 Doug	Jenkin	Bideford AAC	M55	1	40	10	10
216	99 David	Harding	Okehampton Running Club	M45	1	40	22	23
217	259 Rachel	Lovejoy	Launceston Road Runners	SL	1	40	30	27
218	34 Catherine	Hunt	Unattached	SL	1	40	42	28
219	213 Reincke	Jolyn	Unattached	W35	1	40	45	23
220	105 Wendy	Whitby	Unattached	W40	1	40	48	14
221	104 Kara	Pincombe	Unattached	W40	1	40	48	15
222	180 Catherine	Douse	Unattached	W35	1	41	16	24
223	6 Clare	White	Unattached	W40	1	41	43	16
224	42 Paul	Cleaver	Annapolis Striders	M55	1	42	10	11
225	51 Hannah	Blaney	Unattached	W35	1	42	11	25
226	267 Phil	Corbin	Unattached	M50	1	42	20	16
227	152 Simon	Andrew	Unattached	SM	1	42	44	43
228	204 Tracey	BurrIDGE	North Devon Road Runners	W40	1	43	15	17
229	165 Joyce	Mulholland	North Devon Road Runners	W55	1	43	15	3
230	206 Linda	Bond	North Devon Tri Club	W45	1	44	06	10
231	25 Miriam	Norburn	Unattached	SL	1	44	10	29
232	67 Peggy	Crome	North Devon Tri Club	W65	1	44	23	3
233	241 Rachel	Davey	Unattached	W40	1	44	50	18
234	163 David	Griffiths	Unattached	M55	1	46	05	12
235	87 Gordon	Back	Unattached	M45	1	46	41	24
236	200 Samantha	Felton	TorrIDGE Turtles	SL	1	47	01	30
237	250 Rose	Cockerell	Chatty Paces Braunton	W45	1	48	30	11
238	81 Julia	Hold	Unattached	W40	1	48	42	19
239	242 Sarah	Freeman	Unattached	W40	1	49	13	20
240	94 Donna	Riddick	Unattached	W45	1	50	23	12
241	229 Jenny	Stone	North Devon Road Runners	W65	1	51	48	4
242	41 Ann	Woodhouse	Tavistock AC	W65	1	51	53	5
243	147 Gill	Madge	Unattached	W40	1	53	04	21
244	100 Amanda	Richmond	Unattached	W45	1	55	23	13
245	101 Jason	Holland	Unattached	SM	1	55	23	44
246	254 Joseiama	Cavendish	Unattached	W55	1	58	23	4
247	73 Pamela	Harvey	Torrington AAC	W40	2	06	12	22

Senior Men's Teams

1	S. Gallienne, J. Blackman, J. Pugsley, D. Brewer	Bideford AAC	71 pts
2	R. Murray, C. Margieson, J. Gibbons, A. Colwill	Bideford AAC 'B'	190 pts

Ladies' Teams

1	F. Roode, G. Robinson, S. Ham	North Devon Road Runners	369 pts
2	K. Guard, R. Bromell, L. Cetinkaya	Bideford AAC	447 pts

Veterans Teams

1	G. Suggate, J. Murray, S. Turner, A. Pearson	Bideford AAC	57 pts
2	R. Voaden, B. Friend, D. Mugliston, C. Ayles	Okehampton Running Club	171 pts
3	M. Whitley, B. Wiles, N. Reddicliffe, A. Littlejohns	Launceston Road Runners	243 pts
4	P. Jennings, S. Sanders, A. Glover, M. Bishop	Bideford AAC 'B'	283 pts
5	W. Lake, P. Marshall, A. Houghton, T. Shearer	Tavistock AC	312 pts
6	T. Jones, R. Wilkins, P. Kneil, F. Stone	North Devon Road Runners	401 pts

Ladies Veterans Teams

1	J. Swift, A. Thorn, M. McKay	Erme Valley Harriers	196 pts
2	J. Bedler, R. Hill, S. Carter	Bideford AAC	277 pts
3	E. Gooding, S. Olliffe, M. Hillman	Torrington AAC	300 pts
4	J. Camies, F. Mugliston, L. Ash	Okehampton Running Club	396 pts
5	A. Saltmarsh, C. Ellis, C. Jewell	Bideford AAC 'B'	414 pts
6	K. Kyle, K. Grant, T. BurrIDGE	North Devon Road Runners	462 pts

Ladies Overall

1	84	Jaine	Swift	Erme Valley Harriers	W40	1	2	2
2	59	Alison	Thorn	Erme Valley Harriers	W35	1	5	12
3	17	Lucy	Goodman	South Molton Strugglers	SL	1	12	11
4	228	Sarah	Francis	3191180	W40	1	12	59
5	187	Jo	Bedler	Bideford AAC	W35	1	13	22
6	172	Emma	Gooding	Torrington AAC	W40	1	15	17
7	103	Sabine	McLean-Thorne	Bude Rats	SL	1	16	15
8	203	Elaine	Fields	South Molton Strugglers	W40	1	16	21
9	107	Rachel	Margieson	Unattached	W35	1	17	42
10	126	Kim	Eschbaecher	North Devon Club	SL	1	17	54

M20

1	98	James	Pugsley	Bideford AAC	M20	1	6	42
2	232	Nick	Seccombe	Okehampton Running Club	M20	1	8	0
3	170	Robbie	Murray	Bideford AAC	M20	1	9	59

M40

1	23	Justin	Ashby	Sidmouth Running Club	M40		59	34
2	82	Gary	Suggate	Bideford AAC	M40	1	1	5
3	3	Mike	Dowrick	Hayle Runners	M40	1	1	22
4	83	Simon	Swift	Erme Valley Harriers	M40	1	1	59
5	169	James	Murray	Bideford AAC	M40	1	2	3
6	2	Simon	Goodman	South Molton Strugglers	M40	1	2	44

M45

1	127	Roger	Voaden	Okehampton Running Club	M45	1	0	55
2	159	Bryan	Friend	Okehampton Running Club	M45	1	5	59
3	138	Neale	Jarrett	Weston AC	M45	1	7	4
4	50	Mike	Whitley	Launceston Road Runners	M45	1	7	40
5	158	Gavin	Burnside	Unattached	M45	1	8	18
6	160	Stephen	Nurse	Unattached	M45	1	9	13

M50

1	128	Paul	Jennings	Bideford AAC	M50	1	10	50
2	49	Michael	Bryant	Highworth Running Club	M50	1	13	9
3	31	Graham	Crump	Unattached	M50	1	13	25
4	193	Paul	Metherall	Running Forever	M50	1	15	9
5	196	Steve	Sanders	Bideford AAC	M50	1	16	13
6	231	Andrew	Samuel	Unattached	M50	1	16	53

M55

1	63	Walter	Andrews	Tiverton Harriers	M55	1	6	17
2	48	Paul	Marshall	Tavistock AC	M55	1	14	18
3	125	Mike	Kestle	Newquay Road Runners	M55	1	14	39
4	202	Les	Reed	Unattached	M55	1	15	20
5	214	Andy	Glover	Bideford AAC	M55	1	17	1
6	179	Chris	Menlove-Platt	Plymouth Musketeers	M55	1	19	18

M60

1	215	Tim	Jones	North Devon Road Runners	M60	1	13	18
2	162	Wally	Lake	Tavistock AC	M60	1	14	8
3	22	Michael	Woodland	Erme Valley Harriers	M60	1	18	16
4	236	Peter	Childs	Unattached	M60	1	22	8
5	46	Tony	Shearer	Tavistock AC	M60	1	22	28
6	21	Alan	Patrick	Bideford AAC	M60	1	28	30

M65

1	144	Brian	Wiles	Launceston Road Runners	M65	1	10	3
2	197	Keith	Belt	South Devon AC	M65	1	12	3
3	114	Andy	Houghton	Tavistock AC	M65	1	18	17
4	77	Alan	Littlejohns	Launceston Road Runners	M65	1	22	57
5	29	Ray	Lewis	City of Portsmouth AC	M65	1	29	18

M70

1	207 Alwyn	Pickard	South Molton Strugglers	M70	1	25	22
2	5 Peter	Mander	Launceston Road Runners	M70	1	29	24
3	151 Tony	Dyer	North Devon Road Runners	M70	1	39	41

M75

No Qualifiers

W20

No Qualifiers

W35

1	59 Alison	Thorn	Erme Valley Harriers	W35	1	5	12
2	187 Jo	Bedler	Bideford AAC	W35	1	13	22
3	107 Rachel	Margieson	Unattached	W35	1	17	42
4	265 Kathryn	Kyle	North Devon Road Runners	W35	1	19	30
5	175 Tessa	Wright	Unattached	W35	1	21	50
6	184 Amber-Louize	Saltmarsh	Bideford AAC	W35	1	24	13

W40

1	84 Jaine	Swift	Erme Valley Harriers	W40	1	2	2
2	228 Sarah	Francis	3191180	W40	1	12	59
3	172 Emma	Gooding	Torrington AAC	W40	1	15	17
4	203 Elaine	Fields	South Molton Strugglers	W40	1	16	21
5	37 Lisa	Evans	Unattached	W40	1	18	16
6	176 Louise	Littlejohns	Unattached	W40	1	20	49

W45

1	171 Steph	Olliffe	Torrington AAC	W45	1	18	21
2	237 Rebecca	Hill	Bideford AAC	W45	1	22	22
3	191 Caroline	Ellis	Bideford AAC	W45	1	24	54
4	124 Michaela	Hillman	Torrington AAC	W45	1	27	27
5	102 Helene	Bond	Crediton Running Network	W45	1	28	48
6	112 Sarah	Choak	Falmouth Road Runners	W45	1	29	51

W50

1	40 Janet	Liew	Unattached	W50	1	22	44
2	7 Karen	Grant	North Devon Road Runners	W50	1	25	26
3	192 Lorrie	Woolgar	Bideford AAC	W50	1	28	18
4	72 Marion	Prideaux	Unattached	W50	1	31	10
5	270 Linda	Pickard	Launceston Road Runners	W50	1	31	27
6	93 Lesley	Cowie	Tavistock AC	W50	1	33	20

W55

1	113 Janet	Watson	Falmouth Road Runners	W55	1	19	16
2	161 Jane	Stanley	Unattached	W55	1	33	3
3	165 Joyce	Mulholland	North Devon Road Runners	W55	1	43	15
4	254 Joseiama	Cavendish	Unattached	W55	1	58	23

W60

1	115 Sheila	Houghton	Tavistock AC	W60	1	26	33
2	257 Sandra	Baker	Unattached	W60	1	27	30
3	92 Jackie	Ralph	Tavistock AC	W60	1	35	39

W65

1	26 Myra	McKay	Erme Valley Harriers	W65	1	28	56
2	146 Christine	Le Flem	Tavistock AC	W65	1	31	37
3	67 Peggy	Crome	North Devon Tri Club	W65	1	44	23
4	229 Jenny	Stone	North Devon Road Runners	W65	1	51	48
5	41 Ann	Woodhouse	Tavistock AC	W65	1	51	53

W70
No Qualifiers