



# BIDEFORD *Amateur Athletic Club*

## HARRIERS SECTION

Bideford AAC, The Pill, Kingsley Road, Bideford EX39 2PF  
runners@bidefordaac.co.uk

## Code of Conduct for athletes

Page 1 of 2

### As a responsible athlete you will:

- Respect the rights, dignity and worth of every athlete, coach and other helpers involved in athletics and treat everyone equally
- Uphold the same values of sportsmanship off the field as you do when engaged in athletics. Demonstrate good sportsmanship behaviour at all times
- Be considerate to others, especially those athletes that may be less able than you.
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the yourself and other athletes
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Anticipate and be responsible for your own needs, behaviour and performance including being organised, having the appropriate equipment and being on time
- Take responsibility for you own valuables
- Inform your coach of any other coaching that you are seeking or receiving
- Keep noise levels to a minimum while training in residential areas, and respect other people's property
- Always thank the coaches and officials who enable you to participate in athletics
- Remember that whilst competing/wearing clothing displaying club name, you are representing your club, and you should always demonstrate appropriate behaviour
- Ensure club membership, training or event fees is paid in full and on time



# BIDEFORD *Amateur Athletic Club*

## HARRIERS SECTION

Bideford AAC, The Pill, Kingsley Road, Bideford EX39 2PF  
runners@bidefordaac.co.uk

## Code of Conduct for athletes

Page 2 of 2

**As a responsible Athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:**

- Act with dignity and display courtesy and good manners towards others
- Avoid swearing, abusive language and irresponsible behaviour including behaviour dangerous to yourself or others, acts of violence, bullying, harassment, physical and sexual abuse
- Challenge inappropriate behaviour and language by others
- Avoid destructive behaviour and leave athletics venues as you find them
- Never engage in any inappropriate or illegal behaviour
- Not carry or consume alcohol to excess and/or illegal substances.
- Not carry any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity

**In addition, athletes, especially young athletes and vulnerable adults, should follow these guidelines on safe participation in athletics:**

- Arrive on time, dressed/equipped appropriately and sign in before commencing training
- Be respectful to coaches and helpers
- Listen and follow instructions given by coaches/helpers, remember their decision is final
- Notify a responsible adult if you have to go somewhere while at training or competition (why, where and when you will return)
- Do not respond if someone seeks private information unrelated to athletics such as personal information, home life information
- Strictly maintain boundaries between friendship and intimacy with a coach or technical official
- Never accept lifts in cars or invitations into homes on your own without the prior knowledge and consent of your parent/carer
- Use safe transport or travel arrangements
- Report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers/coaches and Child Protection/Welfare Representative if you have concerns for your welfare or the welfare of others as soon as possible. Bullying of any sort will not be tolerated.
- Report any suspected misconduct by coaches or other people involved in athletics to the Child Protection/Welfare Representative as soon as possible